

## 5,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M /1	M20/1	[1040] BIEDERMAN, Marcin			0:22:55.44 (04:01min/km)	0:22:55.44	+0:00:00.00
2 - M /2	M16/1	[2026] KRAWCZYŃSKI, Mikołaj	WKS ŚLĄSK	Wrocław	0:23:14.10 (04:04min/km)	0:23:14.59	+0:00:19.15
3 - M /3	M20/2	[11] BABULA, Przemysław	GKS Piast Gliwice	Gliwice	0:23:50.53 (04:10min/km)	0:23:52.19	+0:00:56.75
4 - M /4	M20/3	[1091] SUŁEK, Adam	AZS UJ	Krakow	0:23:56.99 (04:12min/km)	0:23:56.99	+0:01:01.55
5 - M /5	M30/1	[2984] DUDZIAK, Tomasz			0:24:48.91 (04:21min/km)	0:24:50.31	+0:01:54.87
6 - M /6	M30/2	[2986] TARGOSZ, Michał	ITMBW Kraków		0:25:42.33 (04:30min/km)	0:25:42.33	+0:02:46.89
7 - M /7	M16/2	[1045] KIJAK, Jakub			0:26:30.33 (04:39min/km)	0:26:30.33	+0:03:34.89
8 - M /8	M30/3	[271] MARKOWICZ, Szymon		Krosno	0:26:42.08 (04:41min/km)	0:26:43.20	+0:03:47.76
9 - M /9	M16/3	[249] KUNZ, Marcin	Lacho Team	Kraków	0:26:45.50 (04:41min/km)	0:26:45.50	+0:03:50.06
10 - M /10	M20/4	[1075] BODURKA, Tomasz	Decathlon	Nielepice	0:26:47.83 (04:42min/km)	0:26:49.56	+0:03:54.12
11 - M /11	M30/4	[365] ZAJĄC, Piotr		Kraków	0:26:49.79 (04:42min/km)	0:26:49.79	+0:03:54.35
12 - M /12	M50/1	[2034] OPRYSZEK, Bogusław	ITMBW Kraków	Kraków	0:27:04.55 (04:45min/km)	0:27:04.97	+0:04:09.53
13 - M /13	M30/5	[2033] OKRAJEK, Zbigniew		Koniusza	0:27:08.48 (04:45min/km)	0:27:09.89	+0:04:14.45
14 - M /14	M30/6	[1097] SZKODZIŃSKI, Tomasz	Novomatic Technologies Poland	Kraków	0:27:07.93 (04:45min/km)	0:27:18.93	+0:04:23.49
15 - K /1	K30/1	[291] PIĄTEK, Karolina	nogamidogóry.pl	Kraków	0:27:39.43 (04:51min/km)	0:27:41.34	+0:04:45.90
16 - M /15	M20/5	[1102] BARTYZEL, Krzysztof	Młode Wilki	Krakow	0:27:48.04 (04:52min/km)	0:27:50.43	+0:04:54.99
17 - M /16	M30/7	[2905] PRZEBINDA, Łukasz			0:27:53.73 (04:53min/km)	0:27:54.84	+0:04:59.40
18 - M /17	M30/8	[2037] ROJEK, Maciej	AT	Kraków	0:28:06.71 (04:55min/km)	0:28:09.25	+0:05:13.81
19 - M /18	M20/6	[262] ŁACNY, Łukasz		Nowy Sącz	0:28:24.13 (04:58min/km)	0:28:25.45	+0:05:30.01
20 - M /19	M30/9	[375] ŻOŁNIEREK, Robert		Kraków	0:28:23.22 (04:58min/km)	0:28:26.71	+0:05:31.27
21 - M /20	M40/1	[1084] TRACZ, Sławomir		Myślenice	0:28:37.29 (05:01min/km)	0:28:41.57	+0:05:46.13
22 - K /2	K16/1	[2902] BIEDERMAN, Ada			0:28:44.52 (05:02min/km)	0:28:44.52	+0:05:49.08
23 - M /21	M40/2	[344] TICHORUK, Rafał	Poranny Patrol	Kraków	0:29:00.92 (05:05min/km)	0:29:04.13	+0:06:08.69
24 - M /22	M20/7	[341] ŚLĘZAK, Bartosz	LubelskiBiegacz	Kraków	0:29:04.63 (05:06min/km)	0:29:06.27	+0:06:10.83
25 - M /23	M30/10	[196] DURBAS, Maciej		Kraków	0:29:20.04 (05:08min/km)	0:29:25.04	+0:06:29.60
26 - M /24	M20/8	[265] MACHALICA, Jan		Kraków	0:29:21.07 (05:08min/km)	0:29:34.50	+0:06:39.06

27 - K /3	K20/1	[215]	HRUBY, Anna	AZS AWF Kraków	Rozkochów	0:29:48.87 (05:13min/km)	0:29:49.39	+0:06:53.95
28 - M /25	M16/4	[373]	ŻEŚLAWSKI, Mateusz	WKS Wawel BnO	Kraków	0:29:50.06 (05:14min/km)	0:29:50.81	+0:06:55.37
