



# Grand Prix Krakowa w biegach górskich - E2 - 3,7km

Kraków, 2016-12-04 - Wyniki

## 3,7km

#	Kat.	Nazwisko, imię	Płeć	Rok ur.	Klub	Miasto	Netto	Czas	Strata
1-M(1)	M13	[9] KUDRYS Kazimierz	M	2002	szukam sponsora :)	Miedzybrodzie Bialsk	0:15:16.00 (04:07min/km)	0:15:16.68	+0:00:00.00
2-M(2)	M20	[596] STEC Marek	M	1990	UKS Podwilk	Jablonka	0:15:34.24 (04:12min/km)	0:15:35.80	+0:00:19.12
3-M(3)	M30	[947] MOŃ Bartosz	M	1986	Zabierzów Biega	Nielepice	0:15:41.67 (04:14min/km)	0:15:41.67	+0:00:24.99
4-M(4)	M40	[7] KARŁOWSKI Wojciech	M	1973	JW 3 RBLog Kraków	Szyce	0:15:55.76 (04:18min/km)	0:15:57.61	+0:00:40.93
5-M(5)	M20	[1144] JANDURA Dawid	M	1994	AZS UJ		0:16:17.30 (04:24min/km)	0:16:18.49	+0:01:01.81
6-M(6)	M10	[934] GRUSZCZYŃSKI Filip	M	2005		Katowice	0:16:24.55 (04:26min/km)	0:16:24.55	+0:01:07.87
7-M(7)	M16	[924] CHODŹBA Damian	M	1999		Koniusza	0:17:07.06 (04:37min/km)	0:17:09.58	+0:01:52.90
8-M(8)	M10	[932] FLORYN Piotr	M	2005		Czerwienne	0:17:13.00 (04:39min/km)	0:17:13.68	+0:01:57.00
9-M(9)	M13	[27] SALWIŃSKI Jan	M	2003	WKS Wawel		0:17:35.81 (04:45min/km)	0:17:36.84	+0:02:20.16
10-M(10)	M13	[1124] WIĘCEK Jan	M	2001	Salos Dominik	Kraków	0:17:40.70 (04:46min/km)	0:17:42.70	+0:02:26.02
11-M(11)	M30	[936] JAMBORSKI Łukasz	M	1980			0:17:42.84 (04:47min/km)	0:17:44.54	+0:02:27.86
12-K(1)	K20	[19] NABIELEC Joanna	K	1988	ITMBW Kraków	Kraków	0:17:44.33 (04:47min/km)	0:17:46.50	+0:02:29.82
13-M(12)	M13	[939] JANKOWIAK Cyprian	M	2004		Masłomiąca	0:17:47.92 (04:48min/km)	0:17:51.38	+0:02:34.70
14-M(13)	M30	[18] Miodoński Robert	M	1986		Kraków	0:17:57.71 (04:51min/km)	0:17:57.71	+0:02:41.03
15-M(14)	M30	[1146] ADAMCZYK Leszek	M	1978	JW 4686		0:18:10.24 (04:54min/km)	0:18:13.23	+0:02:56.55
16-M(15)	M10	[1110] RAFACZ Rafał	M	2006		Czerwienne	0:18:34.95 (05:01min/km)	0:18:34.95	+0:03:18.27
17-M(16)	M13	[11] LACHOWICZ Kuba	M	2004		Libertów	0:18:36.72 (05:01min/km)	0:18:37.62	+0:03:20.94
18-M(17)	M13	[30] SZYMACHA Maciek	M	2003		Wieliczka	0:19:13.46 (05:11min/km)	0:19:14.65	+0:03:57.97
19-M(18)	M30	[943] MARZEC Jarosław	M	1982		Żywiec	0:19:25.61 (05:15min/km)	0:19:32.37	+0:04:15.69
20-M(19)	M40	[1143] SKORUPA Mariusz	M	1970	LKS Górzanka		0:19:29.48 (05:16min/km)	0:19:34.39	+0:04:17.71
21-K(2)	K13	[598] WĄSIK Maja	K	2004	WĄSIK TRI TEAM	Kraków	0:19:32.90 (05:17min/km)	0:19:35.02	+0:04:18.34
