

23,2km - K20

#	Nazwisko, imię	Klub	Miasto	Laps	Netto	Czas	Strata
1	[2819] FLOREK, Natalia	Team Mountain Fuel Polska	Kraków	(1)1:05:58.26,	2:17:28.43 (05:58min/km)	2:17:28.44	+0:00:00.00
2	[824] GRADZIK, Inga		Kraków	(1)1:19:36.06,	2:44:14.76 (07:08min/km)	2:44:21.97	+0:26:53.53
3	[850] KUBSKA, Justyna	Nowa Huta Team	Kraków	(1)1:28:05.13,	2:58:30.56 (07:45min/km)	2:58:34.95	+0:41:06.51

23,2km - K30

#	Nazwisko, imię	Klub	Miasto	Laps	Netto	Czas	Strata
1	[2829] MAĆZKA, Martyna		Krakow	(1)1:09:59.48,	2:24:46.97 (06:17min/km)	2:24:48.02	+0:00:00.00
2	[1236] GRABOWSKA, Joanna	WKS Wawel			2:28:34.30 (06:27min/km)	2:28:39.71	+0:03:51.69
3	[834] IWANOWICZ, Anna	Parkrun Chrzanów	Chrzanów	(1)1:12:06.97,	2:36:42.08 (06:48min/km)	2:36:44.36	+0:11:56.34
4	[802] CHADAJ, Joanna		Kraków		2:41:24.71 (07:01min/km)	2:41:30.84	+0:16:42.82
5	[2821] FRAN CZAK, Katarzyna		Krakow		2:47:02.08 (07:15min/km)	2:47:07.30	+0:22:19.28
6	[2823] GEMZIK, Agata	J U V E R U N	Kraków	(1)1:24:25.22, (1)0:00:01.00,	2:52:24.91 (07:29min/km)	2:52:38.08	+0:27:50.06
7	[797] BERNASIEWICZ, Justyna	CF Kraków	Grybów-Wieliczka		2:55:14.61 (07:37min/km)	2:55:30.50	+0:30:42.48
8	[914] SADOWSKA, Marta	Kossmate Żuki	Kraków		2:55:39.33 (07:38min/km)	2:55:47.49	+0:30:59.47
9	[896] ORYNEK, Klaudia		Kraków	(1)1:27:38.21,	3:00:23.31 (07:50min/km)	3:00:23.56	+0:35:35.54
10	[2856] KOŁODZIEJCZYK, Monika	Jura Team		(1)1:28:57.63,	3:05:06.42 (08:02min/km)	3:05:09.93	+0:40:21.91
11	[2854] BURKIEWICZ-ŚLIWA, Bernadetta			(1)1:28:17.11,	3:05:18.79 (08:03min/km)	3:05:32.90	+0:40:44.88
12	[878] MERCIK, Wioleta	Night Runners	Kraków	(1)1:30:56.50,	3:07:30.67 (08:09min/km)	3:07:35.86	+0:42:47.84
13	[2832] PAZDERSKA-KIPIEL, Agnieszka	Evil Team	Osieczany	(1)1:27:49.78,	3:09:36.59 (08:14min/km)	3:09:42.02	+0:44:54.00
14	[1226] CAPIŃSKA, Anna			(1)1:31:42.44,	3:14:06.69 (08:26min/km)	3:14:20.31	+0:49:32.29
15	[1226] CAPIŃSKA, Anna	Night runners	Stróża	(1)1:31:42.44,	3:14:06.69 (08:26min/km)	3:14:20.31	+0:49:32.29