29 - M /26	M40/3	[1086]	WAĆŁAWSKI, Leszek		Zadroże	0:30:05.90 (05:16min/km)	0:30:06.95	+0:07:11.51
30 - M /27	M16/5	[2060]	WÓJCIK, Paweł	WKS Wawel BnO	Kraków	0:30:07.37 (05:17min/km)	0:30:07.97	+0:07:12.53
31 - K /4	K16/2	[2438]	CIESIÓŁKA, Katarzyna	WKS ŚLĄSK	WROCŁAW	0:30:11.14 (05:17min/km)	0:30:20.24	+0:07:24.80
32 - K /5	K16/3	[4]	GARBACIK, Maja	WKS Wawel BnO	Kraków	0:30:36.70 (05:22min/km)	0:30:36.70	+0:07:41.26
33 - M /28	M30/11	[2041]	SZELA, Tomasz	Nankatsu	Kraków	0:30:45.29 (05:23min/km)	0:30:50.29	+0:07:54.85
34 - K /6	K16/4	[2968]	HUTSENKO, Yelyzaveta			0:30:53.90 (05:25min/km)	0:30:54.10	+0:07:58.66
35 - M /29	M50/2	[267]	MACHLOWSKI, Ryszard	KKB DYSTANS	KRAKÓW	0:30:51.23 (05:24min/km)	0:30:57.42	+0:08:01.98
36 - K /7	K20/2	[2036]	PODGÓRNI, Marcelina		Kraków	0:30:58.77 (05:26min/km)	0:30:59.35	+0:08:03.91
37 - M /30	M20/9	[177]	BARGIEŁ, Marcin	Go Aptiv!	Kraków	0:31:00.47 (05:26min/km)	0:31:00.95	+0:08:05.51
38 - M /31	M30/12	[216]	INDYKA, Michał	Biegam bo taki mam kaprys :)	Trojanowice	0:31:02.13 (05:26min/km)	0:31:09.24	+0:08:13.80
39 - K /8	K16/5	[2380]	BLOCK, Amelia	UKS Orientus Łódź	Łódź	0:31:10.32 (05:28min/km)	0:31:12.84	+0:08:17.40
40 - M /32	M40/4	[330]	STĘŻOWSKI, Dariusz	Krówka Team	Kraków	0:31:09.57 (05:28min/km)	0:31:27.03	+0:08:31.59
41 - M /33	M40/5	[324]	SROKA, Wojciech	Wiolinka i Bemol	Kraków	0:31:28.12 (05:31min/km)	0:31:28.12	+0:08:32.68
42 - M /34	M40/6	[1082]	RZENNO, Łukasz	G.O.A.T. Team Michałowice	Kraków	0:31:18.79 (05:29min/km)	0:31:28.63	+0:08:33.19
43 - M /35	M16/6	[2057]	TARKO, Stefan	G.O.A.T. Team Michałowice	Zagórzycze Dworskie	0:31:16.06 (05:29min/km)	0:31:29.16	+0:08:33.72
44 - M /36	K30/2	[2893]	ZIÓŁKO, Kinga			0:31:28.72 (05:31min/km)	0:31:34.10	+0:08:38.66
45 - M /37	M30/13	[1100]	STEFANŃCZYK, Marek	BeFit24Team		0:31:28.93 (05:31min/km)	0:31:37.65	+0:08:42.21
46 - M /38	M30/14	[2029]	KUZICKI, Artur Kuzicki	brak	Kraków	0:31:46.12 (05:34min/km)	0:31:53.28	+0:08:57.84
47 - M /39	M40/7	[299]	PRZYWARA, Piotr	Skawina Biega	Skawina	0:31:55.28 (05:36min/km)	0:31:56.99	+0:09:01.55
48 - M /40	M40/8	[1077]	GARSTECKI, Michał	Skawina Biega	Skawina	0:31:56.76 (05:36min/km)	0:32:00.55	+0:09:05.11
49 - M /41	M30/15	[1083]	SANTAMARIA ALBERQUILLA, Franciscojose	Ardmon	Escorial (El)	0:32:05.15 (05:37min/km)	0:32:17.42	+0:09:21.98
50 - M /42	M16/7	[2900]	KUBAS, Piotr			0:32:09.08 (05:38min/km)	0:32:18.51	+0:09:23.07
51 - K /9	K30/3	[2483]	DOBROMILSKA, Agata		Krakow	0:32:11.45 (05:38min/km)	0:32:18.82	+0:09:23.38
52 - K /10	K16/6	[345]	TOPÓR, Magdalena	WKS Wawel BnO	Kraków	0:32:18.10 (05:40min/km)	0:32:21.34	+0:09:25.90
53 - M /43	M16/8	[288]	PARDYGAŁ, Michał		Kraków	0:32:25.31 (05:41min/km)	0:32:33.02	+0:09:37.58
54 - M /44	M40/9	[206]	GEDL, Przemysław		Kraków	0:32:30.73 (05:42min/km)	0:32:33.97	+0:09:38.53
