

3,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M /1	M20/1	[1037] BOROŃ, Dariusz	Asisc Front Runner		0:14:40.76 (03:58min/km)	0:14:40.76	+0:00:00.00
2 - M /2	M16/1	[153] SZWAJA, Mateusz	UKS Kometa Gliwice	Gliwice	0:15:18.59 (04:08min/km)	0:15:18.59	+0:00:37.83
3 - M /3	M30/1	[157] TARGOSZ, Michał	ITMBW Kraków	Krakow Roma	0:15:28.89 (04:11min/km)	0:15:28.89	+0:00:48.13
4 - M /4	M30/2	[73] BRZYSKI, Maciej	BrzyskiTriTeam	Kraków	0:15:40.45 (04:14min/km)	0:15:40.45	+0:00:59.69
5 - M /5	M30/3	[120] MIODOŃSKI, Robert		Kraków	0:15:53.05 (04:17min/km)	0:15:53.13	+0:01:12.37
6 - M /6	M20/2	[2292] PIJANOVSKY, Martin	Chochla Racing Bronowice	Wiedeń	0:16:26.36 (04:26min/km)	0:16:26.36	+0:01:45.60
7 - M /7	M20/3	[66] BARWA, Wojciech		Spytkowice	0:16:27.68 (04:26min/km)	0:16:27.68	+0:01:46.92
8 - M /8	M30/4	[2293] PISZCZEK, Stanisław		Przemyśl	0:16:37.62 (04:29min/km)	0:16:37.62	+0:01:56.86
9 - M /9	M16/2	[104] KUCHARCZYK, Jakub	UKS Kometa Gliwice	Gliwice	0:17:07.12 (04:37min/km)	0:17:07.12	+0:02:26.36
10 - M /10	M30/5	[2282] CZYŻ, Radosław	Husaria Race Team	Kraków	0:17:12.89 (04:39min/km)	0:17:12.89	+0:02:32.13
11 - K /1	K13/1	[12] WAŚIK, Maja	SportWise	Kraków	0:17:21.97 (04:41min/km)	0:17:22.23	+0:02:41.47
12 - M /11	M13/1	[158] TARNAWSKI, Jan	WKS Wawel BnO	Kraków	0:17:24.37 (04:42min/km)	0:17:24.37	+0:02:43.61
13 - M /12	M20/4	[87] GAJDA, Kamil		Kraków	0:17:35.45 (04:45min/km)	0:17:35.45	+0:02:54.69
14 - K /2	K13/2	[1035] NIESSNER, Pola			0:17:47.98 (04:48min/km)	0:17:47.98	+0:03:07.22
15 - M /13	M40/1	[2280] BZOWSKI, Michał	Trailrun	Kraków	0:18:20.14 (04:57min/km)	0:18:22.85	+0:03:42.09
16 - M /14	M13/2	[145] SIENCZYŁO, Jan	Niepołomice Biegają	Niepołomice	0:18:38.10 (05:02min/km)	0:18:38.10	+0:03:57.34
17 - M /15	M16/3	[2298] HYLA, Damian	UKS Kometa Gliwice		0:18:44.15 (05:03min/km)	0:18:48.56	+0:04:07.80
18 - M /16	M40/2	[70] BŁASZCZAK, Jarosław	Go Aptiv!	Kraków	0:18:49.44 (05:05min/km)	0:18:49.73	+0:04:08.97
19 - M /17	M20/5	[2294] TAĐER, Marcin	KS Victoria Żytno	Żytno	0:19:09.37 (05:10min/km)	0:19:12.93	+0:04:32.17
20 - M /18	M13/3	[142] RYCHLIK, Patryk	Lisy Pustyni	Klucze	0:19:21.34 (05:13min/km)	0:19:21.34	+0:04:40.58