23,2km - K40

#	Nazwisko, imię	Klub	Miasto	Laps	Netto	Czas	Strata
---	----------------	------	--------	------	-------	------	--------

1	[813]	GALEWICZ, Katarzyna	TWOMARK SPECIALZED	Libertów	(1)1:06:29.61,	2:17:59.42 (05:59min/km)	2:18:00.73	+0:00:00.00
2	[808]	CHRZAŚCIK, Anna	Płomyk Olkusz	Krzeszowice	(1)1:15:17.18,	2:34:00.08 (06:41min/km)	2:34:03.84	+0:16:03.11
3	[793]	BAŚ, Anna	LENIWCE	Kraków	(1)1:23:31.01,	2:50:06.92 (07:23min/km)	2:50:13.79	+0:32:13.06
4	[947]	WALERJAN-RUSEK, Agnieszka		Krakow	(1)1:24:39.57,	2:57:37.30 (07:43min/km)	2:57:45.03	+0:39:44.30

23,2km - K50

#	Nazwisko, imię	Klub	Miasto	Laps	Netto	Czas	Strata
1	[1218]	BAJOREK, Lidia	Tomaszowice	(1)1:11:34.61, (1)0:00:00.52,	2:27:50.27 (06:25min/km)	2:27:50.66	+0:00:00.00
2	[845]	KŁOPOTOWSKA-SOSNA, Kaska	Krak W	(1)1:36:24.91,	3:23:00.17 (08:49min/km)	3:23:07.95	+0:55:17.29

23,2km - M20

#	Nazwisko, imię	Klub	Miasto	Laps	Netto	Czas	Strata	
1	[2817]	CZUBA, Jarek	Team Mountain Fuel Polska	Kraków	(1)0:50:51.66,	1:44:14.70 (04:31min/km)	1:44:15.35	+0:00:00.00
2	[796]	BEDNARZ, Adam	Złoczew	(1)0:52:36.91,	1:47:31.17 (04:40min/km)	1:47:32.48	+0:03:17.13	
3	[909]	PRZYWÓZKI, Rafał	Biegam Bo Kocham Ten Stan	Sokołów Podlaski	(1)0:58:01.96,	2:01:29.95 (05:16min/km)	2:01:30.65	+0:17:15.30
4	[1230]	SAJAK, Kamil	ROZBIEGANE DOBCZYCE	Dobczyce	(1)1:00:02.55,	2:05:04.03 (05:26min/km)	2:05:06.31	+0:20:50.96
5	[2826]	KISZŁA, Wojciech		Wydminy	(1)1:02:41.43,	2:08:10.47 (05:34min/km)	2:08:14.37	+0:23:59.02
6	[872]	MARĆ, Marcin		Kraków	(1)1:02:11.92,	2:12:30.14 (05:45min/km)	2:12:30.14	+0:28:14.79
7	[875]	MAZUR, Wojciech	Husaria Race Team	Kraków	(1)1:04:33.68,	2:12:26.40 (05:45min/km)	2:12:40.10	+0:28:24.75
8	[888]	NISZCZOT, Dariusz		Gorlice	(1)1:05:39.86,	2:13:35.19 (05:48min/km)	2:13:42.54	+0:29:27.19
9	[882]	MIERZENSKI, Bartosz	PrzymierzeŁosia	Krakow	(1)1:08:49.58,	2:15:05.16 (05:52min/km)	2:15:15.59	+0:31:00.24
10	[1221]	GĘBALA, Piotr	Brak	Jastrzębie-Zdrój	(1)1:06:19.25,	2:17:24.84 (05:58min/km)	2:17:24.84	+0:33:09.49
11	[816]	GIERZ, Bartłomiej	CF Kraków	Kraków	(1)1:05:16.61,	2:17:39.71 (05:59min/km)	2:17:40.77	+0:33:25.42
12	[1238]	WITEK, Wojciech			(1)1:07:48.09,	2:17:49.50 (05:59min/km)	2:17:55.74	+0:33:40.39
13	[2833]	RAJS, Michał		Kraków	(1)1:04:37.36,	2:18:13.83 (06:00min/km)	2:18:23.16	+0:34:07.81
14	[2836]	WĘGRZYN, Radosław	Decathlon	Kraków	(1)1:08:17.57, (1)0:00:00.54,	2:25:15.62 (06:18min/km)	2:25:21.96	+0:41:06.61
15	[926]	SPRUTTA, Mateusz		Mysłowice	(1)1:13:57.91, (1)0:00:00.44,	2:28:30.69 (06:27min/km)	2:28:45.31	+0:44:29.96
16	[787]	ADAMUS, Jakub		Częstochowa	(1)1:14:13.45,	2:33:23.44 (06:40min/km)	2:33:30.68	+0:49:15.33
17	[827]	GURBIEL, Mateusz	BeFit24Team	Kraków	(1)1:13:57.19,	2:41:21.84 (07:00min/km)	2:41:21.84	+0:57:06.49
18	[2818]	FEDYNA, Marcin		Kraków	(1)1:18:06.86,	2:41:36.70 (07:01min/km)	2:41:43.48	+0:57:28.13

