

11,6km - K20

| # | Nazwisko, imię | Klub | Miasto | Netto | Czas | Strata |
|----|---------------------------|------------------------|-------------------|--------------------------|------------|-------------|
| 1 | [243] KOŁACKA Martyna | Aptiv Running Team | Kraków | 1:05:22.64 (05:38min/km) | 1:05:35.57 | +0:00:00.00 |
| 2 | [1719] ADAMUS Klaudia | | Kraków | 1:07:55.38 (05:51min/km) | 1:08:00.21 | +0:02:24.64 |
| 3 | [1856] FIJAŁKOWSKA Ewa | Nowa Huta Team | Kraków | 1:09:06.76 (05:57min/km) | 1:09:17.69 | +0:03:42.12 |
| 4 | [1810] BLICHAZ Ewelina | | Kraków | 1:09:56.30 (06:01min/km) | 1:10:23.13 | +0:04:47.56 |
| 5 | [2197] CHLEBANOWSKA Paula | | | 1:11:19.00 (06:08min/km) | 1:11:46.17 | +0:06:10.60 |
| 6 | [160] GOGÓL Justyna | COMARCH | Zasań | 1:12:08.87 (06:13min/km) | 1:12:19.40 | +0:06:43.83 |
| 7 | [127] DZIERWA Hanna | KS Kościelec Chrzanów | Chrzanów | 1:11:18.25 (06:08min/km) | 1:13:18.62 | +0:07:43.05 |
| 8 | [2069] WĘGRZYN Katarzyna | OKNOPLAST RUNNING TEAM | Bochnia | 1:13:57.66 (06:22min/km) | 1:14:05.12 | +0:08:29.55 |
| 9 | [189] HRYŃ Agata | Night Runners | kraków | 1:18:57.96 (06:48min/km) | 1:19:21.05 | +0:13:45.48 |
| 10 | [20] BALIGA Angelina | | Kraków | 1:18:56.32 (06:48min/km) | 1:19:23.67 | +0:13:48.10 |
| 11 | [858] JANAS Katarzyna | Night Runners | Kraków | 1:20:04.78 (06:54min/km) | 1:20:12.32 | +0:14:36.75 |
| 12 | [555] STELMACH Magdalena | TrailRun | Tomaszów Lubelski | 1:20:59.02 (06:58min/km) | 1:21:14.32 | +0:15:38.75 |
| 13 | [80] BYSINA Monika | niezrzeszona | Kraków | 1:21:46.67 (07:02min/km) | 1:22:02.61 | +0:16:27.04 |
| 14 | [913] RACKA Martyna | | Kraków | 1:25:04.15 (07:20min/km) | 1:25:29.47 | +0:19:53.90 |
| 15 | [447] PEĆZKOWSKA Agata | Klub Biegacza AZS UEK | Kraków | 1:25:19.35 (07:21min/km) | 1:25:35.97 | +0:20:00.40 |
| 16 | [510] SANECKA Katarzyna | BeFit24Team | KRAKÓW | 1:28:25.91 (07:37min/km) | 1:28:28.26 | +0:22:52.69 |
| 17 | [211] KACORZYK Karolina | | Kraków | 1:28:33.45 (07:38min/km) | 1:29:09.55 | +0:23:33.98 |
| 18 | [676] ZDYBAŁ Kamila | Nokia Kraków | Kraków | 1:30:14.94 (07:46min/km) | 1:30:43.02 | +0:25:07.45 |
| 19 | [416] OHLASZENY Zuzanna | KS Kościelec Chrzanów | Chrzanów | 1:39:57.04 (08:36min/km) | 1:42:49.03 | +0:37:13.46 |

11,6km - K30

| # | Nazwisko, imię | Klub | Miasto | Netto | Czas | Strata |
|----|--------------------------------|------------------------|-----------|--------------------------|------------|-------------|
| 1 | [687] ZYCH Katarzyna | | Tarnów | 0:58:47.68 (05:04min/km) | 0:58:52.97 | +0:00:00.00 |
| 2 | [486] RADCUK Daria | | Katowice | 0:59:36.95 (05:08min/km) | 0:59:38.14 | +0:00:45.17 |
| 3 | [847] FRĄCZEK-BOGACKA Justyna | AR Team | Kraków | 1:00:51.45 (05:14min/km) | 1:00:54.83 | +0:02:01.86 |
| 4 | [1899] SOLAKIEWICZ Anna | BeFit24Team | Kraków | 1:03:43.18 (05:29min/km) | 1:03:43.18 | +0:04:50.21 |
| 5 | [833] BROŻEK WOŹNICZKA Natalia | Bikeboard | Kraków | 1:04:25.26 (05:33min/km) | 1:04:28.41 | +0:05:35.44 |
| 6 | [1789] BIELEC Kinga | Husaria Race Team | Kraków | 1:07:50.93 (05:50min/km) | 1:07:50.93 | +0:08:57.96 |
| 7 | [1890] PAWŁOWICZ Anna | OKNOPLAST RUNNING TEAM | Wieliczka | 1:08:34.92 (05:54min/km) | 1:08:34.92 | +0:09:41.95 |
| 8 | [2235] URYGA Kinga | | | 1:08:34.41 (05:54min/km) | 1:08:54.83 | +0:10:01.86 |
| 9 | [2068] WASZYK Anita | MUAY RUNNING TEAM | Poznań | 1:14:07.98 (06:23min/km) | 1:14:30.72 | +0:15:37.75 |
| 10 | [120] DWORNIK Małgorzata | | Kraków | 1:14:59.08 (06:27min/km) | 1:15:11.17 | +0:16:18.20 |
| 11 | [252] KORYCIŃSKA Izabela | | Kraków | 1:15:00.79 (06:28min/km) | 1:15:13.67 | +0:16:20.70 |
| 12 | [642] WILK Katarzyna | BeFit24Team | Kraków | 1:16:09.63 (06:33min/km) | 1:16:14.14 | +0:17:21.17 |

