

## 5,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M16/1	[1537] SEMPER Mateusz	MKS-MOS Płomień Sosnowiec	Sosnowiec	0:22:23.71 (03:55min/km)	0:22:23.71	+0:00:00.00
2 - M/2	M20/1	[1535] RZEŃCA Krzysztof	UKS Orientuś Łódź	Łódź	0:23:12.99 (04:04min/km)	0:23:12.99	+0:00:49.28
3 - M/3	M20/2	[8] BABULA Przemysław	KU AZS Politechnika Opolska	Gliwice	0:23:52.93 (04:11min/km)	0:23:52.93	+0:01:29.22
4 - M/4	M30/1	[74] BUJAŁA Michał	RunningPerformance	Jawor	0:24:08.89 (04:14min/km)	0:24:08.89	+0:01:45.18
5 - M/5	M16/2	[42] BIEDERMAN Marcin	WKS Wawel BnO	Kraków	0:24:30.70 (04:18min/km)	0:24:30.70	+0:02:06.99
6 - M/6	M30/2	[677] ZDZIEBŁO Marcin		Żory	0:25:20.90 (04:26min/km)	0:25:20.90	+0:02:57.19
7 - M/7	M40/1	[669] ZAJĄC Piotr	Ekipa z Tarnowa Bieniasz Bike	Tarnów	0:25:43.14 (04:30min/km)	0:25:43.14	+0:03:19.43
8 - M/8	M16/3	[1616] KIJAK Jakub			0:26:43.53 (04:41min/km)	0:26:43.53	+0:04:19.82
9 - M/9	M30/3	[355] MARKOWICZ Szymon	AZSUJ	Krosno	0:26:51.17 (04:42min/km)	0:26:51.17	+0:04:27.46
10 - M/10	M20/3	[1545] SZYMACZEK Kamil		Kraków	0:27:57.64 (04:54min/km)	0:28:02.55	+0:05:38.84
11 - K/1	K16/1	[148] GARBACIK Maja	WKS Wawel BnO	Kraków	0:28:16.51 (04:57min/km)	0:28:16.51	+0:05:52.80
12 - M/11	M20/4	[920] SCHRAMM Rafał	@Sprintem_do_Ultra	Kraków	0:28:51.01 (05:03min/km)	0:28:51.01	+0:06:27.30
13 - M/12	M30/4	[1521] MUSIAŁ Dawid	Hager	Kraków	0:28:52.95 (05:04min/km)	0:28:52.95	+0:06:29.24
14 - M/13	M20/5	[663] WRONA Daniel Wrona	RunningPerformance	Kraków	0:28:53.83 (05:04min/km)	0:28:53.93	+0:06:30.22
15 - M/14	M16/4	[1610] BARAN Grzegorz	WKS WAWEL		0:28:55.67 (05:04min/km)	0:28:55.67	+0:06:31.96
16 - M/15	M30/5	[1533] REGIEC Mateusz	Gypsy Runner's	BRZESKO	0:29:01.57 (05:05min/km)	0:29:02.47	+0:06:38.76
17 - M/16	M16/5	[291] KUNZ Marcin	Lacho Team	Kraków	0:29:03.16 (05:05min/km)	0:29:03.16	+0:06:39.45
18 - M/17	M16/6	[79] BYRCZEK Jan	UKS Kometa Gliwice	Gliwice	0:29:34.19 (05:11min/km)	0:29:34.19	+0:07:10.48
19 - M/18	M30/6	[625] VITTORIANO Reno	Pesce	Krakow	0:29:51.42 (05:14min/km)	0:29:51.42	+0:07:27.71
20 - M/19	M16/7	[288] KUDRYŚ Kazimierz	Kęckie Harpagany	Miedzybrodzie Bialskie	0:29:56.37 (05:15min/km)	0:29:56.37	+0:07:32.66