22-K(3)	K13	[1145] SŁOŃSKA Zofia	K	2002	WKS Wawel		0:19:38.56 (05:18min/km)	0:19:40.53	+0:04:23.85
23-M(20)	M10	[1115] STASZEL Klemens	M	2006		Czerwienne	0:19:43.00 (05:19min/km)	0:19:43.52	+0:04:26.84
24-M(21)	M10	[941] LASSAK Szymon	M	2006		CZERWIENNE	0:20:00.84 (05:24min/km)	0:20:00.99	+0:04:44.31
25-M(22)	M13	[609] POPCZYK Wiktor	M	2004	Happy Tri Friends		0:20:07.93 (05:26min/km)	0:20:10.20	+0:04:53.52
26-M(23)	M10	[37] WÓJCIK Paweł	M	2005	Wks Wawel	Kraków	0:20:11.30 (05:27min/km)	0:20:12.80	+0:04:56.12

27-M(24)	M40	[599]	WĄSIK Marcin	M	1976	WĄSIK TRI TEAM	Kraków	0:20:11.82 (05:27min/km)	0:20:14.32	+0:04:57.64
28-K(4)	K10	[600]	WOŚ Milena	K	2007	UKS Lider	Niepołomice	0:20:13.90 (05:28min/km)	0:20:14.78	+0:04:58.10
29-K(5)	K13	[1147]	WÓJCIK Natalia	K	2002	WKS Wawel		0:20:16.65 (05:28min/km)	0:20:18.46	+0:05:01.78
30-K(6)	K10	[1111]	SADKIEWICZ Julia	K	2007		Dobczyce	0:20:32.75 (05:33min/km)	0:20:33.72	+0:05:17.04
31-K(7)	K13	[1123]	WĄS Jagoda	K	2004		Zielonki	0:20:33.10 (05:33min/km)	0:20:38.21	+0:05:21.53
32-M(25)	M13	[4]	GŁADYSZ Bartłomiej	M	2003	Niepołomice Biegają	Niepołomice	0:20:38.63 (05:34min/km)	0:20:38.63	+0:05:21.95
33-M(26)	M40	[1114]	SOŚNIK Sebastian	M	1974		Mogilany	0:20:36.79 (05:34min/km)	0:20:41.83	+0:05:25.15
34-K(8)	K10	[20]	NIESSNER Pola	K	2007	WKS Wawel		0:20:46.40 (05:36min/km)	0:20:46.79	+0:05:30.11
35-M(27)	M13	[1126]	WOŹNIAK Kornel	M	2003	Dobczycki Klub Biegacza	Dobczyce	0:20:45.02 (05:36min/km)	0:20:49.75	+0:05:33.07
36-M(28)	M50	[23]	OPALSKI Maciej	M	1961		Sosnowiec	0:21:15.42 (05:44min/km)	0:21:15.42	+0:05:58.74
37-M(29)	M13	[923]	BYDOŃ Oskar	M	2004	TS Wieliczanka Wieliczka	Kokotów	0:21:14.56 (05:44min/km)	0:21:15.82	+0:05:59.14
38-K(9)	K16	[1125]	WOJTYCA Kinga	K	2000	Dobczycki Klub Biegacza	Polanka	0:21:16.20 (05:44min/km)	0:21:20.76	+0:06:04.08
39-M(30)	M10	[39]	WYPYCH Hubert	M	2006		Kraków	0:21:21.93 (05:46min/km)	0:21:22.10	+0:06:05.42
40-K(10)	K10	[21]	OLEJNIK Jaśmina	K	2008	WKS Wawel	Kraków	0:21:23.68 (05:46min/km)	0:21:23.88	+0:06:07.20
41-K(11)	K13	[3]	BRODA Alina	K	2002	WKS Wawel		0:21:23.54 (05:46min/km)	0:21:25.09	+0:06:08.41
42-M(31)	M30	[944]	MICHAŁEK Łukasz	M	1981		Kraków	0:21:29.23 (05:48min/km)	0:21:35.07	+0:06:18.39
43-M(32)	M30	[950]	PADOŁ Piotr	M	1986	MK Team		0:21:41.26 (05:51min/km)	0:21:45.46	+0:06:28.78