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|----|--------|--------------------------|-------------------------|-----------|--------------------------|------------|-------------|
| 13 | [1888] | ORTYL Magdalena | Zabiegani Mielec | Mielec | 1:16:08.12 (06:33min/km) | 1:16:44.49 | +0:17:51.52 |
| 14 | [125] | DZIEDZIC Joanna | | Kraków | 1:16:58.92 (06:38min/km) | 1:17:16.48 | +0:18:23.51 |
| 15 | [940] | TOMAŠKO Barbara | Dobczycki Klub Biegacza | | 1:19:45.05 (06:52min/km) | 1:19:52.83 | +0:20:59.86 |
| 16 | [150] | GARPIEL Joanna | | kraków | 1:21:51.22 (07:03min/km) | 1:21:51.22 | +0:22:58.25 |
| 17 | [636] | WIECZERZAK Izabela | Miastologia | Kraków | 1:22:16.83 (07:05min/km) | 1:22:52.82 | +0:23:59.85 |
| 18 | [202] | JANOWSKA Anna | | Wieliczka | 1:23:11.66 (07:10min/km) | 1:23:23.13 | +0:24:30.16 |
| 19 | [601] | ŚWIERCZYŃSKA Gabriela | | Kraków | 1:22:59.55 (07:09min/km) | 1:23:30.85 | +0:24:37.88 |
| 20 | [1334] | SZOSTAK Agnieszka | | | 1:23:21.39 (07:11min/km) | 1:23:49.70 | +0:24:56.73 |
| 21 | [1882] | MARTYKA Agnieszka | | Kraków | 1:23:37.97 (07:12min/km) | 1:24:04.42 | +0:25:11.45 |
| 22 | [103] | CZEPIEC Agata | Night Runners | Krakow | 1:26:12.38 (07:25min/km) | 1:26:36.10 | +0:27:43.13 |
| 23 | [335] | ŁUCZYŃSKA Agnieszka | | Kraków | 1:27:38.82 (07:33min/km) | 1:27:55.36 | +0:29:02.39 |
| 24 | [63] | BRAUNOHLER Loren | | Krakow | 1:30:26.16 (07:47min/km) | 1:30:45.79 | +0:31:52.82 |
| 25 | [2230] | OBIERAK Kamila | | | 1:30:40.34 (07:49min/km) | 1:31:07.61 | +0:32:14.64 |
| 26 | [317] | LIBURA Katarzyna | BeFit24Team | Krakow | 1:33:04.35 (08:01min/km) | 1:33:05.99 | +0:34:13.02 |
| 27 | [683] | ZOBEK-HARPULA Aleksandra | | Kraków | 1:33:27.91 (08:03min/km) | 1:33:57.32 | +0:35:04.35 |
| 28 | [138] | FIRLEJ Agnieszka | Los Trepos Companieros | Kraków | 1:35:52.30 (08:15min/km) | 1:36:18.36 | +0:37:25.39 |
| 29 | [2070] | WÓJCIK-PYRĆ Katarzyna | JJ Team | Kraków | 1:36:05.17 (08:17min/km) | 1:36:40.65 | +0:37:47.68 |
| 30 | [696] | ŻOŁNIEREK Renata | | Kraków | 1:36:26.91 (08:18min/km) | 1:36:51.49 | +0:37:58.52 |
| 31 | [343] | MAGOCZY Justyna | | Kraków | 1:42:17.25 (08:49min/km) | 1:42:42.28 | +0:43:49.31 |

11,6km - K40

| # | Nazwisko, imię | Klub | Miasto | Netto | Czas | Strata |
|----|----------------|---------------------------|---|--------------------------|--------------------------|-------------|
| 1 | [313] | LEDWOŃ Izabela | Kraków | 1:03:01.29 (05:25min/km) | 1:03:02.96 | +0:00:00.00 |
| 2 | [78] | BYDOŃ Agnieszka | Niepołomice Biegają | Niepołomice | 1:12:47.43 (06:16min/km) | +0:10:04.00 |
| 3 | [494] | REPLIŃSKA Magdalena | parkrun Chrzanów | Trzebinia | 1:15:08.28 (06:28min/km) | +0:12:26.14 |
| 4 | [550] | STASIK Beata | BeFit24Team | Kraków | 1:15:31.72 (06:30min/km) | +0:12:29.24 |
| 5 | [1900] | SZLIFIŃSKA-NOWAK Anna | | Karniowice | 1:16:38.18 (06:36min/km) | +0:13:35.22 |
| 6 | [290] | KUNERT-GRUDZIEN Katarzyna | parkrun Chrzanów | Chrzanów | 1:18:09.60 (06:44min/km) | +0:15:26.30 |
| 7 | [419] | OLEJNIK Ewa | WKS Wawel BnO | Kraków | 1:20:55.96 (06:58min/km) | +0:17:59.75 |
| 8 | [673] | ZAWODNY Monika | BeFit24Team | KRAKOW | 1:21:44.20 (07:02min/km) | +0:18:44.05 |
| 9 | [198] | JANAS Ewa | nz | Kraków | 1:23:39.06 (07:12min/km) | +0:20:56.38 |
| 10 | [916] | ROPKA Barbara | | Krzeszowice | 1:23:58.71 (07:14min/km) | +0:21:20.33 |
| 11 | [544] | STACH Aneta | | Krzeszowice | 1:24:47.81 (07:18min/km) | +0:22:00.86 |
| 12 | [64] | BROŚ Danusia | Trzydzieści Dziewięć Koma Dziewięćdziesiąt Dziewięć | Kraków | 1:27:15.78 (07:31min/km) | +0:24:32.75 |
| 13 | [27] | BARAŃSKA Wanda | Los Trepos Companieros | Kraków | 1:29:44.66 (07:44min/km) | +0:27:11.16 |
| 14 | [480] | PULNIK Andżelika | Nowohucki Kombinat Sportowy | Kraków | 1:30:38.83 (07:48min/km) | +0:27:55.50 |
| 15 | [217] | KARBOWSKA Beata | | Kraków | 1:42:11.90 (08:48min/km) | +0:39:33.53 |

11,6km - K50

| # | Nazwisko, imię | Klub | Miasto | Netto | Czas | Strata |
|---|----------------|------------|--------|--------------------------|------------|-------------|
| 1 | [1883] | MICHNA Ewa | Lusina | 1:21:04.77 (06:59min/km) | 1:21:19.77 | +0:00:00.00 |

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|---|-------------------------------|--------------------------|-----------|--------------------------|------------|-------------|
| 2 | [452] PIECUCH Małgorzata | Przeworska Grupa Biegowa | Przeworsk | 1:21:35.95 (07:02min/km) | 1:21:53.06 | +0:00:33.29 |
| 3 | [338] MACHLOWSKA Grażyna | KKB DYSTANS | KRAKÓW | 1:24:21.66 (07:16min/km) | 1:24:43.22 | +0:03:23.45 |
| 4 | [489] RAJTAR Renata | RONTIL-YETI | Kraków | 1:25:40.73 (07:23min/km) | 1:25:47.22 | +0:04:27.45 |
| 5 | [650] WITKOWSKA Ewa Witkowska | 1960 | Kraków | 1:33:16.12 (08:02min/km) | 1:33:36.39 | +0:12:16.62 |

11,6km - K60

| # | Nazwisko, imię | Klub | Miasto | Netto | Czas | Strata |
|---|------------------|------|--------------|--------------------------|------------|-------------|
| 1 | [36] BEMBEN Anna | | Nowa Sarzyna | 1:25:29.45 (07:22min/km) | 1:26:04.89 | +0:00:00.00 |

11,6km - K70

| # | Nazwisko, imię | Klub | Miasto | Netto | Czas | Strata |
|---|----------------|------|--------|-------|------|--------|
|---|----------------|------|--------|-------|------|--------|