19	[1237] SAWCZAK, Kamil			(1)1:20:09.53,	2:42:20.65 (07:03min/km)	2:42:25.52	+0:58:10.17
20	[828] GURECKI, Grzegorz		RACIBÓRZ	(1)1:23:14.85,	2:49:21.83 (07:21min/km)	2:49:30.60	+1:05:15.25
21	[2851] ZAJĄC, Łukasz	Kompario Team		(1)1:28:53.71,	2:59:52.28 (07:49min/km)	2:59:56.63	+1:15:41.28

23,2km - M30

#	Nazwisko, imię	Klub	Miasto	Laps	Netto	Czas	Strata
1	[863] MACHLOWSKI, Lukasz	KKB DYSTANS	Kraków	(1)0:54:57.71,	1:52:55.10 (04:54min/km)	1:52:55.90	+0:00:00.00
2	[831] HALAGARDA, Krzysztof	PDK	Kraków		1:56:08.09 (05:02min/km)	1:56:08.09	+0:03:12.19
3	[919] SENDOR, Piotr		Krakow	(1)0:56:50.66,	1:57:19.88 (05:06min/km)	1:57:23.45	+0:04:27.55
4	[803] CHADAJ, Krzysztof		Kraków	(1)0:57:51.33,	1:59:03.18 (05:10min/km)	1:59:05.11	+0:06:09.21
5	[934] SWAŁDEK, Konrad	Trailrun	Kraków	(1)0:58:12.87,	1:59:08.36 (05:10min/km)	1:59:09.12	+0:06:13.22
6	[928] STARZAK, Paweł		Skawina		1:59:21.86 (05:11min/km)	1:59:23.54	+0:06:27.64
7	[800] BORSZOWSKI, Zbigniew	Zabierzów Biega	Łazy	(1)0:58:10.93,	1:59:25.94 (05:11min/km)	1:59:28.62	+0:06:32.72
8	[890] NYCZ, Marek		Kraków Nowy Targ	(1)0:58:37.82,	2:02:45.33 (05:20min/km)	2:02:48.28	+0:09:52.38
9	[945] URBAN, Mirosław	ITMBW Kraków	Kraków	(1)1:01:24.65,	2:03:02.54 (05:20min/km)	2:03:06.80	+0:10:10.90
10	[2801] BOREK, Mateusz	SportWise	Kraków	(1)1:01:28.82,	2:03:47.82 (05:22min/km)	2:03:50.32	+0:10:54.42
11	[855] KWIATKOWSKI, Michael		Kraków	(1)0:58:22.54,	2:04:23.65 (05:24min/km)	2:04:24.38	+0:11:28.48
12	[864] MACIĄG, Grzegorz	Dabex-Bolt	Kraków	(1)1:01:08.39,	2:04:37.62 (05:25min/km)	2:04:39.62	+0:11:43.72
13	[2813] CAŁKA, Bartłomiej	Inobe	Warszawa	(1)1:01:27.05,	2:06:10.21 (05:29min/km)	2:06:15.67	+0:13:19.77
14	[2857] SMUDA, Krzysztof			(1)1:02:39.15,	2:08:28.46 (05:35min/km)	2:08:28.46	+0:15:32.56
15	[956] WOŹNIAK, Radosław	Skawina Biega	Skawina	(1)2:34:57.73,	2:08:48.36 (05:36min/km)	2:08:51.02	+0:15:55.12
16	[938] SZYDŁOWSKI, Bartek	Skawina Biega	Skawina	(1)1:00:47.71,	2:14:35.59 (05:51min/km)	2:14:37.79	+0:21:41.89
17	[799] BORCZYŃSKI, Michał		Kraków	(1)1:06:13.45,	2:15:02.74 (05:52min/km)	2:15:05.48	+0:22:09.58
18	[946] URYGA, Jakub	KingRunner	Kraków	(1)1:07:19.43,	2:16:50.16 (05:56min/km)	2:16:57.97	+0:24:02.07
19	[2816] CHODKOWSKI, Krzysztof		Warszawa	(1)1:08:13.25,	2:18:02.72 (06:00min/km)	2:18:11.94	+0:25:16.04
20	[1211] BOROWIK, Tomasz				2:18:41.68 (06:01min/km)	2:18:49.03	+0:25:53.13
21	[921] SIENCZYŁO, Marcin	Niepołomice Biegają	Niepołomice	(1)1:08:53.63,	2:20:08.42 (06:05min/km)	2:20:20.84	+0:27:24.94
22	[1232] WOŹNIAK, Dawid		Rudawa	(1)2:35:20.49,	2:20:50.47 (06:07min/km)	2:20:57.58	+0:28:01.68
23	[910] PYTEL, Miłosz		Kraków	(1)1:08:05.55,	2:23:44.43 (06:14min/km)	2:23:44.74	+0:30:48.84
24	[959] ZAJAC, Andrzej	Night Runners	Proszowice	(1)1:10:58.32,	2:24:05.15 (06:15min/km)	2:24:20.03	+0:31:24.13
25	[2798] BARTKÓW, Łukasz	BB RUNNERS	Bielsko-Biała	(1)1:09:51.39,	2:25:45.21 (06:20min/km)	2:25:53.95	+0:32:58.05
26	[2827] KORPUŁA, Grzegorz	Trailrun	Piekoszów	(1)1:12:01.70,	2:27:21.52 (06:24min/km)	2:27:24.08	+0:34:28.18
27	[794] BAŚ, Mateusz	LENIWCE	Kraków	(1)1:10:11.07,	2:28:11.69 (06:26min/km)	2:28:11.69	+0:35:15.79