44-K(12)	K16	[608]	BIEGUN Kasia	K	2000			0:21:52.16 (05:54min/km)	0:21:56.48	+0:06:39.80
45-K(13)	K10	[496]	GRUSZKA Dominika	K	2005	Niepołomice Biegają	Niepołomice	0:22:00.21 (05:56min/km)	0:22:02.06	+0:06:45.38
46-K(14)	K10	[931]	FLORYN Monika	K	2005		Czerwienne	0:22:03.24 (05:57min/km)	0:22:03.24	+0:06:46.56
47-K(15)	K10	[1116]	STRĄCZEK Anna	K	2006		Czerwienne	0:22:08.62 (05:59min/km)	0:22:08.62	+0:06:51.94
48-K(16)	K20	[594]	OSIKA Kamila	K	1987	Probalans	Kraków	0:22:05.56 (05:58min/km)	0:22:09.88	+0:06:53.20
49-M(33)	M30	[1112]	SADKIEWICZ Piotr	M	1980		Dobczyce	0:22:26.14 (06:03min/km)	0:22:28.57	+0:07:11.89
50-K(17)	K13	[25]	POLEWKA Aleksandra	K	2002	UKS Kometa Gliwice	Gliwice	0:22:34.83 (06:06min/km)	0:22:34.83	+0:07:18.15
51-M(34)	M30	[946]	MIŚ Mateusz	M	1980		Masłomiąca	0:22:33.47 (06:05min/km)	0:22:39.07	+0:07:22.39
52-K(18)	K16	[499]	KRZEMIEŃ Michalina	K	1998	Road Maraton Team Pomiaryczasu.pl	Katowice	0:22:35.26 (06:06min/km)	0:22:39.43	+0:07:22.75
53-K(19)	K10	[940]	JANKOWIAK Oliwia	K	2006		Masłomiąca	0:22:37.40 (06:06min/km)	0:22:44.60	+0:07:27.92
54-M(35)	M10	[595]	STACH Franciszek	M	2005		Krzyszowice	0:22:50.09 (06:10min/km)	0:22:55.34	+0:07:38.66
55-M(36)	M60	[498]	KOPIA Jerzy	M	1945	Cwałujące Dziadki	Kraków	0:22:56.22 (06:11min/km)	0:22:56.22	+0:07:39.54
56-K(20)	K40	[24]	POLEWKA Beata	K	1971	UKS Kometa Gliwice	Gliwice	0:22:54.40 (06:11min/km)	0:22:58.26	+0:07:41.58
57-K(21)	K10	[40]	WYPYCH Milena	K	2007		Kraków	0:23:02.95 (06:13min/km)	0:23:02.95	+0:07:46.27
58-M(37)	M40	[31]	TARASIEWICZ Marcin	M	1973	Forex Bad Boys	Kraków	0:23:32.21 (06:21min/km)	0:23:36.38	+0:08:19.70
59-M(38)	M10	[32]	TARASIEWICZ Franciszek	M	2009	Forex Bad Boys	Kraków	0:23:32.42 (06:21min/km)	0:23:36.46	+0:08:19.78
60-M(39)	M10	[610]	LIGĘZA Jan	M	2007	Smashing Papkins		0:24:03.42 (06:30min/km)	0:24:06.28	+0:08:49.60

61-M(40)	M30	[935]	GRUSZKA Oskar	M	1978		Kraków	0:24:07.55 (06:31min/km)	0:24:07.55	+0:08:50.87
62-M(41)	M13	[942]	LENDĄ Patryk	M	2001	Salos Dominik		0:24:14.41 (06:33min/km)	0:24:16.63	+0:08:59.95
63-M(42)	M30	[956]	PONISZ Paweł	M	1979		Kraków	0:24:07.55 (06:31min/km)	0:24:16.80	+0:09:00.12
64-M(43)	M16	[1122]	TYRKA Dawid	M	1997		Kraków	0:24:13.19 (06:32min/km)	0:24:19.95	+0:09:03.27
65-K(22)	K16	[1121]	ŚWIĘTEK Nadia	K	1999		Kraków	0:24:17.52 (06:33min/km)	0:24:22.27	+0:09:05.59