11,6km - M20

| # | Nazwisko, imię | Klub | Miasto | Netto | Czas | Strata |
|----|-----------------------------|------------------------------|-------------|--------------------------|------------|-------------|
| 1 | [1] BODURKA Krzysztof | Alpin Sport | Nielepice | 0:43:21.91 (03:44min/km) | 0:43:21.91 | +0:00:00.00 |
| 2 | [1895] SATOR Damian | Sudołek Team | Kraków | 0:46:40.44 (04:01min/km) | 0:46:40.44 | +0:03:18.53 |
| 3 | [35] BEDNARZ Adam | AZS UJ | Złoczew | 0:49:33.69 (04:16min/km) | 0:49:34.62 | +0:06:12.71 |
| 4 | [962] PAWLICA Józef | | Kraków | 0:51:13.26 (04:24min/km) | 0:51:15.63 | +0:07:53.72 |
| 5 | [1874] KOZIOŁ Kamil | Husaria Race Team | Michałowice | 0:51:41.47 (04:27min/km) | 0:51:42.07 | +0:08:20.16 |
| 6 | [54] BODURKA Adam | | Zakopane | 0:51:51.53 (04:28min/km) | 0:51:53.69 | +0:08:31.78 |
| 7 | [187] HOŁOWNIA Bartłomiej | PRO ATHLETIC TEAM ZŁOCIENIEC | Złocieniec | 0:53:44.18 (04:37min/km) | 0:53:45.18 | +0:10:23.27 |
| 8 | [13] ALEKSANDEREK Jakub | Nokia Kraków | Kraków | 0:54:19.89 (04:41min/km) | 0:54:27.10 | +0:11:05.19 |
| 9 | [1860] GURDAK Mateusz | TrailRun | Kraków | 0:54:34.72 (04:42min/km) | 0:54:37.01 | +0:11:15.10 |
| 10 | [946] WOŹNIAK Radosław | Skawina Biega | Skawina | 0:56:48.65 (04:53min/km) | 0:56:52.67 | +0:13:30.76 |
| 11 | [1828] DELGADO MACIAS David | BeFit24Team | Cádiz | 0:58:19.20 (05:01min/km) | 0:58:19.95 | +0:14:58.04 |
| 12 | [246] KOPACZ Marcin | | Plaza | 0:59:10.61 (05:06min/km) | 0:59:12.97 | +0:15:51.06 |
| 13 | [98] CYRKLER Łukasz | Night Runners | Kraków | 0:59:35.70 (05:08min/km) | 0:59:37.11 | +0:16:15.20 |
| 14 | [516] SERZYSKO Bartosz | Aptiv Running Team | Cieszyn | 1:00:04.41 (05:10min/km) | 1:00:18.13 | +0:16:56.22 |
| 15 | [1863] HEBDA Adrian | | Kraków | 1:00:44.46 (05:14min/km) | 1:00:50.63 | +0:17:28.72 |
| 16 | [2061] SZOSTEK Michał | BeFit24Team | Kraków | 1:01:09.34 (05:16min/km) | 1:01:11.85 | +0:17:49.94 |
| 17 | [110] DANIELAK Tomasz | | Zielonki | 1:01:12.08 (05:16min/km) | 1:01:18.28 | +0:17:56.37 |
| 18 | [2205] ZAWIŁO Bartłomiej | | | 1:01:52.04 (05:20min/km) | 1:02:01.44 | +0:18:39.53 |
| 19 | [30] BARSZCZ Rafał | | Jasło | 1:03:24.18 (05:27min/km) | 1:03:24.18 | +0:20:02.27 |
| 20 | [2196] MACEL Dawid | | | 1:03:43.33 (05:29min/km) | 1:03:50.30 | +0:20:28.39 |
| 21 | [1877] KUCZMA Mateusz | BeFit24Team | Kraków | 1:05:06.55 (05:36min/km) | 1:05:12.32 | +0:21:50.41 |
| 22 | [629] WĄSOWICZ Jakub | | Kraków | 1:05:18.95 (05:37min/km) | 1:05:25.57 | +0:22:03.66 |
| 23 | [1867] JANUSZEWSKI Piotr | Euroclear Running Team | Kraków | 1:05:58.52 (05:41min/km) | 1:05:58.52 | +0:22:36.61 |
| 24 | [1870] JUREK Karol | | Kraków | 1:07:04.77 (05:46min/km) | 1:07:21.73 | +0:23:59.82 |
| 25 | [267] KRAWCZYK Jakub | | Kraków | 1:08:03.91 (05:52min/km) | 1:08:09.11 | +0:24:47.20 |
| 26 | [499] RUMIŃSKI Piotr | | Wieliczka | 1:08:57.10 (05:56min/km) | 1:09:12.08 | +0:25:50.17 |

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|----|--------|----------------------|------------------------|----------|--------------------------|------------|-------------|
| 27 | [2198] | CHLEBANOWSKI Bartosz | | | 1:11:19.81 (06:08min/km) | 1:11:45.80 | +0:28:23.89 |
| 28 | [2228] | LACHOWICZ Kuba | | | 1:12:36.02 (06:15min/km) | 1:12:39.34 | +0:29:17.43 |
| 29 | [2221] | KOCZUR Bartłomiej | | | 1:12:53.84 (06:17min/km) | 1:13:30.94 | +0:30:09.03 |
| 30 | [28] | BARAŃSKI Jakub | Los Trepos Companieros | Kraków | 1:13:36.85 (06:20min/km) | 1:14:05.15 | +0:30:43.24 |
| 31 | [269] | KRÓL Tomasz | Dziady Borowe | Kraków | 1:14:10.86 (06:23min/km) | 1:14:26.16 | +0:31:04.25 |
| 32 | [1896] | SIŁKA Krzysztof | Nie ma letko | Ulanów | 1:14:48.90 (06:26min/km) | 1:15:15.85 | +0:31:53.94 |
| 33 | [248] | KOPIEĆ Kamil | ITMBW Kraków | Kraków | 1:15:31.84 (06:30min/km) | 1:16:03.84 | +0:32:41.93 |
| 34 | [210] | KABAJA Radek | | Kraków | 1:16:25.27 (06:35min/km) | 1:16:48.85 | +0:33:26.94 |
| 35 | [561] | SUROWIEC Bartosz | Beer Bros Runners | Kraków | 1:20:37.82 (06:57min/km) | 1:21:13.34 | +0:37:51.43 |
| 36 | [316] | LEWICKI Paweł | | Kraków | 1:21:27.11 (07:01min/km) | 1:22:03.35 | +0:38:41.44 |
| 37 | [106] | CZYŻOWICZ Michał | Night Runners | Załęże | 1:22:14.02 (07:05min/km) | 1:22:44.54 | +0:39:22.63 |
| 38 | [95] | CIERLAK Przemysław | GSBK | Kraków | 1:22:26.49 (07:06min/km) | 1:22:58.75 | +0:39:36.84 |
| 39 | [1881] | MARSZALEK Jan | DZIKI TEAM | Krakow | 1:23:58.76 (07:14min/km) | 1:24:27.84 | +0:41:05.93 |
| 40 | [549] | STARZYKIEWICZ Kacper | KS Kościelec Chrzanów | Chrzanów | 1:27:03.84 (07:30min/km) | 1:27:03.84 | +0:43:41.93 |