21 - M/20	M16/8	[887] MACHALICA Jan			0:29:56.12 (05:15min/km)	0:29:57.32	+0:07:33.61
22 - M/21	M20/6	[66] BRUZGIELEWICZ Piotr		Kraków	0:29:56.10 (05:15min/km)	0:29:57.80	+0:07:34.09
23 - M/22	M20/7	[1624] ZMARZLIŃSKI Kacper			0:30:08.79 (05:17min/km)	0:30:11.24	+0:07:47.53
24 - M/23	M20/8	[848] GAJDA Kamil		Mysłowice	0:30:27.58 (05:20min/km)	0:30:30.26	+0:08:06.55
25 - K/2	K16/2	[4] BIEDERMAN Adrianna	WKS Wawel BnO	Kraków	0:30:52.92 (05:25min/km)	0:30:52.92	+0:08:29.21
26 - M/24	M40/2	[1617] CHOPIN-STEFAŃCZYK Artur	Klub biegaczyJYSK		0:30:56.11 (05:25min/km)	0:30:57.23	+0:08:33.52
27 - M/25	M40/3	[945] WAĆŁAWSKI Leszek		Zadroże	0:31:13.79 (05:28min/km)	0:31:13.79	+0:08:50.08
28 - M/26	M20/9	[1518] MILA Jacek	WKS Wawel Kraków- PN	Kraków	0:31:00.51 (05:26min/km)	0:31:14.61	+0:08:50.90
29 - M/27	M20/10	[591] ŚLĘZAK Bartosz	ŚLĘZAK TEAM	Kraków	0:31:24.18 (05:30min/km)	0:31:25.48	+0:09:01.77
30 - M/28	M40/4	[362] MAŚLANKA Jarosław	Pega Runners	Krzywaczka	0:31:32.34 (05:31min/km)	0:31:32.34	+0:09:08.63
31 - M/29	M40/5	[1172] BŁASZCZAK Jarosław	Aptiv Running Team	Kraków	0:31:41.37 (05:33min/km)	0:31:49.76	+0:09:26.05
32 - K/3	K20/1	[1162] BAZUŁKA Aleksandra	AZSUJ	Kraków	0:31:44.50 (05:34min/km)	0:32:06.26	+0:09:42.55
33 - M/30	M30/7	[1604] ZAJĄC Bartosz	Zajączki	Kraków	0:31:50.39 (05:35min/km)	0:32:07.01	+0:09:43.30
34 - K/4	K40/1	[433] PACHURA Kinga		Mszana Dolna	0:32:19.62 (05:40min/km)	0:32:19.62	+0:09:55.91
35 - M/31	M40/6	[1529] PRZYWARA Piotr	Skawina Biega	Skawina	0:32:23.57 (05:40min/km)	0:32:25.08	+0:10:01.37

36 - M/32	M40/7	[448]	PIASECKI Leszek		Kraków	0:32:25.99 (05:41min/km)	0:32:31.52	+0:10:07.81
37 - K/5	K20/2	[1607]	WICHA Małgorzata	WKS WAWEL		0:32:32.82 (05:42min/km)	0:32:32.82	+0:10:09.11
38 - M/33	M20/11	[29]	BARGIEŁ Marcin	Aptiv Running Team	Kraków	0:32:36.50 (05:43min/km)	0:32:44.37	+0:10:20.66
39 - M/34	M40/8	[154]	GEDL Przemysław		Kraków	0:32:47.50 (05:45min/km)	0:32:47.50	+0:10:23.79
40 - K/6	K30/1	[56]	BOJDA Małgorzata	Biegam bo lubię	Kraków	0:32:49.85 (05:45min/km)	0:32:49.85	+0:10:26.14
41 - M/35	M30/8	[900]	OSZAJCA Mateusz	Aptiv Running Team		0:32:36.02 (05:43min/km)	0:32:55.19	+0:10:31.48
