

3,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M /1	M20/1	[1037] BOROŃ, Dariusz	ASICS FrontRunner Poland	Kraków	0:12:44.21 (03:26min/km)	0:12:44.21	+0:00:00.00
2 - M /2	M16/1	[2881] SZWAJA, Mateusz			0:12:56.28 (03:29min/km)	0:12:56.28	+0:00:12.07
3 - M /3	M20/2	[2888] PIJANOVSKY, Martin			0:13:35.76 (03:40min/km)	0:13:36.17	+0:00:51.96
4 - M /4	M30/1	[73] BRZYSKI, Maciej	BrzyskiTriTeam	Kraków	0:13:59.89 (03:47min/km)	0:13:59.89	+0:01:15.68
5 - M /5	M20/3	[2890] WRONA, Daniel			0:14:32.49 (03:55min/km)	0:14:33.05	+0:01:48.84
6 - M /6	M20/4	[66] BARWA, Wojciech		Spytkowice	0:14:49.69 (04:00min/km)	0:14:49.69	+0:02:05.48
7 - M /7	M30/2	[157] TARGOSZ, Michał	ITMBW Kraków	Krakow Roma	0:14:59.07 (04:03min/km)	0:14:59.07	+0:02:14.86
8 - M /8	M20/5	[87] GAJDA, Kamil		Kraków	0:15:00.64 (04:03min/km)	0:15:00.64	+0:02:16.43
9 - M /9	M16/2	[2990] WOJDYŁA, Dawid			0:15:27.43 (04:10min/km)	0:15:28.21	+0:02:44.00
10 - M /10	M30/3	[120] MIODOŃSKI, Robert		Kraków	0:15:43.00 (04:14min/km)	0:15:43.00	+0:02:58.79
11 - M /11	M13/1	[158] TARNAWSKI, Jan	WKS Wawel BnO	Kraków	0:15:59.94 (04:19min/km)	0:15:59.94	+0:03:15.73
12 - K /1	K13/1	[12] WAŚIK, Maja	SportWise	Kraków	0:16:05.26 (04:20min/km)	0:16:05.48	+0:03:21.27
13 - K /2	K13/2	[108] LEŚNIAK, Matylda	UKS Kometa Gliwice	Gliwice	0:16:28.57 (04:27min/km)	0:16:29.31	+0:03:45.10
14 - M /12	M40/1	[67] BAŁ, Artur	FC po 40tce	Kraków	0:16:31.92 (04:28min/km)	0:16:34.25	+0:03:50.04
15 - M /13	M13/2	[145] SIENCZYŁO, Jan	Niepołomice Biegają	Niepołomice	0:16:37.29 (04:29min/km)	0:16:37.55	+0:03:53.34
16 - K /3	K13/3	[1035] NIESSNER, Pola	WKS Wawel BnO	Kraków	0:16:57.00 (04:34min/km)	0:16:57.00	+0:04:12.79
17 - M /14	M40/2	[152] SZAWUL, Piotr	ITMBW Kraków	KRAKÓW	0:16:56.97 (04:34min/km)	0:16:58.10	+0:04:13.89
18 - K /4	K13/4	[89] GRUSZKA, Dominika	Niepołomice Biegają	Niepołomice	0:16:59.63 (04:35min/km)	0:17:00.12	+0:04:15.91
19 - M /15	M13/3	[142] RYCHLIK, Patryk	Lisy Pustyni	Klucze	0:17:20.07 (04:41min/km)	0:17:20.07	+0:04:35.86
20 - M /16	M13/4	[2882] KOŁODZIEJCZYK, Bartłomiej			0:17:36.38 (04:45min/km)	0:17:41.06	+0:04:56.85
21 - M /17	M30/4	[2020] WAŃCZYK, Łukasz	BeFit24Team	Kraków	0:18:04.39 (04:53min/km)	0:18:04.39	+0:05:20.18
22 - M /18	M40/3	[70] BŁASZCZAK, Jarosław	Go Aptiv!	Kraków	0:18:11.19 (04:54min/km)	0:18:11.19	+0:05:26.98
23 - K /5	K13/5	[1025] DANIELAK, Hanna	WKS Wawel	Zielonki	0:18:50.28 (05:05min/km)	0:18:50.66	+0:06:06.45
24 - M /19	M40/4	[148] SŁOŃSKI, Marek	WKS Wawel BnO	Kraków	0:18:47.52 (05:04min/km)	0:18:50.93	+0:06:06.72
25 - K /6	K30/1	[1022] NAZIM, Agnieszka	Skawina Biega	Skawina	0:18:59.51 (05:07min/km)	0:19:00.76	+0:06:16.55