66-M(44)	M10	[42]	ŻESŁAWSKI Jakub	M	2005	WKS Wawel	Kraków	0:24:42.48 (06:40min/km)	0:24:42.48	+0:09:25.80
67-K(23)	K40	[497]	KIŚLEWSKA Małgorzata	K	1970	parkrun chrzanów	Libiąż	0:24:51.22 (06:43min/km)	0:24:54.02	+0:09:37.34
68-M(45)	M10	[953]	PIÓRKOWSKI Jakub	M	2007	Biskupice Family Team	Biskupice	0:25:00.49 (06:45min/km)	0:25:01.04	+0:09:44.36
69-K(24)	K10	[12]	LAMPARSKA Maja	K	2005	WKS Wawel		0:25:12.19 (06:48min/km)	0:25:13.28	+0:09:56.60
70-K(25)	K13	[1142]	MAJA Skorupa	K	2004	LKS Górzanka		0:25:13.95 (06:49min/km)	0:25:15.91	+0:09:59.23
71-K(26)	K20	[597]	ŚLIMAK Anna	K	1987	Kotły Power	Brzezie	0:25:12.25 (06:48min/km)	0:25:17.58	+0:10:00.90
72-K(27)	K10	[8]	KRÓLIKIEWICZ Hanna	K	2005	WKS Wawel		0:25:22.32 (06:51min/km)	0:25:23.36	+0:10:06.68
73-K(28)	K10	[494]	SOCHA Basia	K	2007			0:25:23.94 (06:51min/km)	0:25:23.94	+0:10:07.26
74-K(29)	K20	[13]	LASZKIEWICZ Joanna	K	1987	Vege Runners	Kraków	0:25:40.59 (06:56min/km)	0:25:43.81	+0:10:27.13
75-K(30)	K13	[1151]	KILISZEWSKA Gabriela	K	2004	WKS Wawel		0:25:47.19 (06:58min/km)	0:25:49.53	+0:10:32.85
76-K(31)	K10	[22]	OLIINYK Yelyzaveta	K	2008	WKS Wawel		0:25:49.77 (06:58min/km)	0:25:50.59	+0:10:33.91
77-K(32)	K10	[1120]	SZYMACHA Magdalena	K	2006		Wieliczka	0:25:54.83 (07:00min/km)	0:25:57.67	+0:10:40.99
78-K(33)	K30	[1119]	SZYMACHA Aneta	K	1980		Wieliczka	0:26:08.74 (07:03min/km)	0:26:12.07	+0:10:55.39
79-K(34)	K20	[592]	MARKIEWICZ Agnieszka	K	1988		Kraków	0:26:42.33 (07:13min/km)	0:26:46.31	+0:11:29.63
80-K(35)	K30	[1113]	SALA Magdalena	K	1984		Sułkowice	0:27:00.45 (07:17min/km)	0:27:07.12	+0:11:50.44
81-M(46)	M40	[927]	DZIÓBEK Robert	M	1975		Wieliczka	0:27:01.92 (07:18min/km)	0:27:09.41	+0:11:52.73
82-M(47)	M50	[17]	MASŁYK Jan	M	1957	TIMjmaslyk	Kraków	0:27:09.52 (07:20min/km)	0:27:09.52	+0:11:52.84
83-K(36)	K30	[1127]	ZAŁEŃSKA Katarzyna	K	1979		Wieliczka	0:27:02.94 (07:18min/km)	0:27:09.68	+0:11:53.00
84-K(37)	K30	[928]	DZIÓBEK Sylwia	K	1979		Wieliczka	0:27:03.83 (07:18min/km)	0:27:10.36	+0:11:53.68
85-M(48)	M10	[949]	OŁOWNIA Mikołaj	M	2009	parkrun Chrzanów	Trzebinia	0:28:12.33 (07:37min/km)	0:28:13.48	+0:12:56.80
86-K(38)	K20	[1117]	SULARZ Ewa	K	1990		KRASAWA	0:28:09.25 (07:36min/km)	0:28:16.63	+0:12:59.95
87-M(49)	M30	[1118]	SZABAT Mariusz	M	1984		Krasawa	0:28:09.95 (07:36min/km)	0:28:17.80	+0:13:01.12