42 - K/7	K16/3	[323]	LISTEK Marta	WKS Wawel BnO	Kraków	0:33:01.97 (05:47min/km)	0:33:01.97	+0:10:38.26
43 - M/36	M30/9	[159]	GŁODKIEWICZ Tadeusz		NOWY TARG	0:33:04.33 (05:48min/km)	0:33:10.15	+0:10:46.44
44 - K/8	K20/3	[1542]	STĘPIEŃ Małgorzata	DBSoP	Kraków	0:33:11.64 (05:49min/km)	0:33:14.91	+0:10:51.20
45 - M/37	M40/9	[172]	GRATKA Mirosław		KOJSZÓWKA	0:33:15.27 (05:50min/km)	0:33:20.58	+0:10:56.87
46 - M/38	M40/10	[570]	SZAWUL Piotr	ITMBW Kraków	Kraków	0:33:23.32 (05:51min/km)	0:33:33.96	+0:11:10.25
47 - M/39	M50/1	[1525]	ORDZOWIAŁY Piotr	Osiele-Cki Team	Osielec	0:33:35.68 (05:53min/km)	0:33:35.68	+0:11:11.97
48 - M/40	M16/9	[478]	PUDEŁEK Błażej	LKS Górzanka Nawojowa Góra	Kraków	0:33:24.40 (05:51min/km)	0:33:35.80	+0:11:12.09
49 - M/41	M40/11	[665]	WRÓBEL Piotr		Wieliczka	0:33:33.70 (05:53min/km)	0:33:45.41	+0:11:21.70
50 - M/42	M40/12	[1495]	DZIEDZINIEWICZ Waldemar Dziedziniewicz	ITMBW Kraków	Kraków	0:33:36.25 (05:53min/km)	0:33:48.79	+0:11:25.08
51 - K/9	K30/2	[67]	BRZESKA Elżbieta	Lacho Team	Kraków	0:33:55.01 (05:57min/km)	0:33:56.72	+0:11:33.01
52 - K/10	K30/3	[874]	KRYNICKA-PAŁKA Monika		Krzyszowice	0:34:00.53 (05:57min/km)	0:34:07.06	+0:11:43.35
53 - M/43	M20/12	[1621]	OSIADACZ Jakub			0:33:58.29 (05:57min/km)	0:34:14.91	+0:11:51.20
54 - K/11	K16/4	[527]	SŁOŃSKA Zosia	WKS Wawel BnO	Kraków	0:34:12.27 (06:00min/km)	0:34:15.38	+0:11:51.67
55 - M/44	M20/13	[1509]	KOWAL Piotr	WKS Wawel BnO	Kraków	0:34:02.06 (05:58min/km)	0:34:27.45	+0:12:03.74
56 - K/12	K20/4	[534]	SOŁTYSIK Ania	Night Runners	Nowy Sącz	0:34:27.81 (06:02min/km)	0:34:35.76	+0:12:12.05
57 - M/45	M60/1	[951]	ZIÓŁKO Jan			0:34:36.14 (06:04min/km)	0:34:36.14	+0:12:12.43
58 - M/46	M40/13	[434]	PAJDA Grzegorz	le scandale	KRAKOW	0:34:25.76 (06:02min/km)	0:34:36.88	+0:12:13.17
59 - M/47	M30/10	[950]	ZARZYCKI Piotr		Kraków	0:34:29.16 (06:03min/km)	0:34:38.85	+0:12:15.14
60 - M/48	M30/11	[531]	SMOLIŃSKI Dominik		Kraków	0:34:39.27 (06:04min/km)	0:34:48.34	+0:12:24.63
61 - M/49	M40/14	[256]	KOŚCIELNICKI Maciej	Didusie Racing	Kamień	0:34:57.09 (06:07min/km)	0:34:59.03	+0:12:35.32
62 - M/50	M30/12	[330]	ŁAKOMSKI Łukasz	rowerowanie.pl	KRAKÓW	0:34:56.10 (06:07min/km)	0:35:03.09	+0:12:39.38