26 - M /20	M13/5	[154] TARASIEWICZ, Franciszek	Forex Bad Boys	Kraków	0:19:13.05 (05:11min/km)	0:19:13.05	+0:06:28.84

27 - M /21	M13/6	[146]	SKOWRON, Wojciech	UKS Kometa Gliwice	Gliwice	0:19:12.32 (05:11min/km)	0:19:15.84	+0:06:31.63
28 - M /22	M40/5	[155]	TARASIEWICZ, Marcin	Forex Bad Boys	Kraków	0:19:18.04 (05:12min/km)	0:19:18.04	+0:06:33.83
29 - K /7	K20/1	[2009]	GLEGOŁA, Adrianna	AZS UJ	Kraków	0:19:36.27 (05:17min/km)	0:19:37.05	+0:06:52.84
30 - M /23	M13/7	[173]	ZADARNOWSKI, Marek		Kraków	0:19:41.65 (05:19min/km)	0:19:42.01	+0:06:57.80
31 - M /24	M13/8	[170]	WYPYCH, Hubert	3TRITEAM	Krakow	0:19:49.96 (05:21min/km)	0:19:52.08	+0:07:07.87
32 - M /25	M13/9	[2019]	TOKARSKI, Tomasz		Kraków	0:19:59.24 (05:24min/km)	0:20:02.23	+0:07:18.02
33 - M /26	M13/10	[85]	FIREK, Grzegorz	2xWK	Kraków	0:20:10.46 (05:27min/km)	0:20:12.23	+0:07:28.02
34 - M /27	M13/11	[74]	BUBLIK, Piotr	WKS Wawel Kraków	Kraków	0:20:16.22 (05:28min/km)	0:20:16.61	+0:07:32.40
35 - M /28	M40/6	[169]	WRONA, Tymoteusz	#AdamCzerwińskiTeam	Kraków	0:20:16.45 (05:28min/km)	0:20:24.16	+0:07:39.95
36 - M /29	M30/5	[2999]	PŁOCIENNICZAK, Daniel			0:20:21.79 (05:30min/km)	0:20:31.69	+0:07:47.48
37 - M /30	M40/7	[2007]	DUDA, Wojciech	Skawina Biega	Buków	0:20:35.52 (05:33min/km)	0:20:36.13	+0:07:51.92
38 - M /31	M13/12	[1028]	PIÓRKOWSKI, Jakub			0:20:45.37 (05:36min/km)	0:20:46.44	+0:08:02.23
39 - K /8	K20/2	[2016]	KWIATKOWSKA, Marta	WKS Wawel	Kraków	0:20:52.07 (05:38min/km)	0:20:52.48	+0:08:08.27
40 - M /32	M40/8	[1026]	WOSZCZYŃSKI, Paweł	remus biega	Kraków	0:20:48.26 (05:37min/km)	0:20:55.26	+0:08:11.05
41 - M /33	M13/13	[103]	KRZYŻAN, Stanisław		Jerzmanowice	0:21:02.04 (05:41min/km)	0:21:03.02	+0:08:18.81
42 - K /9	K13/6	[144]	SIEK, Barbara	WKS Wawel BnO	Kraków	0:21:05.67 (05:42min/km)	0:21:06.44	+0:08:22.23
43 - M /34	M40/9	[77]	BUŁAWA, Grzegorz	UKS Kometa Gliwice	Gliwice	0:21:09.64 (05:43min/km)	0:21:10.90	+0:08:26.69
44 - K /10	K40/1	[1018]	CZAPCZYŃSKA, Małgorzata	Niepołomice Biegają	Niepołomice	0:21:16.93 (05:45min/km)	0:21:18.39	+0:08:34.18
45 - M /35	M16/3	[2880]	STROJNY, Sebastian			0:21:25.63 (05:47min/km)	0:21:25.63	+0:08:41.42
46 - K /11	K20/3	[2015]	KRZYSZTOF, Iwona	G.O.A.T. Team Michalowice	Dobra	0:21:20.78 (05:46min/km)	0:21:25.94	+0:08:41.73
47 - K /12	K20/4	[118]	MEŻYK, Aleksandra	#AdamCzerwińskiTeam	Kraków	0:21:22.76 (05:46min/km)	0:21:26.05	+0:08:41.84
48 - K /13	K30/2	[2012]	JAMRUSZKIEWICZ, Katarzyna	G.O.A.T. Team Michałowice	Zdźięstawice	0:21:23.22 (05:46min/km)	0:21:28.26	+0:08:44.05
49 - M /36	M13/14	[2010]	GORSZKO, Maciej	Trailrun	Kraków	0:21:26.04 (05:47min/km)	0:21:28.48	+0:08:44.27
50 - K /14	K13/7	[141]	RAJCA, Luiza	KS Kościelec Chrzanów	Trzebinia	0:21:35.93 (05:50min/km)	0:21:40.45	+0:08:56.24