55 - M /45	M30/16	[286]	OŻÓG, Robert	Skawina Biega	SKAWINA	0:32:29.63 (05:42min/km)	0:32:38.80	+0:09:43.36
56 - K /11	K16/7	[1090]	NATALIA, Kłaput			0:32:37.83 (05:43min/km)	0:32:40.50	+0:09:45.06
57 - M /46	M40/10	[301]	PUDEŁEK, Paweł	LKS Górzanka Nawojowa Góra		0:32:47.85 (05:45min/km)	0:32:51.55	+0:09:56.11
58 - K /12	K20/3	[203]	GAWŁOWSKA, Anna		Kraków	0:32:54.12 (05:46min/km)	0:33:01.55	+0:10:06.11
59 - K /13	K40/1	[2063]	ZAJĄCZKOWSKA-ORŁOWSKA, Katarzyna	WKS Wawel sekcja LA	Kraków	0:33:04.69 (05:48min/km)	0:33:06.14	+0:10:10.70
60 - M /47	M30/17	[2481]	CZYŻ, Radosław	WKS Wawel	Kraków	0:33:04.58 (05:48min/km)	0:33:06.60	+0:10:11.16

61 - M /48	M40/11	[316]	SKORUPA, Mariusz	LKS Górzanka Nawojowa Góra	Kraków	0:32:54.80 (05:46min/km)	0:33:25.78	+0:10:30.34
62 - M /49	M20/10	[2024]	KOLEGOWICZ, Damian	BeFit24Team	Kraków	0:33:37.34 (05:53min/km)	0:33:47.57	+0:10:52.13
63 - M /50	M40/12	[353]	WAŚIK, Marcin	TriWise	Kraków	0:33:39.70 (05:54min/km)	0:33:53.10	+0:10:57.66
64 - K /14	K30/4	[298]	PRZYWARA, Katarzyna	Skawina Biega	Skawina	0:34:00.26 (05:57min/km)	0:34:01.89	+0:11:06.45
65 - M /51	M60/1	[200]	FEDIRKO, Tadeusz	niezrzeszony	Kraków	0:34:03.63 (05:58min/km)	0:34:09.84	+0:11:14.40
66 - M /52	M50/3	[372]	ŻESLAWSKI, Wojciech	WKS Wawel BnO	Kraków	0:34:10.09 (05:59min/km)	0:34:11.63	+0:11:16.19
67 - M /53	M30/18	[283]	ORTMAN, Marcin		Kraków	0:34:05.59 (05:58min/km)	0:34:20.05	+0:11:24.61
68 - K /15	K30/5	[352]	WARSZAWSKA, Agnieszka		Kraków	0:34:06.11 (05:58min/km)	0:34:23.71	+0:11:28.27
69 - M /54	M30/19	[323]	SROKA, Sylwester		Wieliczka	0:34:16.39 (06:00min/km)	0:34:26.69	+0:11:31.25
70 - M /55	M50/4	[259]	LIS, Jacek	G.O.A.T. Team Michałowice	Kończyce	0:34:22.17 (06:01min/km)	0:34:32.71	+0:11:37.27
71 - M /56	M30/20	[246]	KUKLA, Daniel		Bochnia	0:34:32.84 (06:03min/km)	0:34:41.48	+0:11:46.04
72 - K /16	K16/8	[360]	WYPYCH, Urszula		Kraków	0:34:32.14 (06:03min/km)	0:34:44.46	+0:11:49.02
73 - K /17	K30/6	[178]	BARTUŚ, Joanna	G.O.A.T. Team Michałowice	Michałowice	0:34:47.48 (06:06min/km)	0:34:49.92	+0:11:54.48
74 - M /57	M30/21	[300]	PTASZNIK, Przemysław	WM Triself	Wieliczka	0:34:31.02 (06:03min/km)	0:34:50.85	+0:11:55.41
75 - M /58	M30/22	[354]	WAŹRÓBSKI, Mirosław		Kraków	0:34:34.12 (06:03min/km)	0:34:53.94	+0:11:58.50
76 - M /59	M20/11	[2028]	KUCZMA, Mateusz	BeFit24Team	KRAKÓW	0:34:43.79 (06:05min/km)	0:34:54.36	+0:11:58.92
77 - M /60	M40/13	[210]	GRATKA, Mirosław	1973	Kojszówka	0:34:34.96 (06:04min/km)	0:35:01.30	+0:12:05.86
78 - K /18	K20/4	[318]	SMĘDA, Agnieszka	Bochnia Biega	Kraków	0:34:53.68 (06:07min/km)	0:35:03.07	+0:12:07.63
79 - K /19	K30/7	[340]	SZWEJ, Joanna	Pogoria Biega	Kraków	0:34:24.63 (06:02min/km)	0:35:04.86	+0:12:09.42
80 - K /20	K30/8	[2992]	SIEMIŃSKA, Natalia			0:34:30.90 (06:03min/km)	0:35:09.20	+0:12:13.76
81 - K /21	K30/9	[31102992]	SIEMIŃSKA, Natalia		Kraków	0:34:30.90 (06:03min/km)	0:35:09.20	+0:12:13.76