63 - M/51	M20/14	[1611]	PACIOREK Michał			0:34:50.31 (06:06min/km)	0:35:06.49	+0:12:42.78
64 - M/52	M20/15	[1487]	CHMURA Jarosław		Kraków	0:35:08.68 (06:09min/km)	0:35:12.03	+0:12:48.32
65 - M/53	M60/2	[128]	FEDIRKO Tadeusz	niezrzeszony	Kraków	0:35:14.79 (06:11min/km)	0:35:20.41	+0:12:56.70
66 - K/13	K20/5	[1492]	DZIECIUCHOWICZ Katarzyna	Biegam sobie	Kraków	0:35:22.17 (06:12min/km)	0:35:24.64	+0:13:00.93
67 - M/54	M50/2	[1609]	GAŁ Wojciech			0:35:17.12 (06:11min/km)	0:35:25.51	+0:13:01.80
68 - K/14	K16/5	[662]	WÓJCIK Natalia	WKS Wawel BnO	Kraków	0:35:24.17 (06:12min/km)	0:35:26.82	+0:13:03.11
69 - M/55	M30/13	[477]	PTASZNIK Przemysław	Aktywna Strona Życia	Wieliczka	0:35:23.53 (06:12min/km)	0:35:30.45	+0:13:06.74
70 - K/15	K20/6	[411]	NYGA Julia	UKS Kometa Gliwice	Gliwice	0:35:33.47 (06:14min/km)	0:35:36.93	+0:13:13.22
71 - M/56	M20/16	[952]	ANDRZEJCZYK Adrian		Kraków	0:35:28.44 (06:13min/km)	0:35:54.74	+0:13:31.03
72 - K/16	K20/7	[368]	MĘŻYK Aleksandra		Kraków	0:35:40.28 (06:15min/km)	0:35:59.37	+0:13:35.66
73 - M/57	M40/15	[421]	OLEJNIK Tomek	WKS Wawel BnO	Kraków	0:35:53.48 (06:17min/km)	0:36:07.97	+0:13:44.26
74 - K/17	K40/2	[1494]	DZIEDZINIEWICZ Agnieszka	ITMBW Kraków	Kraków	0:35:57.30 (06:18min/km)	0:36:08.73	+0:13:45.02
75 - K/18	K20/8	[943]	TRZCIONKA Justyna	Bieganie Góry Las Błoto	Kraków	0:36:12.85 (06:21min/km)	0:36:22.75	+0:13:59.04
76 - K/19	K20/9	[157]	GLEGOŁA Adrianna		Kraków	0:36:09.54 (06:20min/km)	0:36:30.47	+0:14:06.76
77 - M/58	M40/16	[926]	SKORUPA Mariusz	LKS Górzanka Nawojowa Góra	Kraków	0:35:59.16 (06:18min/km)	0:36:31.54	+0:14:07.83
78 - K/20	K40/3	[108]	DANIELAK Małgorzata		Zielonki	0:36:36.07 (06:25min/km)	0:36:36.07	+0:14:12.36

79 - M/59	M20/17	[1516]	MARKOWSKI Krzysztof Markowski		Osiny	0:36:16.17 (06:21min/km)	0:36:41.04	+0:14:17.33
80 - K/21	K16/6	[467]	POLEWKA Aleksandra	UKS Kometa Gliwice	Gliwice	0:36:37.23 (06:25min/km)	0:36:41.19	+0:14:17.48
81 - M/60	M30/14	[315]	LEWICKI Krzysztof	Sport Konsulting	Kraków	0:36:32.02 (06:24min/km)	0:36:48.20	+0:14:24.49
82 - M/61	M30/15	[567]	SZAJEWSKI Arkadiusz	O TAK ŁO	KRAKÓW	0:36:32.26 (06:24min/km)	0:36:53.08	+0:14:29.37
83 - M/62	M20/18	[1530]	PYTKA Marek		Chelmek	0:36:50.26 (06:27min/km)	0:36:53.50	+0:14:29.79