11,6km - M30

| # | Nazwisko, imię | Klub | Miasto | Netto | Czas | Strata |
|----|------------------------------|----------------------------|------------|--------------------------|------------|-------------|
| 1 | [1898] SKUPIEŃ Tomasz | | Skawinki | 0:48:25.18 (04:10min/km) | 0:48:25.18 | +0:00:00.00 |
| 2 | [271] KRUSZEC Andrzej | Augusta Restauracja Kraków | Kraków | 0:52:12.08 (04:30min/km) | 0:52:12.23 | +0:03:47.05 |
| 3 | [910] PLESNAR Jacek | | Kraków | 0:52:19.25 (04:30min/km) | 0:52:20.76 | +0:03:55.58 |
| 4 | [390] MORAWSKI Przemysław | Cisco Krakow Running Team | Kraków | 0:52:35.67 (04:32min/km) | 0:52:36.92 | +0:04:11.74 |
| 5 | [130] FERENC Kamil | | Goździelin | 0:52:41.54 (04:32min/km) | 0:52:44.30 | +0:04:19.12 |
| 6 | [75] BUL Dominik | korkociagi.com | Kraków | 0:52:52.52 (04:33min/km) | 0:52:57.92 | +0:04:32.74 |
| 7 | [513] SENDOR Piotr | | Krakow | 0:53:28.48 (04:36min/km) | 0:53:30.01 | +0:05:04.83 |
| 8 | [892] MIKA Artur | | Kraków | 0:54:02.76 (04:39min/km) | 0:54:04.39 | +0:05:39.21 |
| 9 | [310] LATAŁA Krzysztof | Aptiv Running Team | Pawłów | 0:54:07.40 (04:39min/km) | 0:54:10.00 | +0:05:44.82 |
| 10 | [1864] ILNICKI Darek Ilnicki | OCRTRAINING | Lubaczów | 0:54:29.72 (04:41min/km) | 0:54:29.72 | +0:06:04.54 |
| 11 | [1892] PIOTROWSKI Adam | | Krakow | 0:54:40.71 (04:42min/km) | 0:54:43.59 | +0:06:18.41 |
| 12 | [190] HYŻY Piotr | | Tarnowiec | 0:55:41.57 (04:48min/km) | 0:55:47.21 | +0:07:22.03 |
| 13 | [12] AGIEJCZYK Wojciech | Aptiv Running Team | Kraków | 0:55:55.30 (04:49min/km) | 0:55:57.82 | +0:07:32.64 |
| 14 | [958] MAŁECKI Mateusz | 111kegel.pl | Kraków | 0:56:19.22 (04:51min/km) | 0:56:19.22 | +0:07:54.04 |
| 15 | [207] JASIŃSKI Jakub | GO RIDE Racing Team | Kraków | 0:57:14.28 (04:56min/km) | 0:57:19.94 | +0:08:54.76 |
| 16 | [529] SŁOWIKOWSKI Paweł | KOSOVO | Kraków | 0:57:24.81 (04:56min/km) | 0:57:29.96 | +0:09:04.78 |
| 17 | [1869] JESIOŁOWSKI Michał | CAFFETTIERA | Zielonki | 0:58:00.54 (05:00min/km) | 0:58:07.74 | +0:09:42.56 |
| 18 | [1857] GAWIN Krzysztof | BeFit24Team | Krakow | 0:58:09.52 (05:00min/km) | 0:58:10.55 | +0:09:45.37 |
| 19 | [1777] BARNAŚ Adrian Barnaś | Salt Runners Bochnia | Bochnia | 0:58:22.68 (05:01min/km) | 0:58:23.81 | +0:09:58.63 |
| 20 | [201] JANKOWSKI Łukasz | Schibsted Runners | Kraków | 0:58:45.46 (05:03min/km) | 0:58:45.46 | +0:10:20.28 |
| 21 | [457] PIOTROWSKI Andrzej | Poranny Patrol | Kraków | 0:58:42.39 (05:03min/km) | 0:58:48.18 | +0:10:23.00 |
| 22 | [177] GUZIK Łukasz | Aptiv Running Team | Łysokanie | 0:58:46.74 (05:04min/km) | 0:58:50.12 | +0:10:24.94 |
| 23 | [469] POPIEL Andrzej | | Kraków | 0:59:17.91 (05:06min/km) | 0:59:23.55 | +0:10:58.37 |
| 24 | [369] MIAGKYJ Artem | | Jaworze | 0:59:31.90 (05:07min/km) | 0:59:39.75 | +0:11:14.57 |
| 25 | [1871] JUSZCZYK Łukasz | Niepołomice Biegają | Mała Wieś | 0:59:37.76 (05:08min/km) | 0:59:42.12 | +0:11:16.94 |

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|----|--------|--------------------------|--------------------------------|-------------|--------------------------|------------|-------------|
| 26 | [2062] | SZYDŁOWSKI Bartłomiej | Skawina Biega | Skawina | 1:00:01.71 (05:10min/km) | 1:00:11.90 | +0:11:46.72 |
| 27 | [275] | KRZYWONOS Marcin | Przeworska Grupa Biegowa | Rozbórz | 1:00:17.57 (05:11min/km) | 1:00:29.14 | +0:12:03.96 |
| 28 | [845] | FABIJANOWSKI Radosław | Night Runners | Kraków | 1:01:07.36 (05:16min/km) | 1:01:11.51 | +0:12:46.33 |
| 29 | [584] | SZKODZIŃSKI Tomasz | NOVOMATIC Tech Poland | Kraków | 1:01:14.44 (05:16min/km) | 1:01:17.74 | +0:12:52.56 |
| 30 | [539] | SOZAŃSKI Mikołaj | INTERFORM | Krakow | 1:01:09.66 (05:16min/km) | 1:01:18.43 | +0:12:53.25 |
| 31 | [658] | WOŹNIAK Grzegorz | FC po 40tce | Chełm | 1:01:19.33 (05:17min/km) | 1:01:24.08 | +0:12:58.90 |
| 32 | [119] | DWORNIK Maciek | Zorientowani Obiektowo | Kraków | 1:01:21.28 (05:17min/km) | 1:01:27.66 | +0:13:02.48 |
| 33 | [333] | ŁOPATOWSKI Michał | OSTATNI BĘDĄ PIERWSZYMI KRAKÓW | Kraków | 1:01:21.68 (05:17min/km) | 1:01:32.41 | +0:13:07.23 |
| 34 | [39] | BERNASIEWICZ Marcin | Am Nat Gym | Wieliczka | 1:01:35.31 (05:18min/km) | 1:01:40.88 | +0:13:15.70 |
| 35 | [331] | ŁASKOWSKI Piotr | BeFit24Team | Kraków | 1:02:06.29 (05:21min/km) | 1:02:06.29 | +0:13:41.11 |
| 36 | [451] | PIĄTEK Rafał | BeFit24Team | Kraków | 1:02:21.92 (05:22min/km) | 1:02:24.12 | +0:13:58.94 |
| 37 | [179] | HAJTEK Jakub | | Kraków | 1:02:35.81 (05:23min/km) | 1:02:37.75 | +0:14:12.57 |
| 38 | [616] | TRYBULEC Daniel | Poranny Patrol | Tarnów | 1:02:35.75 (05:23min/km) | 1:02:43.86 | +0:14:18.68 |
| 39 | [391] | MORDARSKI Michał | | Kraków | 1:02:46.18 (05:24min/km) | 1:02:52.86 | +0:14:27.68 |
| 40 | [518] | SEK Marek | Aktywna Strona Życia | Kraków | 1:02:49.46 (05:24min/km) | 1:02:53.82 | +0:14:28.64 |
| 41 | [230] | KISIAŁA Filip | Lacho Team | Kraków | 1:03:09.66 (05:26min/km) | 1:03:15.90 | +0:14:50.72 |
| 42 | [1858] | GŁÓD Tomasz | Salt Runners Bochnia | Bochnia | 1:03:33.12 (05:28min/km) | 1:03:34.91 | +0:15:09.73 |
| 43 | [1887] | ORAMUS Paweł | Skawina Biega | Gołuchowice | 1:03:23.59 (05:27min/km) | 1:03:35.84 | +0:15:10.66 |
| 44 | [1822] | DĄBROWSKI Damian | | Kraków | 1:03:32.11 (05:28min/km) | 1:03:38.75 | +0:15:13.57 |
| 45 | [521] | SIWEK Jacek | TriDivision Triathlon Team | Kraków | 1:04:02.47 (05:31min/km) | 1:04:02.47 | +0:15:37.29 |
| 46 | [213] | KACZMAREK Tomasz | Niepołomice Biegają | Wieliczka | 1:03:46.77 (05:29min/km) | 1:04:03.91 | +0:15:38.73 |
| 47 | [697] | ŻOŁNIEREK Robert | | Kraków | 1:03:52.78 (05:30min/km) | 1:04:16.69 | +0:15:51.51 |
| 48 | [84] | CEKIERA Marcin | KT Water Knights | Zielonki | 1:04:35.62 (05:34min/km) | 1:04:47.53 | +0:16:22.35 |
| 49 | [633] | WĘGRZYŃSKI Paweł | | Kraków | 1:04:48.53 (05:35min/km) | 1:05:00.15 | +0:16:34.97 |
| 50 | [118] | DURLAK Błażej | | Bobowa | 1:04:53.23 (05:35min/km) | 1:05:11.71 | +0:16:46.53 |
| 51 | [1872] | KALITA Damian | | Kraków | 1:04:50.53 (05:35min/km) | 1:05:13.92 | +0:16:48.74 |
| 52 | [47] | BIGAJ Sebastian | KT Water Knights Zabierzów | Kraków | 1:05:30.17 (05:38min/km) | 1:05:34.73 | +0:17:09.55 |
| 53 | [31] | BARTOSZ Marek | | Kraków | 1:05:45.68 (05:40min/km) | 1:05:52.44 | +0:17:27.26 |
| 54 | [1886] | OGŁUSZKA Michał Ogłuszka | SAFEPRO Usługi BHP | Gorlice | 1:05:47.88 (05:40min/km) | 1:06:01.79 | +0:17:36.61 |
| 55 | [941] | TOMAŚKO Mateusz | Dobczycki Klub Biegacza | | 1:05:55.69 (05:41min/km) | 1:06:03.88 | +0:17:38.70 |
| 56 | [659] | WOŹNIAK Łukasz | Poranny Patrol | kraków | 1:05:43.66 (05:39min/km) | 1:06:10.21 | +0:17:45.03 |
| 57 | [960] | PALUCH Marcin | | Kraków | 1:06:09.19 (05:42min/km) | 1:06:21.24 | +0:17:56.06 |
| 58 | [598] | ŚWIDNIEWICZ Paweł | KSC | Kraków | 1:06:37.90 (05:44min/km) | 1:06:42.27 | +0:18:17.09 |
| 59 | [2222] | OLSZYCKI Michał | | | 1:07:20.11 (05:48min/km) | 1:07:31.12 | +0:19:05.94 |
| 60 | [349] | MAKOWSKI Paweł | | Kraków | 1:07:38.34 (05:49min/km) | 1:07:49.67 | +0:19:24.49 |
| 61 | [638] | WIERZBA Michał | | kraków | 1:07:35.54 (05:49min/km) | 1:07:55.36 | +0:19:30.18 |
| 62 | [678] | ZEGARMISTRZ Grzegorz | | Kraków | 1:08:23.97 (05:53min/km) | 1:08:36.93 | +0:20:11.75 |
| 63 | [193] | INDYKA Michał | Bez Nazwy Garage | Trojanowice | 1:09:06.64 (05:57min/km) | 1:09:06.64 | +0:20:41.46 |
| 64 | [264] | KOZIOŁ Piotr | Fundacja OD-WAGA | Kraków | 1:10:11.50 (06:03min/km) | 1:10:26.50 | +0:22:01.32 |
| 65 | [49] | BILIŃSKI Michał | Night Runners | Kraków | 1:10:12.78 (06:03min/km) | 1:10:36.12 | +0:22:10.94 |
| 66 | [321] | LIPIEŃ Jakub | Zielonki | zielonki | 1:11:20.03 (06:08min/km) | 1:11:30.94 | +0:23:05.76 |
| 67 | [1816] | BUJAK Piotr | | Kraków | 1:11:45.56 (06:11min/km) | 1:12:14.71 | +0:23:49.53 |
| 68 | [693] | ŻELAŚKIEWICZ Michał | | Kraków | 1:12:27.31 (06:14min/km) | 1:12:42.56 | +0:24:17.38 |