82 - M /61	M30/23	[1099]	ROMANOWSKI, Łukasz	Husaria Race Team	Kraków	0:34:53.55 (06:07min/km)	0:35:15.89	+0:12:20.45
83 - K /22	K30/10	[336]	SZCZEPANIK, Renata	KRAKÓW	Kraków	0:35:13.22 (06:10min/km)	0:35:17.43	+0:12:21.99
84 - M /62	M16/9	[2899]	KAWALA, Patryk			0:32:57.60 (05:46min/km)	0:35:27.15	+0:12:31.71
85 - M /63	M30/24	[220]	JANIAK, Mariusz		Kraków	0:35:10.82 (06:10min/km)	0:35:33.14	+0:12:37.70
86 - M /64	M50/5	[256]	LATAŁA, Jarosław	Biegam Bo Lubię Kraków	Kraków	0:35:34.67 (06:14min/km)	0:35:42.21	+0:12:46.77
87 - M /65	M30/25	[251]	KURLETO, Kamil	Młode Wilki	Kraków	0:35:39.81 (06:15min/km)	0:35:46.09	+0:12:50.65
88 - M /66	M30/26	[296]	POCIĘGIEL, Michał	Skawina Biega	Radziszów	0:35:38.31 (06:15min/km)	0:35:50.02	+0:12:54.58
89 - M /67	M16/10	[1069]	LACHOWICZ, Kuba			0:35:54.43 (06:17min/km)	0:35:59.44	+0:13:04.00
90 - M /68	M16/11	[276]	MIŚKÓW, Krzysztof	KS Kościelec Chrzanów	Chrzanów	0:33:30.77 (05:52min/km)	0:36:00.08	+0:13:04.64
91 - K /23	K30/11	[2423]	CHYLEWSKA-OLECH, Dagmara Chylewska-Olech	BeFit24Team	Kraków	0:36:00.23 (06:18min/km)	0:36:04.66	+0:13:09.22
92 - K /24	K30/12	[338]	SZNAJDER, Joanna	G.O.A.T. Team Michałowice	Michałowice	0:35:57.08 (06:18min/km)	0:36:06.33	+0:13:10.89
93 - K /25	K30/13	[1207]	DUDZIAK, Dorota	#AdamCzerwińskiTeam	Kraków	0:35:57.26 (06:18min/km)	0:36:07.30	+0:13:11.86

94 - K /26	K40/2	[356]	WITEK, Aneta	SolarWinds	Wieliczka	0:36:08.04 (06:20min/km)	0:36:14.38	+0:13:18.94
95 - M /69	M30/27	[2494]	GRABOWSKI, Mariusz	#AdamCzerwińskiTeam	Kraków	0:36:08.24 (06:20min/km)	0:36:17.96	+0:13:22.52
96 - M /70	M30/28	[2038]	SMEREKA, Krzysztof		Kraków	0:36:10.25 (06:20min/km)	0:36:22.97	+0:13:27.53
97 - K /27	K40/3	[361]	ZABOROWSKA, Małgorzata		Liszki	0:36:23.40 (06:23min/km)	0:36:26.45	+0:13:31.01
98 - M /71	M30/29	[217]	IRLIK, Jacek	Niezrzeszony	Kraków	0:36:19.24 (06:22min/km)	0:36:27.95	+0:13:32.51
99 - M /72	M40/14	[2040]	SZAJEWSKI, Arkadiusz	O TAK ŁO	Kraków	0:36:20.91 (06:22min/km)	0:36:34.34	+0:13:38.90
100 - M /73	M40/15	[272]	MARZEC, Artur		Wieliczka	0:36:12.17 (06:21min/km)	0:36:34.52	+0:13:39.08
101 - M /74	M16/12	[313]	SIWIECKI, Maciej		Kraków	0:36:34.36 (06:24min/km)	0:36:38.58	+0:13:43.14
102 - M /75	M16/13	[371]	ŻESLAWSKI, Jakub	WKS Wawel BnO	Kraków	0:36:43.47 (06:26min/km)	0:36:45.36	+0:13:49.92
103 - K /28	K30/14	[226]	KAPOŁKA, Agata	Skawina Biega	Skawina	0:36:47.02 (06:27min/km)	0:36:49.33	+0:13:53.89
104 - M /76	M30/30	[319]	SMOLIŃSKI, Dominik		Kraków	0:36:37.36 (06:25min/km)	0:36:53.15	+0:13:57.71
105 - M /77	M20/12	[254]	KUTYBA, Marek		Kraków	0:36:31.40 (06:24min/km)	0:36:57.21	+0:14:01.77
106 - M /78	M50/6	[327]	STANEK, Rafał	Zabierzów Biega	Karniowice	0:36:51.61 (06:28min/km)	0:36:57.80	+0:14:02.36
107 - M /79	M40/16	[219]	JAMROZIK, Krzysiek	WKS Wawel BnO	Kraków	0:36:36.80 (06:25min/km)	0:37:00.51	+0:14:05.07