21 - K /3	K20/1	[2297] WICHA, Małgorzata			0:19:23.33 (05:14min/km)	0:19:23.33	+0:04:42.57
22 - K /4	K13/3	[108] LEŚNIAK, Matylda	UKS Kometa Gliwice	Gliwice	0:19:31.74 (05:16min/km)	0:19:33.14	+0:04:52.38
23 - M /19	M13/4	[100] KOŁODZIEJCZYK, Bartłomiej	UKS Kometa Gliwice	Gliwice	0:19:32.29 (05:16min/km)	0:19:37.75	+0:04:56.99
24 - M /20	M40/3	[2307] SIWAK, Ryszard			0:19:42.86 (05:19min/km)	0:19:42.86	+0:05:02.10
25 - K /5	K16/1	[133] POLEWKA, Aleksandra	UKS Kometa Gliwice	Gliwice	0:20:09.75 (05:26min/km)	0:20:11.77	+0:05:31.01
26 - K /6	K16/2	[132] POGODA, Kinga	UKS Kometa Gliwice	Gliwice	0:20:23.66 (05:30min/km)	0:20:23.66	+0:05:42.90

27 - M /21	M16/4	[74]	BUBLIK, Piotr	WKS Wawel Kraków	Kraków	0:20:24.29 (05:30min/km)	0:20:24.29	+0:05:43.53
28 - M /22	M13/5	[170]	WYPYCH, Hubert	3TRITEAM	Krakow	0:20:23.88 (05:30min/km)	0:20:25.32	+0:05:44.56
29 - M /23	M40/4	[148]	SŁOŃSKI, Marek	WKS Wawel BnO	Kraków	0:20:19.24 (05:29min/km)	0:20:25.71	+0:05:44.95
30 - M /24	M13/6	[167]	WÓJCIK, Paweł	WKS Wawel BnO	Kraków	0:20:35.60 (05:33min/km)	0:20:35.60	+0:05:54.84
31 - K /7	K13/4	[107]	LAMPARSKA, Maja	WKS Wawel BnO	Kraków	0:20:44.52 (05:36min/km)	0:20:44.52	+0:06:03.76
32 - K /8	K13/5	[1025]	DANIELAK, Hanna	WKS Wawel	Zielonki	0:20:49.84 (05:37min/km)	0:20:50.62	+0:06:09.86
33 - M /25	M13/7	[85]	FIREK, Grzegorz	2xWK	Kraków	0:20:57.49 (05:39min/km)	0:21:00.11	+0:06:19.35
34 - M /26	M16/5	[2306]	MAJ, Samuel			0:21:40.62 (05:51min/km)	0:21:42.19	+0:07:01.43
35 - M /27	M13/8	[131]	PISAREK, Kordian	WKS Wawel BnO	Kraków	0:21:41.16 (05:51min/km)	0:21:44.60	+0:07:03.84
36 - K /9	K30/1	[1022]	NAZIM, Agnieszka	Skawina Biega	Skawina	0:21:47.10 (05:53min/km)	0:21:47.10	+0:07:06.34
37 - M /28	M20/6	[80]	ĆWIĘCZEK, Łukasz	AZS CMUJ KRAKÓW	Kraków	0:21:52.92 (05:54min/km)	0:21:53.89	+0:07:13.13
38 - K /10	K13/6	[2310]	GRUSZKA, Dominika	Niepołomice Biegają		0:21:59.06 (05:56min/km)	0:21:59.06	+0:07:18.30
39 - M /29	M40/5	[155]	TARASIEWICZ, Marcin	Forex Bad Boys	Kraków	0:21:59.91 (05:56min/km)	0:22:01.84	+0:07:21.08
40 - K /11	K13/7	[141]	RAJCA, Luiza	KS Kościelec Chrzanów	Trzebinia	0:22:09.69 (05:59min/km)	0:22:11.81	+0:07:31.05
41 - M /30	M40/6	[2283]	DUDA, Wojciech	Skawina Biega	Buków	0:22:12.50 (06:00min/km)	0:22:12.99	+0:07:32.23