28	[932]	STEFANOWSKI, Dominik	Eskadra Kraków	Kraków	(1)1:11:34.54,	2:31:34.44 (06:35min/km)	2:31:35.08	+0:38:39.18
29	[1224]	PALUCH, Marcin		Kraków	(1)1:14:46.38,	2:32:39.67 (06:38min/km)	2:32:49.59	+0:39:53.69
30	[949]	WIĘCŁAWSKI, Michał	Waga Ciężka	Kraków	(1)1:14:19.42,	2:34:19.66 (06:42min/km)	2:34:19.72	+0:41:23.82
31	[2764]	ASADOUSKI, Kiryl		Kraków	(1)1:16:54.04,	2:34:52.71 (06:44min/km)	2:35:08.00	+0:42:12.10
32	[930]	STAWIARSKI, Adam		Kraków	(1)1:13:13.19,	2:38:53.91 (06:54min/km)	2:38:59.53	+0:46:03.63
33	[931]	STAWOWY, Maciej	#piwonamecie	Kraków	(1)1:13:43.40,	2:39:41.22 (06:56min/km)	2:39:47.81	+0:46:51.91
34	[955]	WOŹNIAK, Łukasz	Poranny Patrol	kraków	(1)1:20:59.34,	2:40:43.66 (06:59min/km)	2:40:51.49	+0:47:55.59
35	[1233]	PAPKA, Michał		Kocmyrzów	(1)1:20:19.98,	2:40:55.64 (06:59min/km)	2:41:07.85	+0:48:11.95
36	[877]	MERCIK, Mateusz	Night Runners	Kraków	(1)1:21:47.46,	2:42:05.60 (07:02min/km)	2:42:10.27	+0:49:14.37
37	[923]	SOJA, Marcin	Klub Sportowy Hajime	Kraków	(1)1:15:49.95,	2:43:50.86 (07:07min/km)	2:44:04.07	+0:51:08.17
38	[898]	OSTROWSKI, Paweł	REHMEDICA.PL	Krzeszowice	(1)1:16:16.31,	2:44:13.40 (07:08min/km)	2:44:17.09	+0:51:21.19
39	[852]	KUREK, Michał	Night Runners	Kraków	(1)1:21:56.26,	2:45:49.91 (07:12min/km)	2:45:56.74	+0:53:00.84
40	[903]	PASZEK, Tomasz	Przetęcz Dukla	Kraków	(1)1:20:49.06,	2:47:33.87 (07:17min/km)	2:47:44.33	+0:54:48.43
41	[866]	MADUSIOK, Dominik		Bielsko-Biała	(1)1:21:24.94,	2:49:38.82 (07:22min/km)	2:49:44.96	+0:56:49.06
42	[1209]	WOŁEK, Damian		Kraków	(1)1:20:10.91,	2:51:18.44 (07:26min/km)	2:51:30.63	+0:58:34.73
43	[876]	MENDEL, Łukasz	Night Runners	Wojnicz	(1)1:24:57.55,	2:55:18.85 (07:37min/km)	2:55:27.09	+1:02:31.19
44	[911]	RACUŁT, Piotr	Masakra	kraków	(1)1:25:52.56,	2:56:35.72 (07:40min/km)	2:56:45.25	+1:03:49.35
45	[935]	SZCZYGIEŁEK, Marek		Kraków	(1)1:24:08.77,	3:02:23.06 (07:55min/km)	3:02:38.13	+1:09:42.23
46	[832]	HARPULA, Wojciech		Kraków	(1)1:29:55.20,	3:07:51.61 (08:10min/km)	3:08:03.58	+1:15:07.68
47	[879]	MICHALIK, Dawid	Horda	Kraków	(1)1:30:23.75,	3:10:29.15 (08:16min/km)	3:10:46.24	+1:17:50.34
	[2838]	ŻELAŚKIEWICZ, Michał	AZS AWF Masters Kraków	Kraków	(1)1:22:56.47,		DNF	