84 - M/63	M50/3	[309]	LATAŁA Jarosław	Biegam bo lubię	Kraków	0:36:51.71 (06:28min/km)	0:36:56.25	+0:14:32.54
85 - M/64	M20/19	[1531]	RADWAŃSKI Patryk	WKS Wawel Kraków- PN	Kraków	0:36:45.31 (06:26min/km)	0:36:58.87	+0:14:35.16
86 - M/65	M30/16	[501]	RYBAK Bartłomiej		Kraków	0:36:47.62 (06:27min/km)	0:37:02.00	+0:14:38.29
87 - M/66	M50/4	[1606]	ZWONEK Piotr	eXrowerowanie.pl Kraków	Kraków	0:36:54.11 (06:28min/km)	0:37:02.02	+0:14:38.31
88 - M/67	M40/17	[592]	ŚLIWA Jakub		Kraków	0:36:30.57 (06:24min/km)	0:37:04.02	+0:14:40.31
89 - M/68	M30/17	[1528]	POHL Mateusz	WKS Wawel Kraków- PN	Kraków	0:36:59.55 (06:29min/km)	0:37:12.69	+0:14:48.98
90 - M/69	M60/3	[62]	BORYCZKO Leszek		Kraków	0:37:08.41 (06:30min/km)	0:37:15.52	+0:14:51.81
91 - M/70	M40/18	[358]	MARZEC Artur		Wieliczka	0:36:56.46 (06:28min/km)	0:37:19.33	+0:14:55.62
92 - K/22	K30/4	[895]	NAZIM Agnieszka	Skawina Biega	Skawina	0:37:07.04 (06:30min/km)	0:37:24.57	+0:15:00.86
93 - K/23	K16/7	[44]	BIEGUN Kasia	WKS Wawel BnO	Kraków	0:37:20.84 (06:33min/km)	0:37:35.07	+0:15:11.36
94 - M/71	M60/4	[1496]	FAJTO Maciej		Murzasichle	0:37:35.21 (06:35min/km)	0:37:48.55	+0:15:24.84
95 - M/72	M40/19	[552]	STASIOWSKI Marek	TOMAR	Kraków	0:37:16.34 (06:32min/km)	0:37:50.35	+0:15:26.64
96 - K/24	K20/10	[340]	MACIASZ Sylwia		Połom Mały	0:37:29.53 (06:34min/km)	0:37:52.47	+0:15:28.76
97 - M/73	M40/20	[588]	SZYMACHA Marcin		Wieliczka	0:37:29.98 (06:34min/km)	0:37:55.67	+0:15:31.96
98 - M/74	M20/20	[1631]	MIZERSKI Maciej	WKS WAWEL		0:37:43.56 (06:37min/km)	0:37:56.80	+0:15:33.09
99 - M/75	M30/18	[387]	MOCNY Michał		Chrzanów	0:38:01.12 (06:40min/km)	0:38:12.59	+0:15:48.88
100 - M/76	M20/21	[218]	KARPIEL Waldemar		Nowy Sącz	0:38:03.84 (06:40min/km)	0:38:20.52	+0:15:56.81
101 - M/77	M50/5	[547]	STANEK Rafał	Zabierzów biega	Karniowice	0:38:19.63 (06:43min/km)	0:38:24.54	+0:16:00.83
102 - K/25	K40/4	[458]	PIÓRKOWSKA Ola	Biskupice Family Team	Wieliczka	0:38:30.45 (06:45min/km)	0:38:30.45	+0:16:06.74
103 - M/78	K20/11	[1618]	ZAJĄC Honorata			0:38:21.22 (06:43min/km)	0:38:38.57	+0:16:14.86
104 - M/79	M30/19	[1523]	OCHEL Piotr	WKS Wawel Kraków- PN	Kraków	0:38:24.67 (06:44min/km)	0:38:39.62	+0:16:15.91