88-K(39)	K10	[28]	SIEK Barbara	K	2006	WKS Wawel		0:28:36.93 (07:44min/km)	0:28:37.40	+0:13:20.72
89-K(40)	K10	[29]	SŁOŃSKA Antonina	K	2007	WKS Wawel		0:28:37.78 (07:44min/km)	0:28:38.04	+0:13:21.36
90-M(50)	M10	[495]	KRÓLIKIEWICZ Jeremi	M	2009	WKS Wawel		0:28:42.43 (07:45min/km)	0:28:43.26	+0:13:26.58
91-K(41)	K13	[36]	WITUSIK Olga	K	2002		Jasło	0:28:55.02 (07:48min/km)	0:28:59.78	+0:13:43.10
92-K(42)	K13	[937]	JANAS Amelia	K	2003		Kraków	0:28:59.08 (07:50min/km)	0:29:06.80	+0:13:50.12
93-K(43)	K40	[933]	GRĘBSKA-BODZĘTA Agata	K	1967		Trzebinia	0:29:23.59 (07:56min/km)	0:29:25.41	+0:14:08.73
94-K(44)	K13	[1150]	KRÓLIKIEWICZ Nina	K	2001	WKS Wawel		0:29:29.82 (07:58min/km)	0:29:31.94	+0:14:15.26

95-K(45)	K13	[14]	ŁABUZEK Marta	K	2003	WKS Wawel		0:30:19.77 (08:11min/km)	0:30:19.77	+0:15:03.09
96-K(46)	K10	[926]	DZIEDZIC Aleksandra	K	2005		Kraków	0:30:59.12 (08:22min/km)	0:31:06.28	+0:15:49.60
97-K(47)	K13	[500]	MAGOCZY Julia	K	2003		Kraków	0:30:59.55 (08:22min/km)	0:31:07.54	+0:15:50.86
98-K(48)	K10	[925]	DALCZYŃSKA Emilia	K	2007		Kraków	0:31:18.83 (08:27min/km)	0:31:21.05	+0:16:04.37
99-K(49)	K10	[938]	JANAS Natalia	K	2005		Kraków	0:34:36.27 (09:21min/km)	0:34:44.04	+0:19:27.36
100-M(51)	M10	[1148]	WAŹTOREK Bartosz	M	2008	WKS Wawel		0:35:05.99 (09:29min/km)	0:35:07.14	+0:19:50.46
101-K(50)	K10	[1149]	WAŹTOREK Karolina	K	2005	WKS Wawel		0:35:07.74 (09:29min/km)	0:35:09.41	+0:19:52.73
102-M(52)	M10	[1153]	ZWONEK Marcin	M	2008	WKS Wawel		0:35:08.70 (09:29min/km)	0:35:10.31	+0:19:53.63
103-M(53)	M40	[15]	ŁĘŻNIAK Arkadiusz	M	1972		Kraków	0:29:29.89 (07:58min/km)	0:35:13.47	+0:19:56.79
104-K(51)	K40	[16]	ŁĘŻNIAK Barbara	K	1975		Kraków	0:32:53.95 (08:53min/km)	0:38:30.80	+0:23:14.12
105-K(52)	K40	[951]	PIÓRKOWSKA Aleksandra	K	1974	Biskupice Family Team	Biskupice	0:40:23.36 (10:54min/km)	0:40:32.10	+0:25:15.42
106-M(54)	M10	[954]	PIÓRKOWSKI Michał	M	2011	Biskupice Family Team	Biskupice	0:40:25.02 (10:55min/km)	0:40:33.77	+0:25:17.09
107-M(55)	M40	[955]	PIÓRKOWSKI Tomasz	M	1974	Biskupice Family Team	Biskupice	0:40:24.96 (10:55min/km)	0:40:33.98	+0:25:17.30
108-K(53)	K40	[34]	TRZMIELEWSKA Dorota	K	1968	Wawel Kraków	Kraków	0:40:44.68 (11:00min/km)	0:40:46.35	+0:25:29.67
109-K(54)	K10	[1152]	GUMULA Weronika	K	2013	WKS Wawel		0:40:53.19 (11:03min/km)	0:40:54.90	+0:25:38.22

## TIMEGO HS SYSTEM V1.2