42 - M /31	M13/9	[159]	TARNOWSKI, Przemysław	WKS Wawel BnO	Zabierzów	0:22:11.99 (06:00min/km)	0:22:15.98	+0:07:35.22
43 - K /12	K20/2	[2289]	KWIATKOWSKA, Marta	WKS Wawel	Kraków	0:22:16.31 (06:01min/km)	0:22:16.77	+0:07:36.01
44 - M /32	M13/10	[161]	TYLIBA, Karol	MIKI	Przeginia	0:22:17.99 (06:01min/km)	0:22:17.99	+0:07:37.23
45 - M /33	M40/7	[1026]	WOSZCZYŃSKI, Paweł	remus biega	Kraków	0:22:19.35 (06:01min/km)	0:22:24.27	+0:07:43.51
46 - K /13	K20/3	[2284]	GLEGOŁA, Adrianna	AZS UJ	Kraków	0:22:36.71 (06:06min/km)	0:22:37.41	+0:07:56.65
47 - K /14	K40/1	[2287]	KACZMAREK, Katarzyna	#AdamCzerwińskiTeam	Sułków	0:22:42.67 (06:08min/km)	0:22:45.17	+0:08:04.41
48 - M /34	M16/6	[105]	KUKLA, Bartosz	UKS Kometa Gliwice	Gliwice	0:22:48.03 (06:09min/km)	0:22:53.03	+0:08:12.27
49 - K /15	K30/2	[2300]	LORENZ, Anna	#ADAMCZERWIŃSKI TEAM		0:23:08.17 (06:15min/km)	0:23:08.75	+0:08:27.99
50 - K /16	K13/8	[147]	SŁOŃSKA, Antonina	WKS Wawel BnO	Kraków	0:23:25.99 (06:20min/km)	0:23:26.33	+0:08:45.57
51 - K /17	K13/9	[2301]	OLEJNIK, Jaśmina	WKS Wawel BnO		0:23:29.45 (06:20min/km)	0:23:29.78	+0:08:49.02
52 - K /18	K40/2	[1018]	CZAPCZYŃSKA, Małgorzata	Niepołomice Biegają	Niepołomice	0:23:31.06 (06:21min/km)	0:23:31.06	+0:08:50.30
53 - K /19	K30/3	[2285]	HERDA, Ewelina	G.O.A.T. Team Michałowice	Masłomiąca	0:23:32.98 (06:21min/km)	0:23:35.57	+0:08:54.81
54 - M /35	M40/8	[171]	WYPYCH, Marek	3TRITEAM	Kraków	0:23:38.06 (06:23min/km)	0:23:42.15	+0:09:01.39
55 - M /36	M13/11	[1034]	CHODLEWSKI, Antoni	Kościelec Chów		0:23:47.81 (06:25min/km)	0:23:48.90	+0:09:08.14
56 - M /37	M13/12	[1028]	PIÓRKOWSKI, Jakub			0:23:53.64 (06:27min/km)	0:23:53.64	+0:09:12.88
57 - M /38	M13/13	[154]	TARASIEWICZ, Franciszek	Forex Bad Boys	Kraków	0:24:18.22 (06:34min/km)	0:24:18.22	+0:09:37.46
58 - K /20	K30/4	[2286]	JAMRUSZKIEWICZ, Katarzyna	G.O.A.T. Team Michałowice	Zdzieszawice	0:24:17.93 (06:34min/km)	0:24:20.52	+0:09:39.76
59 - M /39	M60/1	[2288]	KRAWCZYK, Mirosław	MJMETAL OŚWIĘCIM	Oświęcim	0:24:26.57 (06:36min/km)	0:24:32.33	+0:09:51.57
60 - K /21	K40/3	[162]	TYLIBA, Magdalena	MIKI	Przeginia	0:24:34.66 (06:38min/km)	0:24:37.10	+0:09:56.34