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|-----|--------|------------------------------|-------------------|---------------|--------------------------|------------|-------------|
| 69 | [414] | OCHAB Michał | FKS Stal Mielec | Krakow | 1:12:15.15 (06:13min/km) | 1:12:49.93 | +0:24:24.75 |
| 70 | [589] | SZYSZKIN Waczesław | INTERFORM | Kraków | 1:12:51.22 (06:16min/km) | 1:13:09.46 | +0:24:44.28 |
| 71 | [85] | CHAŁUPCZAK Michał | DBSoP | Kraków | 1:12:59.90 (06:17min/km) | 1:13:14.97 | +0:24:49.79 |
| 72 | [954] | FROSZTĘGA Marcin | | Skawinki | 1:13:28.18 (06:20min/km) | 1:13:28.18 | +0:25:03.00 |
| 73 | [870] | KLIMEK Marek | | kraków | 1:13:14.05 (06:18min/km) | 1:13:36.92 | +0:25:11.74 |
| 74 | [114] | DRZYZGIEWICZ Michał | | Krakow | 1:13:51.72 (06:22min/km) | 1:13:57.18 | +0:25:32.00 |
| 75 | [2182] | WYRZYKOWSKI Marcin | Skawina Biega | | 1:13:43.46 (06:21min/km) | 1:13:59.59 | +0:25:34.41 |
| 76 | [173] | GRUDZIEN Przemek | | krakow | 1:14:15.58 (06:24min/km) | 1:14:29.33 | +0:26:04.15 |
| 77 | [442] | PAWŁOWICZ Paweł | WKS Wawel BnO | wieliczka | 1:15:08.18 (06:28min/km) | 1:15:28.74 | +0:27:03.56 |
| 78 | [564] | SUSZCZYŃSKI-RODRIGUEZ Konrad | | Kraków | 1:15:27.19 (06:30min/km) | 1:15:28.97 | +0:27:03.79 |
| 79 | [481] | PYTKO Jarek | | Kraków | 1:16:03.67 (06:33min/km) | 1:16:09.61 | +0:27:44.43 |
| 80 | [263] | KOZIOŁ Marcin | | Kraków | 1:15:54.60 (06:32min/km) | 1:16:14.86 | +0:27:49.68 |
| 81 | [188] | HORODECKI Lukasz | | Krakow | 1:16:18.42 (06:34min/km) | 1:16:18.42 | +0:27:53.24 |
| 82 | [1893] | RADCZUK Tomasz | HealthAhead | Kraków | 1:16:33.57 (06:36min/km) | 1:16:33.57 | +0:28:08.39 |
| 83 | [136] | FILIPOWICZ Bogusław | | Kraków | 1:16:29.29 (06:35min/km) | 1:16:46.28 | +0:28:21.10 |
| 84 | [577] | SZCZUREK Krzysztof | Scurki Team | Kraków | 1:16:26.81 (06:35min/km) | 1:16:53.04 | +0:28:27.86 |
| 85 | [507] | SAJNÓG Sebastian Kamil | COMARCH | Kraków | 1:16:43.12 (06:36min/km) | 1:17:06.31 | +0:28:41.13 |
| 86 | [883] | LENART Rafał | DKB | | 1:16:52.41 (06:37min/km) | 1:17:11.96 | +0:28:46.78 |
| 87 | [692] | ŻARÓW Wojciech | Lucyferia Team | Wieliczka | 1:17:16.51 (06:39min/km) | 1:17:25.44 | +0:29:00.26 |
| 88 | [464] | PODCZASZY Tomasz | Night Runners | Kraków | 1:16:58.20 (06:38min/km) | 1:17:28.47 | +0:29:03.29 |
| 89 | [1889] | PAWLOWSKI Tomasz | Biegam bo lubię | Kraków | 1:17:29.25 (06:40min/km) | 1:17:29.25 | +0:29:04.07 |
| 90 | [345] | MAJDAŃSKI Paweł | | Nowa Dęba | 1:16:55.33 (06:37min/km) | 1:17:32.01 | +0:29:06.83 |
| 91 | [849] | GARBOWICZ Artur | G-power | Kielce | 1:18:09.35 (06:44min/km) | 1:18:30.81 | +0:30:05.63 |
| 92 | [694] | ŻELAZKO Rafał | COMARCH | Kraków | 1:18:05.47 (06:43min/km) | 1:18:31.70 | +0:30:06.52 |
| 93 | [302] | KWIATKOWSKI Jakub | ITMBW Kraków | Kraków | 1:18:43.27 (06:47min/km) | 1:18:43.86 | +0:30:18.68 |
| 94 | [560] | STYRNA Tomasz | | Kraków | 1:18:46.02 (06:47min/km) | 1:18:58.46 | +0:30:33.28 |
| 95 | [566] | SYPNIEWSKI Szymon | BNI KINGS | Kraków | 1:19:05.31 (06:49min/km) | 1:19:23.97 | +0:30:58.79 |
| 96 | [463] | POCIEGIEL Michał | Skawina Biega | Radziszów | 1:19:12.89 (06:49min/km) | 1:19:27.54 | +0:31:02.36 |
| 97 | [515] | SERWIN Łukasz | BeFit24Team | Kraków | 1:19:24.00 (06:50min/km) | 1:19:31.26 | +0:31:06.08 |
| 98 | [279] | KUBIESA Jakub | Husaria Race Team | Kraków | 1:19:17.83 (06:50min/km) | 1:19:44.97 | +0:31:19.79 |
| 99 | [1868] | JAROSZ Paweł | | Nawojowa Góra | 1:19:48.32 (06:52min/km) | 1:20:01.91 | +0:31:36.73 |
| 100 | [872] | KOPIEĆ Rafał | | Kraków | 1:19:35.75 (06:51min/km) | 1:20:06.44 | +0:31:41.26 |
| 101 | [255] | KOSMAŁA Przemek | | Krakow | 1:20:39.82 (06:57min/km) | 1:20:49.47 | +0:32:24.29 |
| 102 | [284] | KUCZ Dariusz | | Olszowice | 1:21:00.51 (06:59min/km) | 1:21:11.68 | +0:32:46.50 |
| 103 | [2224] | TARNOWSKI Szymon | | | 1:22:29.89 (07:06min/km) | 1:22:59.12 | +0:34:33.94 |
| 104 | [603] | ŚWIĘTONIOWSKI Tomasz | | Kraków | 1:23:23.20 (07:11min/km) | 1:23:43.42 | +0:35:18.24 |
| 105 | [2240] | ZUBALSKI Artur | | | 1:23:38.54 (07:12min/km) | 1:23:56.29 | +0:35:31.11 |
| 106 | [963] | POŁYS Maciej | BeFit24Team | Kraków | 1:26:24.66 (07:26min/km) | 1:26:24.66 | +0:37:59.48 |
| 107 | [214] | KAJZEREK Arek | DBSoP | Kraków | 1:29:55.47 (07:45min/km) | 1:29:55.47 | +0:41:30.29 |
| 108 | [55] | BOJARSKI Ireneusz | Giebułtów Ciśnie | Giebułtów | 1:29:55.97 (07:45min/km) | 1:29:55.97 | +0:41:30.79 |
| 109 | [37] | BEMBEN Roman | | Kraków | 1:29:22.43 (07:42min/km) | 1:29:58.24 | +0:41:33.06 |
| 110 | [342] | MADEJ Grzegorz | | Krakow | 1:33:00.58 (08:01min/km) | 1:33:00.58 | +0:44:35.40 |
| 111 | [2063] | SZYMAŃSKI Krzysztof | BeFit24Team | Kraków | 1:40:11.46 (08:38min/km) | 1:40:11.46 | +0:51:46.28 |