108 - M /80	M40/17	[270]	MACINA, Dariusz		Podłęże	0:36:55.48 (06:28min/km)	0:37:12.66	+0:14:17.22
109 - K /29	K30/15	[350]	TYLEK, Agata	Skawina Biega	Brzyczyna	0:37:11.65 (06:31min/km)	0:37:13.62	+0:14:18.18
110 - M /81	M60/2	[2487]	FAJTO, Maciej	Murzasiczle Team Sport	Murzasiczle	0:36:58.91 (06:29min/km)	0:37:16.59	+0:14:21.15
111 - M /82	M40/18	[275]	MIKUŁA, Grzegorz	I like Monday morning	Kraków	0:37:06.28 (06:30min/km)	0:37:20.22	+0:14:24.78
112 - M /83	M30/31	[1104]	KOSOŃ, Krzysztof			0:36:59.59 (06:29min/km)	0:37:27.18	+0:14:31.74
113 - M /84	M60/3	[292]	PIĄTEK, Stanisław	ITMBW Kraków	Kraków	0:37:21.31 (06:33min/km)	0:37:30.23	+0:14:34.79
114 - K /30	K20/5	[268]	MACIASZ, Sylwia		Połom Mały	0:37:03.41 (06:30min/km)	0:37:30.81	+0:14:35.37
115 - K /31	K30/16	[1059]	WOJTOWICZ, Magdalena	Trailrun		0:37:05.40 (06:30min/km)	0:37:32.34	+0:14:36.90
116 - M /85	M60/4	[2508]	ZIÓŁKO, Jan	JADWIGA		0:37:27.63 (06:34min/km)	0:37:33.48	+0:14:38.04
117 - K /32	K30/17	[363]	ZAJĄC, Ilona	Skawina Biega	SKAWINA	0:37:37.74 (06:36min/km)	0:37:39.43	+0:14:43.99
118 - K /33	K30/18	[1049]	WIECH, Anna			0:37:19.77 (06:32min/km)	0:37:46.64	+0:14:51.20
119 - M /86	M30/32	[332]	STRUZIK, Bartłomiej		Kraków	0:37:32.27 (06:35min/km)	0:37:49.30	+0:14:53.86
120 - M /87	M40/19	[222]	JĘDRZEJEWSKI, Włodzimierz	Cisco Running Team	KRAKOW	0:37:34.54 (06:35min/km)	0:37:54.85	+0:14:59.41
121 - M /88	M20/13	[1050]	LEŚNIAK, Jacek			0:37:54.70 (06:39min/km)	0:37:58.80	+0:15:03.36
122 - M /89	M40/20	[230]	KIEŁB, Grzegorz	G.O.A.T. Team Michałowice	Zagórzycze Stare	0:37:52.70 (06:38min/km)	0:38:00.85	+0:15:05.41
123 - K /34	K16/9	[1089]	SKORUPA, Maja	LKS Górzanka Nawojowa Góra	Kraków	0:37:56.89 (06:39min/km)	0:38:12.82	+0:15:17.38
124 - M /90	M20/14	[187]	BOVSUNIVSKYI, Sergii	Heineken Krakow Running Club	Krakow	0:37:50.96 (06:38min/km)	0:38:15.26	+0:15:19.82
125 - M /91	M30/33	[1088]	ZUBALSKI, Artur	RING KRAKÓW	Kraków	0:38:06.77 (06:41min/km)	0:38:18.98	+0:15:23.54
126 - K /35	K20/6	[2031]	MORAWSKA, Aleksandra	Skawina Biega	Skawina	0:38:22.00 (06:43min/km)	0:38:24.42	+0:15:28.98
127 - K /36	K30/19	[369]	ZIĘBA-ŚLADOWSKA, Agata	Skawina Biega	RADZISZÓW	0:38:21.45 (06:43min/km)	0:38:24.78	+0:15:29.34

128 - M /92	M30/34	[235]	KOMISARCZUK, Arkadiusz	Medius Runners	Kraków	0:37:50.58 (06:38min/km)	0:38:25.87	+0:15:30.43
129 - K /37	K20/7	[197]	DYLAŁ, Marlena	G.O.A.T. Team Michałowice	Michałowice	0:38:12.07 (06:42min/km)	0:38:30.88	+0:15:35.44
130 - M /93	M50/7	[201]	FORYTEK, Józef	WKS Wawel BnO	Kraków	0:38:24.31 (06:44min/km)	0:38:32.68	+0:15:37.24
131 - K /38	K50/1	[294]	PLATA, Agnieszka	Dzieło Pomocy św Ojca Pio	Kraków	0:38:20.27 (06:43min/km)	0:38:43.38	+0:15:47.94
132 - M /94	M40/21	[358]	WÓJCIK, Grzegorz	WKS Wawel BnO	Kraków	0:38:44.83 (06:47min/km)	0:38:45.21	+0:15:49.77