23,2km - M40

#	Nazwisko, imię	Klub	Miasto	Laps	Netto	Czas	Strata
1	[846] KOCZWARA, Tomasz	Willow Batony	Radomyśl Wielki	(1)0:50:59.51,	1:44:05.55 (04:31min/km)	1:44:07.15	+0:00:00.00
2	[801] BORYCKI, Mirosław	Twomark	Libertów	(1)0:54:37.67,	1:52:39.97 (04:53min/km)	1:52:40.19	+0:08:33.04
3	[2828] MAKOWIEC, Robert	LKS BURZYN	Tuchów	(1)0:55:10.59,	1:55:22.65 (05:00min/km)	1:55:22.65	+0:11:15.50
4	[944] TYLEK, Rafał	FLEXISTAV SPORT	KRAKÓW	(1)0:58:26.47,	2:00:47.28 (05:15min/km)	2:00:54.17	+0:16:47.02
5	[2855] CEBULA, Leszek			(1)1:02:15.53,	2:05:01.21 (05:26min/km)	2:05:07.55	+0:21:00.40
6	[791] BANIAK, Marcin	G.O.A.T. Team Michałowice	Zerwana	(1)1:00:14.16,	2:05:58.45 (05:28min/km)	2:05:59.53	+0:21:52.38
7	[2814] CHMIEL, Przemysław	Albatrosy	Warszawa	(1)1:02:34.90,	2:06:59.69 (05:31min/km)	2:07:05.79	+0:22:58.64
8	[907] POLAK, Stanisław	Niezrzeszony	Kraków	(1)1:03:23.42,	2:09:31.76 (05:37min/km)	2:09:38.62	+0:25:31.47
9	[887] NIEDŹWIADEK, Piotr	Solne Miasto	Kraków	(1)1:03:49.97,	2:11:08.79 (05:42min/km)	2:11:08.79	+0:27:01.64