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|-----|-----------------------|-------------------|--------|--------------------------|------------|-------------|
| 112 | [341] MACIEJAS Daniel | Husaria Race Team | Kraków | 1:40:20.03 (08:38min/km) | 1:40:37.14 | +0:52:11.96 |
| | [297] KURYJ Marek | WKS Wawel BnO | Kraków | | DNS | |
| | [135] FILICIAK Michał | CAFFETTIERA | Kraków | | DNS | |

11,6km - M40

| # | Nazwisko, imię | Klub | Miasto | Netto | Czas | Strata |
|----|----------------------------|------------------------|--------------|--------------------------|------------|-------------|
| 1 | [522] SIWIECKI Tomasz | MUAY Running Team | Kraków | 0:53:25.44 (04:36min/km) | 0:53:26.65 | +0:00:00.00 |
| 2 | [661] WÓJCIK Grzegorz | WKS Wawel BnO | Kraków | 0:54:39.54 (04:42min/km) | 0:54:39.54 | +0:01:12.89 |
| 3 | [395] MÜLDNER Rafał | | Kraków | 0:55:34.73 (04:47min/km) | 0:55:38.77 | +0:02:12.12 |
| 4 | [1855] DYRGA Sebastian | Muay Running Team | Kraków | 0:57:56.03 (04:59min/km) | 0:57:56.88 | +0:04:30.23 |
| 5 | [292] KUNZ Tomasz | | Kraków | 0:58:30.03 (05:02min/km) | 0:58:30.03 | +0:05:03.38 |
| 6 | [381] MIROŃCZUK Roman | Drużyna Szpiku | Kraków | 1:00:10.52 (05:11min/km) | 1:00:14.92 | +0:06:48.27 |
| 7 | [1390] ADAMEK Dariusz | | Kraków | 1:01:02.48 (05:15min/km) | 1:01:08.12 | +0:07:41.47 |
| 8 | [528] SŁOTA Adam | | Kraków | 1:01:06.88 (05:16min/km) | 1:01:16.14 | +0:07:49.49 |
| 9 | [112] DEPTUCH Łukasz | | Kraków | 1:01:33.86 (05:18min/km) | 1:01:41.93 | +0:08:15.28 |
| 10 | [599] ŚWIDZIŃSKI Tomasz | Vege Runners | Kraków | 1:01:38.84 (05:18min/km) | 1:01:45.01 | +0:08:18.36 |
| 11 | [233] KISIELEWSKI Piotr | bikeBoard Compass | Kraków | 1:01:54.48 (05:20min/km) | 1:01:56.70 | +0:08:30.05 |
| 12 | [553] STEC Paweł | | Kraków | 1:01:56.92 (05:20min/km) | 1:02:04.91 | +0:08:38.26 |
| 13 | [285] KUĆMIERCZYK Grzegorz | | Kraków | 1:02:04.14 (05:21min/km) | 1:02:22.72 | +0:08:56.07 |
| 14 | [356] MARS Maksymilian | CodRun | Kraków | 1:02:25.25 (05:22min/km) | 1:02:32.87 | +0:09:06.22 |
| 15 | [1879] LASOTA Artur | Aptiv Running Team | Kraków | 1:03:11.19 (05:26min/km) | 1:03:21.98 | +0:09:55.33 |
| 16 | [964] SKOWRON Marek | AZS AWF Kraków Masters | Kraków | 1:03:29.59 (05:28min/km) | 1:03:33.12 | +0:10:06.47 |
| 17 | [400] NAWORYTA Wojciech | KKM Kaloryfer | Kraków | 1:03:33.06 (05:28min/km) | 1:03:38.00 | +0:10:11.35 |
| 18 | [542] SROKA Marcin | | Kraków | 1:03:40.17 (05:29min/km) | 1:03:49.65 | +0:10:23.00 |
| 19 | [2064] ŚLIWA Henryk | Skawina Biega | SKAWINA | 1:03:42.29 (05:29min/km) | 1:03:53.71 | +0:10:27.06 |
| 20 | [325] LIZUREJ Sławomir | LizakiTeam | Kraków | 1:03:47.39 (05:29min/km) | 1:03:57.80 | +0:10:31.15 |
| 21 | [562] SUSUŁ Bogdan | | Kraków | 1:04:05.74 (05:31min/km) | 1:04:05.74 | +0:10:39.09 |
| 22 | [545] STACH Paweł | SIWEJKA | Wysowa Zdrój | 1:04:02.94 (05:31min/km) | 1:04:05.84 | +0:10:39.19 |
| 23 | [606] TARNAWSKI Jakub | KKB DYSTANS | Kraków | 1:04:12.75 (05:32min/km) | 1:04:14.58 | +0:10:47.93 |
| 24 | [520] SIWAK Jerzy | | Kraków | 1:04:17.94 (05:32min/km) | 1:04:24.82 | +0:10:58.17 |
| 25 | [113] DOMIN Tomasz | Night Runners | Kraków | 1:05:08.57 (05:36min/km) | 1:05:13.54 | +0:11:46.89 |
| 26 | [1873] KISIELEWSKI Paweł | Magazyn Triathlon | Kraków | 1:06:03.78 (05:41min/km) | 1:06:08.72 | +0:12:42.07 |
| 27 | [1854] DUDA Paweł | BeFit24Team | Kraków | 1:06:55.01 (05:46min/km) | 1:06:55.24 | +0:13:28.59 |
| 28 | [93] CHUDZIK Piotr | | Kraków | 1:06:47.33 (05:45min/km) | 1:06:55.87 | +0:13:29.22 |
| 29 | [46] BIERNAT Jakub | Wiselka | Kraków | 1:06:52.25 (05:45min/km) | 1:07:01.68 | +0:13:35.03 |
| 30 | [100] CZAPLA Przemysław | WKS Wawel BnO | Kraków | 1:07:08.96 (05:47min/km) | 1:07:15.80 | +0:13:49.15 |
| 31 | [385] MIŚKIEWICZ Paweł | | Kraków | 1:07:26.43 (05:48min/km) | 1:07:32.63 | +0:14:05.98 |
| 32 | [1891] PEC Waldemar Pec | Aptiv Running Team | Krakow | 1:07:39.31 (05:49min/km) | 1:07:52.47 | +0:14:25.82 |
| 33 | [163] GORSZKO Adam | NOVOMATIC Tech Poland | Kraków | 1:08:09.54 (05:52min/km) | 1:08:23.58 | +0:14:56.93 |
| 34 | [905] PIASECKI Rafał | | Wieliczka | 1:08:13.89 (05:52min/km) | 1:08:29.81 | +0:15:03.16 |
| 35 | [620] TWORZYDŁO Paweł | | Kraków | 1:08:20.42 (05:53min/km) | 1:08:30.18 | +0:15:03.53 |