133 - M /95	M30/35	[2030]	ŁASKAWSKI, Michał	BeFit24Team	Kraków	0:38:27.91 (06:44min/km)	0:38:45.33	+0:15:49.89
134 - K /39	K30/20	[287]	PAJOR-LESZCZYŃSKA, Aleksandra		KRAKOW	0:38:48.10 (06:48min/km)	0:38:53.35	+0:15:57.91
135 - K /40	K30/21	[368]	ZIELIŃSKA-KOŁACZ, Ewelina	Wkurw_Team	Kraków	0:38:52.78 (06:49min/km)	0:38:58.80	+0:16:03.36
136 - M /96	M30/36	[2032]	MULLER, Rafał Muller	BeFit24Team	Kraków	0:38:44.15 (06:47min/km)	0:38:59.31	+0:16:03.87
137 - K /41	K50/2	[266]	MACHLOWSKA, Grażyna	KKB DYSTANS	KRAKÓW	0:38:47.02 (06:48min/km)	0:39:01.25	+0:16:05.81
138 - M /97	M50/8	[208]	GRABOWSKI, Jan	Skawina Biega	Gołuchowice	0:38:52.90 (06:49min/km)	0:39:02.91	+0:16:07.47
139 - K /42	K30/22	[364]	ZAJĄC, Monika		Kraków	0:38:51.50 (06:49min/km)	0:39:05.67	+0:16:10.23
140 - M /98	M30/37	[205]	GAŚSIOR, Marcin		Kraków	0:38:43.04 (06:47min/km)	0:39:12.13	+0:16:16.69
141 - K /43	K40/4	[348]	TOPÓR, Monika	WKS Wawel BnO	Kraków	0:39:02.41 (06:50min/km)	0:39:16.66	+0:16:21.22
142 - K /44	K40/5	[342]	ŚLIWA, Anna	Skawina Biega	Skawina	0:39:17.14 (06:53min/km)	0:39:18.95	+0:16:23.51
143 - K /45	K30/23	[184]	BIŁOCHA, Ewa		Kraków	0:38:57.57 (06:50min/km)	0:39:28.69	+0:16:33.25
144 - K /46	K16/10	[325]	SROKA, Zuzanna		Kraków	0:39:43.34 (06:58min/km)	0:40:12.55	+0:17:17.11
145 - M /99	M50/9	[1183]	DULIASZ, Cezary			0:40:06.11 (07:02min/km)	0:40:26.04	+0:17:30.60
146 - K /47	K20/8	[183]	BIELECKA, Ewa		Kraków	0:40:06.11 (07:02min/km)	0:40:26.04	+0:17:30.60
147 - K /48	K50/3	[189]	BUGAJ, Teresa	WKS Wawel BnO	Kraków	0:40:05.99 (07:02min/km)	0:40:27.61	+0:17:32.17
148 - K /49	K20/9	[349]	TWARDOWSKA, Kornelia		Kraków	0:40:19.61 (07:04min/km)	0:40:39.89	+0:17:44.45
149 - M /100	M60/5	[192]	CEKIERA, Antoni	combex	Kraków	0:40:28.54 (07:06min/km)	0:40:50.41	+0:17:54.97
150 - M /101	M40/22	[234]	KOFIN, Maciej	#AdamCzerwińskiTeam	Kraków	0:40:45.86 (07:09min/km)	0:40:56.55	+0:18:01.11
151 - M /102	M40/23	[1098]	BOUFRAHI, Rysiek		Krakow	0:40:23.70 (07:05min/km)	0:40:57.43	+0:18:01.99
152 - M /103	M50/10	[2906]	SZCZĘŚNIAK, Jarosz			0:40:55.05 (07:10min/km)	0:41:01.93	+0:18:06.49
153 - M /104	M40/24	[2909]	BLAUT, Marcin			0:40:36.18 (07:07min/km)	0:41:04.26	+0:18:08.82
154 - M /105	M20/15	[253]	KURUS, Tomasz	KATO	Kraków	0:40:38.66 (07:07min/km)	0:41:10.94	+0:18:15.50
155 - K /50	K30/24	[782]	ŻAK, Elżbieta	BeFit24Team	Kraków	0:40:54.85 (07:10min/km)	0:41:11.39	+0:18:15.95
156 - M	M30/38	[1058]	RYTOV, Oleksi			0:40:56.18 (07:10min/km)	0:41:16.20	+0:18:20.76

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157 - K /51	K40/6	[209]	GRATKA, Beata	1974	Kojszówka	0:40:56.69 (07:11min/km)	0:41:25.45	+0:18:30.01
158 - M /107	M20/16	[1046]	ZAPART, Mateusz			0:40:56.53 (07:10min/km)	0:41:26.53	+0:18:31.09
159 - K /52	K30/25	[1076]	BURNUS, Beata	Night Runners	Kraków	0:41:15.33 (07:14min/km)	0:41:31.26	+0:18:35.82