105 - M/80	M20/22	[1534]	RUSZKIEWICZ Jakub	WKS Wawel Kraków- PN	Kraków	0:38:23.66 (06:44min/km)	0:38:39.74	+0:16:16.03
106 - M/81	M20/23	[1546]	ŚCIESZKA Michał	WKS Wawel Kraków- PN	Kraków	0:38:27.12 (06:44min/km)	0:38:39.84	+0:16:16.13
107 - M/82	M16/10	[1522]	NAWORYTA Michał	KKM Kaloryfer	Kraków	0:38:38.12 (06:46min/km)	0:38:46.34	+0:16:22.63
108 - M/83	M30/20	[428]	ORTMAN Marcin		Kraków	0:38:45.47 (06:47min/km)	0:39:07.43	+0:16:43.72
109 - M/84	M30/21	[1513]	KUMA Wojciech		Kraków	0:38:37.07 (06:46min/km)	0:39:12.11	+0:16:48.40
110 - K/26	K16/8	[479]	PUDEEEK Michalina	LKS Górzanka Nawojowa Góra	Kraków	0:39:12.90 (06:52min/km)	0:39:36.05	+0:17:12.34
111 - K/27	K30/5	[34]	BEDNAREK Sylwia		Kraków	0:39:33.21 (06:56min/km)	0:39:43.70	+0:17:19.99
112 - K/28	K40/5	[1547]	ŚCIUBAK Aneta	Skawina Biega	Skawina	0:39:34.47 (06:56min/km)	0:39:54.06	+0:17:30.35
113 - M/85	M30/22	[1615]	GRABOWICZ Artur	G-POWER		0:39:26.20 (06:55min/km)	0:39:56.59	+0:17:32.88
114 - M/86	M20/24	[1500]	GOŁPYŚ Paweł	WKS Wawel Kraków- PN	Kraków	0:39:41.10 (06:57min/km)	0:39:56.74	+0:17:33.03
115 - M/87	M30/23	[1540]	SMEREKA Krzysztof		Kraków	0:39:57.58 (07:00min/km)	0:40:00.46	+0:17:36.75
116 - M/88	M20/25	[1173]	BOGUSZ Piotr	WKS Wawel Kraków- PN	Kraków	0:39:53.68 (06:59min/km)	0:40:06.40	+0:17:42.69
117 - K/29	K30/6	[1543]	SZEMRAJ Anna	Skawina Biega	Skawina	0:39:56.83 (07:00min/km)	0:40:15.36	+0:17:51.65
118 - M/89	M40/21	[1614]	JAMROZICH Krzysztof	WKS WAWEL		0:40:01.45 (07:01min/km)	0:40:17.03	+0:17:53.32
119 - K/30	K40/6	[855]	GROS Anna	Skawina Biega	Skawina	0:40:13.82 (07:03min/km)	0:40:26.33	+0:18:02.62
120 - K/31	K30/7	[1499]	GAWRON Katarzyna		Rzeszów	0:40:20.38 (07:04min/km)	0:40:37.26	+0:18:13.55
121 - M/90	M30/24	[199]	JANIAK Mariusz		Kraków	0:40:24.43 (07:05min/km)	0:40:46.52	+0:18:22.81

122 - K /32	K16 /9	[1638]	HELBIN Natalia			0:40:17.23 (07:04min/km)	0:40:52.97	+0:18:29.26
123 - M /91	M20 /26	[299]	KUTYBA Marek		Kraków	0:41:20.15 (07:15min/km)	0:41:20.92	+0:18:57.21
124 - M /92	M30 /25	[1485]	BRZOZOWSKI Jacek Brzozowski		Kraków	0:40:50.12 (07:09min/km)	0:41:26.40	+0:19:02.69
125 - M /93	M30 /26	[1622]	ZUBALSKI Artur		RING KRAKÓW	0:41:31.17 (07:17min/km)	0:41:31.17	+0:19:07.46