10	[856]	KWIECIEŃ, Arek	Vege Runners, Skundlony.pl	Kraków	(1)1:06:06.21,	2:16:24.64 (05:55min/km)	2:16:30.47	+0:32:23.32
11	[1234]	MYSZKA, Bartłomiej			(1)1:05:29.41,	2:16:37.36 (05:56min/km)	2:16:43.24	+0:32:36.09
12	[826]	GRYGIEL, Marek	Trailrun	Kraków		2:17:14.58 (05:58min/km)	2:17:18.18	+0:33:11.03
13	[915]	SADOWSKI, Tomasz	Kossmate Żuki	Kraków	(1)1:10:05.87, (1)0:00:00.12,	2:21:53.46 (06:10min/km)	2:21:58.59	+0:37:51.44
14	[847]	KOPEĆ, Mirosław	MirMark	Kraków	(1)1:09:59.06,	2:23:40.98 (06:14min/km)	2:23:52.54	+0:39:45.39
15	[948]	WIERZBICKI, Piotr	Goń się!	Kraków	(1)1:10:02.39,	2:23:45.25 (06:15min/km)	2:23:56.58	+0:39:49.43
16	[885]	MOSZCZYNSKI, Bartosz		Krakow	(1)1:09:57.00,	2:24:05.70 (06:15min/km)	2:24:06.90	+0:39:59.75
17	[869]	MAŁYSZA, Sławomir		Kraków	(1)1:08:57.02,	2:24:16.16 (06:16min/km)	2:24:27.88	+0:40:20.73
18	[795]	BEDNAREK, Marcin		Kraków	(1)2:42:54.90,	2:25:17.48 (06:19min/km)	2:25:20.74	+0:41:13.59
19	[812]	FIREK, Rafał	Lacho Team	Kraków	(1)1:05:41.98,	2:25:17.37 (06:19min/km)	2:25:23.98	+0:41:16.83
20	[889]	NOWACKI, Paweł		Kraków	(1)1:10:04.67,	2:26:54.24 (06:23min/km)	2:26:57.90	+0:42:50.75
21	[1231]	MIELNICZEK, Grzegorz	Zima 3ma	Kraków	(1)1:11:51.79,	2:27:18.88 (06:24min/km)	2:27:20.97	+0:43:13.82
22	[859]	LADRA, Ryszard	KKM Kaloryfer	Kraków	(1)1:14:53.17,	2:30:36.92 (06:32min/km)	2:30:46.59	+0:46:39.44
23	[807]	CHROMNIAK, Marcin	Lusina Projekt	Lusina	(1)1:12:42.51,	2:32:57.94 (06:39min/km)	2:33:08.49	+0:49:01.34
24	[1214]	ŚMIŁKOWSKI, Fabian			(1)1:13:08.87, (1)0:00:00.37,	2:33:55.06 (06:41min/km)	2:33:57.43	+0:49:50.28
25	[2853]	RYŻEWSKI, Krzysztof	Quadimodo Racing		(1)1:13:36.44,	2:35:53.24 (06:46min/km)	2:35:56.27	+0:51:49.12
26	[1219]	BARAN, Mariusz	Jura TEAM	Jerzmanowice	(1)1:14:02.41,	2:36:15.55 (06:47min/km)	2:36:18.68	+0:52:11.53
27	[806]	CHOLEWA, Tomasz	Parkrun Chrzanów	Chrzanów	(1)1:11:58.77,	2:36:42.88 (06:48min/km)	2:36:44.53	+0:52:37.38
28	[2830]	NIEDZIELSKI, Robert	ACAR TEAM VEGE RUNNERS	Kraków	(1)1:10:09.35,	2:36:22.65 (06:47min/km)	2:37:03.05	+0:52:55.90
29	[927]	STACHURA, Maciej	Zabierzów Biega	Burów	(1)1:14:44.00,	2:39:34.89 (06:56min/km)	2:39:46.68	+0:55:39.53
30	[1216]	WAWROWSKI, Mariusz			(1)1:19:23.13,	2:40:13.66 (06:57min/km)	2:40:39.29	+0:56:32.14
31	[821]	GÓRAK, Sławomir		Wieliczka	(1)1:17:12.74,	2:41:11.12 (07:00min/km)	2:41:20.25	+0:57:13.10
32	[2815]	CHMIELEWSKI, Robert	KB MCKiS Jaworzno	Jaworzno	(1)1:20:34.13, (1)0:00:00.12,	2:41:10.48 (07:00min/km)	2:41:20.46	+0:57:13.31
33	[2859]	GIBAŁA, Marcin			(1)1:19:32.86,	2:41:50.11 (07:02min/km)	2:41:59.64	+0:57:52.49
34	[1210]	RUSEK, Dariusz			(1)1:18:49.42,	2:43:41.54 (07:07min/km)	2:43:55.10	+0:59:47.95
35	[809]	CZYŻ, Piotr		Rząska	(1)1:24:47.65,	2:57:36.71 (07:43min/km)	2:57:48.55	+1:13:41.40
36	[2835]	TOKARSKI, Rafał		Kraków		2:58:33.95 (07:45min/km)	2:58:49.05	+1:14:41.90
37	[906]	PIASECKI, Leszek		Kraków	(1)1:21:54.11,	2:57:47.32 (07:43min/km)	2:58:51.97	+1:14:44.82
38	[917]	SALIK, Stanisław	Solne Miasto	Wieliczka	(1)1:26:17.58,	3:01:12.56 (07:52min/km)	3:01:12.56	+1:17:05.41
39	[939]	ŚMIGIELSKI, Piotr		Kraków	(1)1:28:27.29,	3:05:10.59 (08:03min/km)	3:05:23.30	+1:21:16.15