61 - M /40	M13/14	[96]	KLAKLA, Kacper	KS Kościelec Chrzanów	Chrzanów	0:24:37.81 (06:39min/km)	0:24:37.81	+0:09:57.05
62 - M /41	M13/15	[90]	GRZEGORCZYK, Borys	WKS Wawel BnO	Kraków	0:24:37.33 (06:39min/km)	0:24:42.79	+0:10:02.03
63 - K /22	K20/4	[118]	MĘŻYK, Aleksandra	#AdamCzerwińskiTeam	Kraków	0:24:43.17 (06:40min/km)	0:24:50.89	+0:10:10.13
64 - M /42	M40/9	[77]	BUŁAWA, Grzegorz	UKS Kometa Gliwice	Gliwice	0:24:51.71 (06:43min/km)	0:24:52.26	+0:10:11.50
65 - M /43	M13/16	[68]	BAK, Szymon		Kraków	0:25:05.15 (06:46min/km)	0:25:09.16	+0:10:28.40
66 - M /44	M40/10	[67]	BAK, Artur	FC po 40tce	Kraków	0:25:07.11 (06:47min/km)	0:25:09.68	+0:10:28.92
67 - M /45	M13/17	[103]	KRZYŻAN, Stanisław		Jerzmanowice	0:25:08.98 (06:47min/km)	0:25:12.78	+0:10:32.02
68 - K /23	K40/4	[134]	POLEWKA, Beata	UKS Kometa Gliwice	Gliwice	0:25:17.07 (06:50min/km)	0:25:18.21	+0:10:37.45
69 - K /24	K13/10	[99]	KOCHOŃ, Julia	UKS Kometa Gliwice	Gliwice	0:25:25.01 (06:52min/km)	0:25:25.75	+0:10:44.99
70 - M /46	M13/18	[95]	KĘSEK, Bartek	CSK Brzezcie	Brzezcie	0:26:22.45 (07:07min/km)	0:26:28.70	+0:11:47.94
71 - M /47	M16/7	[2305]	REMISZ, Jakub			0:26:36.78 (07:11min/km)	0:26:40.92	+0:12:00.16
72 - K /25	K13/11	[1036]	PUDEŁEK, Jowita			0:27:00.50 (07:17min/km)	0:27:01.42	+0:12:20.66
73 - K /26	K13/12	[106]	KURTYCZ, Nataalka	WKS Wawel BnO	kraków	0:27:14.22 (07:21min/km)	0:27:14.22	+0:12:33.46
74 - M /48	M13/19	[150]	STACHURA, Jan	WKS Wawel BnO	Burów	0:27:16.14 (07:22min/km)	0:27:19.86	+0:12:39.10
75 - M /49	M60/2	[117]	MASŁYK, Jan	TIMmaslyk	Kraków	0:27:36.05 (07:27min/km)	0:27:37.28	+0:12:56.52
76 - K /27	K13/13	[92]	JANAS, Amelia		Kraków	0:27:43.90 (07:29min/km)	0:27:45.36	+0:13:04.60
77 - K /28	K13/14	[75]	BUDZIŃSKA, Julia		Kraków	0:27:51.89 (07:31min/km)	0:27:52.32	+0:13:11.56
78 - K /29	K40/5	[94]	KĘSEK, Anna	CSK Brzezcie	Brzezcie	0:27:48.12 (07:30min/km)	0:27:54.63	+0:13:13.87
79 - M /50	M13/20	[2296]	TOKARSKI, Tomasz		Kraków	0:28:01.82 (07:34min/km)	0:28:06.50	+0:13:25.74
80 - K /30	K40/6	[2295]	TOKARSKA, Bożena Tokarska		Kraków	0:28:03.78 (07:35min/km)	0:28:07.32	+0:13:26.56
81 - K /31	K30/5	[88]	GAWLAS, Monika		Wadowice	0:28:15.17 (07:38min/km)	0:28:16.49	+0:13:35.73