51 - K /15	K13/8	[69]	BISKUPSKA, Julia	WKS Wawel BnO	KRAKÓW	0:21:48.05 (05:53min/km)	0:21:48.35	+0:09:04.14
52 - M /37	M16/4	[105]	KUKLA, Bartosz	UKS Kometa Gliwice	Gliwice	0:21:48.34 (05:53min/km)	0:21:51.45	+0:09:07.24
53 - M /38	M13/15	[68]	BAK, Szymon		Kraków	0:22:17.59 (06:01min/km)	0:22:18.83	+0:09:34.62
54 - K /16	K13/9	[1054]	MICHNO, Marta			0:22:21.51 (06:02min/km)	0:22:21.51	+0:09:37.30
55 - M /39	M40/10	[171]	WYPYCH, Marek	3TRITEAM	Kraków	0:22:21.81 (06:02min/km)	0:22:25.99	+0:09:41.78
56 - K /17	K16/1	[81]	DANIELAK, Alicja		Zielonki	0:22:33.17 (06:05min/km)	0:22:34.52	+0:09:50.31
57 - K /18	K40/2	[2011]	GROCHOT, Edyta	#AdamCzerwińskiTeam	Wieliczka	0:22:36.73 (06:06min/km)	0:22:37.12	+0:09:52.91
58 - K /19	K13/10	[92]	JANAS, Amelia		Kraków	0:22:44.87 (06:08min/km)	0:22:48.32	+0:10:04.11
59 - M /40	M70/1	[123]	NAZIM, Tadeusz	Skawina Biega	Skawina	0:23:00.47 (06:13min/km)	0:23:03.42	+0:10:19.21
60 - K /20	K13/11	[102]	KRZYŻAN, Alina		Jerzmanowice	0:23:03.72 (06:13min/km)	0:23:04.83	+0:10:20.62

61 - M /41	M13/16	[2996]	REMISZ, Jakub			0:22:57.23 (06:12min/km)	0:23:06.62	+0:10:22.41
62 - M /42	M13/17	[161]	TYLIBA, Karol	MIKI	Przegonia	0:23:06.21 (06:14min/km)	0:23:08.60	+0:10:24.39
63 - M /43	M40/11	[2017]	PACZEŚNIAK, Jakub		Kraków	0:23:03.48 (06:13min/km)	0:23:09.76	+0:10:25.55
64 - K /21	K40/3	[162]	TYLIBA, Magdalena	MIKI	Przegonia	0:23:15.86 (06:17min/km)	0:23:18.28	+0:10:34.07
65 - K /22	K40/4	[134]	POLEWKA, Beata	UKS Kometa Gliwice	Gliwice	0:23:22.88 (06:19min/km)	0:23:23.98	+0:10:39.77
66 - M /44	M40/12	[83]	DUBIEL, Piotr	2xWK	Kraków	0:23:33.24 (06:21min/km)	0:23:38.79	+0:10:54.58
67 - K /23	K13/12	[75]	BUDZIŃSKA, Julia		Kraków	0:23:40.90 (06:24min/km)	0:23:41.78	+0:10:57.57
68 - K /24	K40/5	[94]	KĘSEK, Anna	CSK Brzezcie	Brzezcie	0:23:46.99 (06:25min/km)	0:23:49.21	+0:11:05.00
69 - M /45	M13/18	[150]	STACHURA, Jan	WKS Wawel BnO	Burów	0:23:57.01 (06:28min/km)	0:24:00.68	+0:11:16.47
70 - M /46	M13/19	[2897]	CHODLEWSKI, Antoni			0:23:54.87 (06:27min/km)	0:24:01.12	+0:11:16.91
71 - K /25	K13/13	[71]	BŁYSKOSZ, Magda	WKS Wawel BnO	Kraków	0:24:02.54 (06:29min/km)	0:24:02.54	+0:11:18.33
72 - M /47	M13/20	[95]	KĘSEK, Bartek	CSK Brzezcie	Brzezcie	0:24:01.98 (06:29min/km)	0:24:04.67	+0:11:20.46
73 - M /48	M13/21	[90]	GRZEGORCZYK, Borys	WKS Wawel BnO	Kraków	0:24:09.64 (06:31min/km)	0:24:11.10	+0:11:26.89
74 - K /26	K40/6	[79]	CZEPIEL, Monika	CSK Brzezcie	Kraków	0:24:09.75 (06:31min/km)	0:24:12.81	+0:11:28.60
75 - M /49	M60/1	[2014]	KRAWCZYK, Mirosław	MJMETAL OŚWIĘCIM	Oświęcim	0:24:18.01 (06:34min/km)	0:24:22.27	+0:11:38.06