160 - K /53	K40/7	[239]	KOZIOŁ, Agnieszka	Night Runners	Kraków	0:41:11.91 (07:13min/km)	0:41:41.75	+0:18:46.31
161 - M /108	M40/25	[290]	PATER, Janusz	MJMETAL OŚWIĘCIM	OŚWIĘCIM	0:41:25.62 (07:16min/km)	0:41:58.52	+0:19:03.08
162 - K /54	K40/8	[2064]	ZAWADA, Magdalena		Kraków	0:41:45.00 (07:19min/km)	0:42:03.20	+0:19:07.76
163 - K /55	K16/11	[1073]	BIEGUN, Katarzyna			0:41:42.23 (07:18min/km)	0:42:06.64	+0:19:11.20
164 - M /109	M50/11	[2039]	SUKIENNIK, Artur		Krakw	0:41:41.39 (07:18min/km)	0:42:16.38	+0:19:20.94
165 - K /56	K30/26	[2062]	WYRZYKOWSKA, Katarzyna	Skawina Biega	Skawina	0:42:17.34 (07:25min/km)	0:42:20.64	+0:19:25.20
166 - M /110	M30/39	[269]	MACIEJAS, Marcin		Proszowice	0:42:02.74 (07:22min/km)	0:42:22.10	+0:19:26.66
167 - K /57	K40/9	[320]	SOŁTYS, Alicja	Skawina Biega	Kraków	0:42:28.35 (07:27min/km)	0:42:31.04	+0:19:35.60
168 - K /58	K30/27	[1072]	BEDNARZ, Sylwia	G.O.A.T. Team Michałowice	Michałowice	0:42:23.24 (07:26min/km)	0:42:34.91	+0:19:39.47
169 - K /59	K50/4	[1057]	RAJTAR, Renata	Team Rontil-Comapss		0:42:27.38 (07:26min/km)	0:42:39.79	+0:19:44.35
170 - K /60	K30/28	[182]	BIEDROŃ, Monika	WM Triself	Kraków	0:42:06.90 (07:23min/km)	0:42:40.96	+0:19:45.52
171 - M /111	M30/40	[1070]	BIELIK, Radosław	WKURW_TEAM	Kraków	0:42:18.65 (07:25min/km)	0:42:41.44	+0:19:46.00
172 - M /112	M40/26	[310]	SERWATKA, Szymon		Zielonki	0:42:35.45 (07:28min/km)	0:43:03.10	+0:20:07.66
173 - K /61	K30/29	[2464]	RAMOTOWSKA, Dominika	SolarWinds	Krakow	0:42:50.91 (07:31min/km)	0:43:11.75	+0:20:16.31
174 - K /62	K20/10	[240]	KOZIOŁ, Aneta		Kraków	0:42:46.03 (07:30min/km)	0:43:11.85	+0:20:16.41
175 - K /63	K20/11	[2027]	KRUK, Paulina	Night Runners	Kraków	0:42:55.21 (07:31min/km)	0:43:23.54	+0:20:28.10
176 - M /113	M40/27	[321]	SOWA, Grzegorz	ITMBW Kraków	Kraków	0:43:06.09 (07:33min/km)	0:43:23.87	+0:20:28.43
177 - K /64	K50/5	[303]	PULNIK, Andżelika	Nowohucki Kombinat Sportowy	Kraków	0:43:16.87 (07:35min/km)	0:43:38.81	+0:20:43.37
178 - K /65	K30/30	[190]	BUGAJSKA, Katarzyna		Kraków	0:43:27.87 (07:37min/km)	0:43:54.10	+0:20:58.66
179 - K /66	K30/31	[244]	KUBIESA, Patrycja	Husaria Race Team	Kraków	0:43:43.50 (07:40min/km)	0:44:04.79	+0:21:09.35
180 - K /67	K40/10	[277]	MUCHA, Aleksandra		Kraków	0:43:43.21 (07:40min/km)	0:44:19.92	+0:21:24.48
181 - K /68	K40/11	[204]	GAWOR, Monika	BeFit24Team	Krakow	0:44:29.66 (07:48min/km)	0:44:42.34	+0:21:46.90
182 - K /69	K30/32	[2059]	WIŚNIEWSKA, Agnieszka Wiśniowska		skawina	0:44:11.26 (07:45min/km)	0:44:44.09	+0:21:48.65
183 - K /70	K40/12	[2474]	CZARNECKA, Eliza		Kraków	0:44:21.65 (07:46min/km)	0:44:58.27	+0:22:02.83

184 - M /114	M60/6	[248]	KULA, Tadeusz	KKB DYSTANS	Kraków	0:44:57.61 (07:53min/km)	0:45:30.58	+0:22:35.14
185 - K /71	K30/33	[176]	BARAŃSKA, Maria		KRAKÓW	0:45:12.78 (07:55min/km)	0:45:35.45	+0:22:40.01
186 - K /72	K30/34	[1085]	WASOWICZ, Katarzyna		Niepołomice	0:45:31.20 (07:59min/km)	0:45:56.79	+0:23:01.35