82 - M /51	M50/1	[1038]	JAMKA, Wiesław	Skawina Biega		0:28:32.89 (07:42min/km)	0:28:36.16	+0:13:55.40
83 - K /32	K40/7	[1020]	MAZUR-OTRĘBSKA, Anna	MIGA PIGA ŚMIGA	Kraków	0:28:38.61 (07:44min/km)	0:28:41.28	+0:14:00.52
84 - K /33	K40/8	[2299]	SŁAPAK-ŚLIWA, Paulina			0:28:45.68 (07:46min/km)	0:28:48.32	+0:14:07.56
85 - K /34	K13/15	[168]	WRONA, Oliwia	#AdamCzerwińskiTeam	Kraków	0:28:42.22 (07:45min/km)	0:28:49.88	+0:14:09.12
86 - M /52	M50/2	[1021]	MISINIEC, Bogdan	Pszczółka Team	Zubrzyca Górna	0:29:02.73 (07:51min/km)	0:29:06.25	+0:14:25.49
87 - M /53	M13/21	[110]	LIGĘZA, Jan	Smashing PApkins	Kraków	0:29:56.08 (08:05min/km)	0:29:57.89	+0:15:17.13
88 - K /35	K13/16	[1029]	RYCHŁOWSKA, Julia			0:29:54.86 (08:05min/km)	0:30:00.08	+0:15:19.32
89 - M /54	M13/22	[86]	FIREK, Jakub	2xWK	Kraków	0:30:12.72 (08:09min/km)	0:30:16.80	+0:15:36.04
90 - K /36	K13/17	[109]	LIGĘZA, Hanna	Smashing PApkins	Kraków	0:30:16.17 (08:10min/km)	0:30:22.72	+0:15:41.96
91 - M /55	M13/23	[2309]	PIASECKI, Aleksander			0:30:36.91 (08:16min/km)	0:30:42.53	+0:16:01.77
92 - K /37	K13/18	[1014]	PAWŁOWSKA, Anna			0:31:10.86 (08:25min/km)	0:31:11.98	+0:16:31.22
93 - K /38	K40/9	[138]	PUDEŁEK, Małgorzata	LKS Górzanka Nawojowa Góra		0:32:08.80 (08:41min/km)	0:32:19.77	+0:17:39.01
94 - K /39	K13/19	[93]	JANAS, Natalia		Kraków	0:32:44.15 (08:50min/km)	0:32:47.35	+0:18:06.59

95 - K /40	K13/20	[102]	KRZYŻAN, Alina		Jerzmanowice	0:32:44.43 (08:50min/km)	0:32:48.43	+0:18:07.67
96 - M /56	M16/8	[2302]	GODULA, Sebastian	MOW Kraków		0:34:08.25 (09:13min/km)	0:34:10.57	+0:19:29.81
97 - M /57	M16/9	[2304]	ZASADZKI, Krzysztof	MOW Kraków		0:34:28.53 (09:19min/km)	0:34:28.53	+0:19:47.77
98 - M /58	M16/10	[2303]	MOWROCZNIOK, Daniel	MOW Kraków		0:34:28.05 (09:18min/km)	0:34:29.47	+0:19:48.71
99 - K /41	K40/10	[165]	WIERZBICKA, Dominika	Goń się!	Kraków	0:36:40.97 (09:54min/km)	0:36:49.96	+0:22:09.20
100 - M /59	M13/24	[84]	FILICIAK, Antoni	CAFFETTIERA	Kraków	0:37:45.36 (10:12min/km)	0:38:30.46	+0:23:49.70
101 - K /42	K40/11	[98]	KŁECZEK-WRONA, Ewa	#AdamCzerwińskiTeam	Kraków	0:39:35.28 (10:41min/km)	0:39:40.93	+0:25:00.17
102 - K /43	K60/1	[1027]	WOŹNIAK, Barbara	Ambasador Grand Prix Krakowa	Limanowa	0:49:46.48 (13:27min/km)	0:49:53.07	+0:35:12.31