40	[899] OTREBSKI, Tomasz	Zaborze	(1)1:33:39.43,	3:24:39.45 (08:53min/km)	3:24:54.72	+1:40:47.57
	[2852] MAJ, Paweł				DNF	

23,2km - M50

#	Nazwisko, imię	Klub	Miasto	Laps	Netto	Czas	Strata
1	[844] KIJANKA, Artur		Zielonki	(1)1:02:08.86,	2:08:30.40 (05:35min/km)	2:08:32.22	+0:00:00.00
2	[912] RADCZAK, Andrzej		Kraków	(1)1:09:52.65,	2:24:44.19 (06:17min/km)	2:24:50.81	+0:16:18.59
3	[2825] KĘDER, Włodek	ITMBW KRAKÓW	Kraków		2:35:01.77 (06:44min/km)	2:35:08.54	+0:26:36.32
4	[1208] BOROWIECKI, Piotr	APIWAST Kraków	Kraków	(1)1:26:00.95,	2:58:07.94 (07:44min/km)	2:58:18.11	+0:49:45.89
5	[789] ANTOWSKI, Tomasz	Muay Running Team	Poznań		3:03:14.02 (07:58min/km)	3:03:19.91	+0:54:47.69

23,2km - M60

#	Nazwisko, imię	Klub	Miasto	Laps	Netto	Czas	Strata
1	[840] KAMIŃSKI, Krzysztof		Kraków	(1)1:11:14.83,	2:32:19.56 (06:37min/km)	2:32:23.87	+0:00:00.00
2	[922] SMUDA, Ryszard		Tychy	(1)1:18:08.69,	2:41:39.56 (07:01min/km)	2:41:49.77	+0:09:25.90
3	[958] ZABRZAŃSKI, Alfred		Chrzanów	(1)1:18:10.20,	2:43:48.05 (07:07min/km)	2:43:49.64	+0:11:25.77

23,2km - M70

#	Nazwisko, imię	Klub	Miasto	Laps	Netto	Czas	Strata
---	----------------	------	--------	------	-------	------	--------