| 36 | [33] BĄK Artur | FC po 40tce | Kraków | 1:08:25.53 (05:53min/km) | 1:08:38.73 | +0:15:12.08 |

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|----|--------|------------------------|---|--------------|--------------------------|------------|-------------|
| 37 | [156] | GILAS Marcin | COMARCH | Tomaszowice | 1:08:43.76 (05:55min/km) | 1:08:43.76 | +0:15:17.11 |
| 38 | [2233] | LANGE Zbigniew | | | 1:09:15.66 (05:58min/km) | 1:09:36.57 | +0:16:09.92 |
| 39 | [889] | MAKUSZEWSKI Marcin | BeFit24Team | Kraków | 1:09:45.51 (06:00min/km) | 1:09:51.59 | +0:16:24.94 |
| 40 | [877] | KUKLA Grzegorz | | Kraków | 1:09:59.40 (06:02min/km) | 1:10:08.30 | +0:16:41.65 |
| 41 | [162] | GONDOR Jarosław | | Libertów | 1:10:21.62 (06:03min/km) | 1:10:39.18 | +0:17:12.53 |
| 42 | [475] | PRECIKOWSKI Rysiek | | Wieliczka | 1:10:25.00 (06:04min/km) | 1:10:42.62 | +0:17:15.97 |
| 43 | [2065] | TOKARSKI Rafał | | Kraków | 1:10:37.82 (06:05min/km) | 1:10:58.59 | +0:17:31.94 |
| 44 | [459] | PITUCH Przemysław | | Tenczynek | 1:10:29.91 (06:04min/km) | 1:11:09.76 | +0:17:43.11 |
| 45 | [526] | SŁONINA Artur | running.krakow.pl | Kraków | 1:11:08.87 (06:08min/km) | 1:11:25.83 | +0:17:59.18 |
| 46 | [844] | DUROŃ Marcin | BeFit24Team | Kraków | 1:11:28.02 (06:09min/km) | 1:11:31.33 | +0:18:04.68 |
| 47 | [396] | MURYN Bartłomiej | | Kraków | 1:11:26.93 (06:09min/km) | 1:11:57.05 | +0:18:30.40 |
| 48 | [441] | PAWLIK Krzysztof | | Kraków | 1:11:49.00 (06:11min/km) | 1:12:13.66 | +0:18:47.01 |
| 49 | [277] | KRZYŻAN Jakub | KW Kraków | Jerzmanowice | 1:12:18.89 (06:14min/km) | 1:12:28.93 | +0:19:02.28 |
| 50 | [143] | FRANKIEWICZ Jakub | COMARCH | Kraków | 1:12:32.73 (06:15min/km) | 1:12:55.35 | +0:19:28.70 |
| 51 | [287] | KUDŁA Grzegorz | | Wieliczka | 1:13:12.74 (06:18min/km) | 1:13:26.84 | +0:20:00.19 |
| 52 | [967] | URBANOWICZ Andrzej | MS Consulting | Kraków | 1:13:19.04 (06:19min/km) | 1:13:29.97 | +0:20:03.32 |
| 53 | [1866] | JANKOWIAK Leszek | www.linguist.com.pl | MASŁOMIĄCA | 1:13:37.03 (06:20min/km) | 1:13:48.08 | +0:20:21.43 |
| 54 | [2234] | WIETRZNY Kacper | | | 1:13:37.09 (06:20min/km) | 1:14:13.12 | +0:20:46.47 |
| 55 | [664] | WRONA Tymoteusz | | Kraków | 1:14:00.48 (06:22min/km) | 1:14:36.23 | +0:21:09.58 |
| 56 | [524] | SKROBOT Łukasz | BoŚieBiega | Kraków | 1:14:45.97 (06:26min/km) | 1:14:54.81 | +0:21:28.16 |
| 57 | [245] | KONIK Jarosław | BBL Kraków | KRAKÓW | 1:14:48.22 (06:26min/km) | 1:15:10.66 | +0:21:44.01 |
| 58 | [582] | SZEWCZYK Mariusz | | Kraków | 1:14:52.72 (06:27min/km) | 1:15:20.44 | +0:21:53.79 |
| 59 | [684] | ZOLADZ Jerzy | Aptiv Running Team | Kraków | 1:14:59.99 (06:27min/km) | 1:15:37.85 | +0:22:11.20 |
| 60 | [869] | KĘSEK Maciej | | Brzezie | 1:15:32.83 (06:30min/km) | 1:15:58.35 | +0:22:31.70 |
| 61 | [360] | MASZCZYK Andrzej | | Kraków | 1:16:22.45 (06:35min/km) | 1:16:42.94 | +0:23:16.29 |
| 62 | [311] | LECH Wojciech | | Kraków | 1:19:21.60 (06:50min/km) | 1:19:51.18 | +0:26:24.53 |
| 63 | [286] | KUDAS Tomasz | SPACE INVADERS | Kraków | 1:20:14.18 (06:55min/km) | 1:20:30.89 | +0:27:04.24 |
| 64 | [835] | BUDZIŃSKI Maciej | | Kraków | 1:20:28.67 (06:56min/km) | 1:21:07.75 | +0:27:41.10 |
| 65 | [176] | GRZESIAK Grzegorz | EULEO BIEGA | Zielonki | 1:23:09.93 (07:10min/km) | 1:23:50.23 | +0:30:23.58 |
| 66 | [647] | WIŚNIEWSKI Paweł | WKS Wawel BnO | Kraków | 1:24:11.98 (07:15min/km) | 1:24:11.98 | +0:30:45.33 |
| 67 | [546] | STACH Paweł | Ambasador Festiwalu Biegów w Krynicy | Krzyszowice | 1:24:48.45 (07:18min/km) | 1:25:05.00 | +0:31:38.35 |
| 68 | [832] | BIGAJ Arkadiusz | parkrun Chrzanów | | 1:25:05.63 (07:20min/km) | 1:25:26.34 | +0:31:59.69 |
| 69 | [153] | GAŚSIOROWSKI Krzysztof | Trzydzieści Dziewięć Koma Dziewięćdziesiąt Dziewięć | Gorenice | 1:27:12.63 (07:31min/km) | 1:27:35.39 | +0:34:08.74 |
| 70 | [2067] | URBANOWICZ Łukasz | | Kraków | 1:29:46.02 (07:44min/km) | 1:30:11.48 | +0:36:44.83 |
| 71 | [11] | ADAMSKI Bartłomiej | Ronche Qcyki | Modlnica | 1:30:15.78 (07:46min/km) | 1:30:40.79 | +0:37:14.14 |
| 72 | [861] | JANKOWSKI Mateusz | Vege Runners | Kraków | 1:31:42.19 (07:54min/km) | 1:32:04.90 | +0:38:38.25 |
| 73 | [289] | KULIBERDA Roman | Night Runners | Kraków | 1:33:39.69 (08:04min/km) | 1:34:03.42 | +0:40:36.77 |