187 - K /73	K30/35	[2025]	KOSCIELNA, Grazyna		Kraków	0:45:36.45 (08:00min/km)	0:46:16.10	+0:23:20.66
188 - M /115	M30/41	[241]	KRAWCZYK, Wojciech		Kraków	0:46:28.83 (08:09min/km)	0:46:55.94	+0:24:00.50
189 - K /74	K16/12	[252]	KURTYKA, Joanna		RADWANOWICE	0:46:41.22 (08:11min/km)	0:47:07.58	+0:24:12.14
190 - K /75	K16/13	[322]	SROKA, Joanna		Kraków	0:47:10.84 (08:16min/km)	0:47:42.41	+0:24:46.97
191 - K /76	K30/36	[374]	ŻOŁNIEREK, Renata		Kraków	0:47:20.47 (08:18min/km)	0:47:57.05	+0:25:01.61
192 - K /77	K50/6	[1080]	MICHNA, Ewa		Lusina	0:49:09.74 (08:37min/km)	0:49:35.36	+0:26:39.92
193 - K /78	K40/13	[304]	PYCHOWSKA-SROKA, Justyna		Kraków	0:49:17.05 (08:38min/km)	0:49:47.23	+0:26:51.79
194 - M /116	M20/17	[279]	NIEDBACH, Marek		Nowe Rybie	0:49:14.21 (08:38min/km)	0:49:48.48	+0:26:53.04
195 - K /79	K40/14	[2492]	GAWĘDA, Beata	Małokoźmicy Biegacze	Wieliczka	0:49:21.68 (08:39min/km)	0:49:50.23	+0:26:54.79
196 - K /80	K30/37	[1079]	ŁUKASIAK, Izabela		Kraków	0:49:46.04 (08:43min/km)	0:50:10.56	+0:27:15.12
197 - K /81	K40/15	[191]	BURDA, Monika	#AdamCzerwińskiTeam	Kraków	0:50:18.71 (08:49min/km)	0:50:29.73	+0:27:34.29
198 - K /82	K50/7	[218]	JAKUBEK, Hanna	Skawina Biega	Skawina	0:50:25.38 (08:50min/km)	0:50:35.26	+0:27:39.82
199 - M /117	M70/1	[233]	KNAPIK, Jerzy	Dystans Kraków	Kraków	0:51:14.86 (08:59min/km)	0:51:54.01	+0:28:58.57
200 - K /83	K40/16	[221]	JAROSZ-SIEMBIOT, Anna		Kraków	0:51:51.93 (09:05min/km)	0:52:21.17	+0:29:25.73
201 - M /118	M30/42	[339]	SZPOTON, Artur		Kraków	0:50:29.82 (08:51min/km)	0:52:44.24	+0:29:48.80
202 - K /84	K30/38	[351]	TYLISZCZAK, Bożena		Kraków	0:52:25.84 (09:11min/km)	0:53:03.67	+0:30:08.23
203 - M /119	M40/28	[264]	ŁĘŻNIAK, Arkadiusz		Kraków	0:53:02.42 (09:18min/km)	0:53:21.53	+0:30:26.09
204 - K /85	K50/8	[337]	SZEWczyk, Katarzyna	Iron Dragon Triathlon	Kraków	0:51:31.36 (09:02min/km)	0:53:30.46	+0:30:35.02
205 - M /120	M40/29	[181]	BIEDERMAN, Paweł	WKS Wawel BnO	Iwanowice Włociańskie	1:02:55.06 (11:02min/km)	1:02:55.06	+0:39:59.62
206 - M /121	M40/30	[194]	CZAPLA, Przemysław	WKS Wawel BnO	Kraków	1:04:24.93 (11:18min/km)	1:04:35.41	+0:41:39.97
207 - M /122	M60/7	[1121]	BIAŁKA, Rafał	G.O.A.T. Team Michałowice	Michałowice	1:05:56.82 (11:34min/km)	1:06:15.84	+0:43:20.40
208 - M /123	M60/8	[1204]	KAMISIŃSKI, Marek	BeFit24Team		1:10:59.89 (12:27min/km)	1:11:12.10	+0:48:16.66

209 - M /124	M60/9	[1193] WALNIK, Rafał	_Skawina Biega		1:13:18.95 (12:51min/km)	1:13:36.81	+0:50:41.37
210 - M /125	M20/18	[1041] MIROCHA, Mateusz			1:20:19.30 (14:05min/km)	1:20:57.66	+0:58:02.22
211 - M /126	M20/19	[1042] PAWLICA, Józef			1:20:20.18 (14:05min/km)	1:20:58.60	+0:58:03.16
212 - M /127	M16/14	[1202] POŚNIK, Jan	Husaria Race Team		1:23:25.68 (14:38min/km)	1:23:49.71	+1:00:54.27
	K40	[199] ETTERLE-BIEDERMAN, Lilianna	WKS Wawel BnO	IWANOWICE WŁOŚCIAŃSKIE			DNF