76 - K /27	K40/7	[138]	PUDEŁEK, Małgorzata	LKS Górzanka Nawojowa Góra		0:24:19.74 (06:34min/km)	0:24:24.34	+0:11:40.13
77 - K /28	K13/14	[1029]	RYCHŁOWSKA, Julia			0:24:24.66 (06:35min/km)	0:24:29.52	+0:11:45.31
78 - M /50	M13/22	[84]	FILICIAK, Antoni	CAFFETTIERA	Kraków	0:24:40.51 (06:40min/km)	0:24:43.16	+0:11:58.95
79 - K /29	K13/15	[166]	WOJTAS, Julia	WKS Wawel BnO	Kraków	0:25:11.39 (06:48min/km)	0:25:12.19	+0:12:27.98
80 - M /51	M40/13	[2977]	KRZYWDZIŃSKI, Paweł			0:25:13.11 (06:48min/km)	0:25:17.46	+0:12:33.25
81 - M /52	M20/6	[2008]	FEDYNA, Marcin		Kraków	0:25:12.71 (06:48min/km)	0:25:19.14	+0:12:34.93
82 - M /53	M50/1	[1038]	JAMKA, Wiesław	Skawina Biega		0:25:35.45 (06:54min/km)	0:25:38.32	+0:12:54.11
83 - K /30	K13/16	[106]	KURTYCZ, Natalka	WKS Wawel BnO	kraków	0:25:42.17 (06:56min/km)	0:25:42.59	+0:12:58.38
84 - M /54	M13/23	[110]	LIGĘZA, Jan	Smashing PApkins	Kraków	0:25:49.51 (06:58min/km)	0:25:49.51	+0:13:05.30
85 - K /31	K30/3	[2883]	PŁAWECKA, Barbara			0:26:33.96 (07:10min/km)	0:26:40.50	+0:13:56.29
86 - K /32	K30/4	[88]	GAWLAS, Monika		Wadowice	0:26:51.48 (07:15min/km)	0:26:53.09	+0:14:08.88
87 - M /55	M40/14	[82]	DEC, Jacek		Kraków	0:27:56.37 (07:33min/km)	0:28:00.47	+0:15:16.26
88 - M /56	M50/2	[1021]	MISINIEC, Bogdan	Pszczółka Team	Zubrzyca Górna	0:28:15.87 (07:38min/km)	0:28:22.26	+0:15:38.05
89 - M /57	M13/24	[2885]	PIASECKI, Aleksander			0:28:47.81 (07:46min/km)	0:28:47.83	+0:16:03.62
90 - K /33	K30/5	[2005]	BARAN, Anita		Kraków	0:29:49.17 (08:03min/km)	0:29:55.20	+0:17:10.99
91 - M /58	M13/25	[86]	FIREK, Jakub	2xWK	Kraków	0:29:58.18 (08:06min/km)	0:30:04.87	+0:17:20.66
92 - K /34	K40/8	[165]	WIERZBICKA, Dominika	Goń się!	Kraków	0:30:02.62 (08:07min/km)	0:30:10.98	+0:17:26.77
93 - K /35	K13/17	[109]	LIGĘZA, Hanna	Smashing PApkins	Kraków	0:30:13.69 (08:10min/km)	0:30:19.29	+0:17:35.08
94 - K /36	K50/1	[1033]	WOŹNIAK, Barbara			0:30:15.66 (08:10min/km)	0:30:19.32	+0:17:35.11

95 - K /37	K20/5	[2013] KOZIOŁ, Marta	G.O.A.T. Team Michałowice	Michałowice	0:30:32.79 (08:15min/km)	0:30:38.71	+0:17:54.50
96 - M /59	M60/2	[117] MASŁYK, Jan	TIMmaslyk	Kraków	0:30:40.52 (08:17min/km)	0:30:48.19	+0:18:03.98
97 - M /60	M13/26	[2998] ZASADZKI, Krzysztof			0:31:14.35 (08:26min/km)	0:31:24.38	+0:18:40.17
98 - M /61	M16/5	[2997] ROCZNIOK, Daniel			0:31:16.40 (08:27min/km)	0:31:25.87	+0:18:41.66
99 - K /38	K30/6	[2006] BUTKIEWICZ, Agata		Skawina	0:32:40.77 (08:49min/km)	0:32:46.12	+0:20:01.91
100 - K /39	K30/7	[2021] WOŹNICZKA, Kamila		Skawina	0:32:39.51 (08:49min/km)	0:32:46.35	+0:20:02.14
101 - K /40	K40/9	[64] WOŹNICZKA, Małgorzata		Sieciechowice	0:41:20.94 (11:10min/km)	0:41:31.75	+0:28:47.54
	K13	[1036] PUDEŁEK, Jowita	LKS Górzanka Nawojowa Góra				DNF