11,6km - M50

| # | Nazwisko, imię | Klub | Miasto | Netto | Czas | Strata |
|---|---------------------|---------------------|--------|--------------------------|------------|-------------|
| 1 | [407] NOWAK Robert | Poranny Patrol | Rząska | 0:58:42.27 (05:03min/km) | 0:58:48.79 | +0:00:00.00 |
| 2 | [1894] RADZIK Jerzy | Niepołomice Biegają | Kraków | 1:00:03.85 (05:10min/km) | 1:00:11.41 | +0:01:22.62 |

| | | | | | | | |
|----|--------|--------------------|-------------------------|------------|--------------------------|------------|-------------|
| 3 | [496] | ROGASCH Stanisław | | KRAKÓW | 1:01:41.88 (05:19min/km) | 1:02:16.92 | +0:03:28.13 |
| 4 | [378] | MIKUŁA Witold | Dukatowo Team | Kraków | 1:02:35.28 (05:23min/km) | 1:02:40.35 | +0:03:51.56 |
| 5 | [339] | MACHLOWSKI Ryszard | KKB DYSTANS | KRAKÓW | 1:06:42.47 (05:45min/km) | 1:07:18.63 | +0:08:29.84 |
| 6 | [1884] | NAZIM Adam | | Kraków | 1:07:21.17 (05:48min/km) | 1:07:35.21 | +0:08:46.42 |
| 7 | [109] | DANIELAK Roman | | Zielonki | 1:07:31.99 (05:49min/km) | 1:07:47.93 | +0:08:59.14 |
| 8 | [272] | KRYJOMSKI Jerzy | KS Kościelec Chrzanów | Chrzanów | 1:06:38.62 (05:44min/km) | 1:08:38.06 | +0:09:49.27 |
| 9 | [1773] | ANTOWSKI Tomasz | MUAY RUNNING TEAM | Poznań | 1:08:43.40 (05:55min/km) | 1:09:04.22 | +0:10:15.43 |
| 10 | [403] | NIESSNER Piotr | WKS Wawel BnO | Kraków | 1:09:03.12 (05:57min/km) | 1:09:06.62 | +0:10:17.83 |
| 11 | [937] | SZPEYER Sławomir | | Kraków | 1:12:22.34 (06:14min/km) | 1:12:36.60 | +0:13:47.81 |
| 12 | [51] | BLADY Bogdan | | Kraków | 1:14:48.10 (06:26min/km) | 1:15:04.04 | +0:16:15.25 |
| 13 | [417] | OKSIUTYCZ Marek | | Kraków | 1:15:29.95 (06:30min/km) | 1:15:45.65 | +0:16:56.86 |
| 14 | [307] | LASKOWSKI Dariusz | Niepołomice Biegają | Mała Wieś | 1:15:34.97 (06:30min/km) | 1:15:52.75 | +0:17:03.96 |
| 15 | [169] | GRACZYK Roman | Krzysiek Pomaga Pomagać | Ściejowice | 1:21:35.72 (07:02min/km) | 1:21:40.70 | +0:22:51.91 |
| 16 | [654] | WORYTKO Paweł | :) | Kraków | 1:25:47.18 (07:23min/km) | 1:26:11.96 | +0:27:23.17 |
| 17 | [225] | KIEŁBASA Janusz | | Kraków | 1:27:31.78 (07:32min/km) | 1:28:07.22 | +0:29:18.43 |
| 18 | [418] | OLCZAK Janusz | | Warszawa | 1:42:13.31 (08:48min/km) | 1:42:38.01 | +0:43:49.22 |

11,6km - M60

| # | Nazwisko, imię | Klub | Miasto | Netto | Czas | Strata |
|---|------------------------|---------------------|-----------|--------------------------|------------|-------------|
| 1 | [408] NOWOTNY Marian | Niepołomice Biegają | Damienice | 1:14:02.04 (06:22min/km) | 1:14:19.66 | +0:00:00.00 |
| 2 | [249] KORDOS Jan | KKB DYSTANS | Kraków | 1:16:00.84 (06:33min/km) | 1:16:32.87 | +0:02:13.21 |
| 3 | [209] JUSZCZYK Andrzej | | Kraków | 1:32:15.46 (07:57min/km) | 1:32:49.67 | +0:18:30.01 |
| | [83] CEKIERA Antoni | combex | Kraków | | DNS | |

11,6km - M70

| # | Nazwisko, imię | Klub | Miasto | Netto | Czas | Strata |
|---|----------------|------|--------|-------|------|--------|
|---|----------------|------|--------|-------|------|--------|

TIMEGO HS SYSTEM V1.2