126 - K /33	K40 /7	[1489]	CZERWIŃSKA Marta		Zielonki	0:41:41.02 (07:18min/km)	0:41:44.99	+0:19:21.28
127 - M /94	M20 /27	[1491]	DZIADOWIEC Tomasz		WKS Wawel Kraków- PN	0:41:35.17 (07:17min/km)	0:41:46.01	+0:19:22.30
128 - M /95	M40 /22	[443]	PAWŁOWSKI Janusz		DOMINIKOWICE	0:41:52.66 (07:20min/km)	0:41:52.66	+0:19:28.95
129 - K /34	K30 /8	[1515]	MAMOŃ Katarzyna		Kraków	0:41:53.76 (07:21min/km)	0:41:56.81	+0:19:33.10
130 - K /35	K16 /10	[543]	SROKA Zuzanna		Kraków	0:41:22.12 (07:15min/km)	0:42:01.16	+0:19:37.45
131 - M /96	M20 /28	[1612]	BIEL Marcin			0:41:45.72 (07:19min/km)	0:42:01.91	+0:19:38.20
132 - K /36	K40 /8	[929]	SOŁTYS Alicja		Skawina Biega	0:41:41.95 (07:18min/km)	0:42:03.07	+0:19:39.36
133 - M /97	M30 /27	[961]	PATER Janusz		MJMETAL OŚWIĘCIM	0:40:22.81 (07:05min/km)	0:42:12.13	+0:19:48.42
134 - K /37	K30 /9	[1550]	TOKARSKA Bożena		Kraków	0:41:51.44 (07:20min/km)	0:42:15.08	+0:19:51.37
135 - K /38	K30 /10	[326]	LORENZ Anna		Sułków	0:42:02.16 (07:22min/km)	0:42:23.02	+0:19:59.31
136 - K /39	K16 /11	[353]	MARCHEWKA Justyna		Kraków	0:42:10.02 (07:23min/km)	0:42:24.10	+0:20:00.39
137 - K /40	K40 /9	[171]	GRATKA Beata		KOJSZÓWKA	0:42:23.87 (07:26min/km)	0:42:29.01	+0:20:05.30
138 - M /98	M30 /28	[1508]	KAWA Marcin		WKS Wawel Kraków- PN	0:42:16.92 (07:25min/km)	0:42:30.68	+0:20:06.97
139 - M /99	M16 /11	[578]	SZCZUREK Tomasz		Dominik Kraków	0:42:26.13 (07:26min/km)	0:42:39.79	+0:20:16.08
140 - M /100	M30 /29	[1506]	KACZOR Łukasz		Kraków	0:41:58.95 (07:21min/km)	0:42:41.43	+0:20:17.72
141 - K /41	K30 /11	[1486]	BURNUS Beata		Night Runners	0:42:07.44 (07:23min/km)	0:42:48.34	+0:20:24.63
142 - M /101	M40 /23	[1601]	URBANOWICZ Łukasz		Kraków	0:42:23.73 (07:26min/km)	0:42:54.21	+0:20:30.50
143 - M /102	M50 /6	[450]	PIĄTEK Stanisław		ITMBW Kraków	0:42:46.46 (07:30min/km)	0:43:01.76	+0:20:38.05
144 - M /103	M20 /29	[1536]	SAWUŁA Marcin		WKS Wawel Kraków- PN	0:42:53.31 (07:31min/km)	0:43:06.20	+0:20:42.49
145 - K /42	K40 /10	[525]	SŁAPAK-ŚLIWA Paulina		Kraków	0:42:36.67 (07:28min/km)	0:43:07.82	+0:20:44.11
146 - M /104	M30 /30	[1613]	KLIMEK Michał		WKS WAWEL	0:42:55.67 (07:31min/km)	0:43:09.89	+0:20:46.18
147 - K /43	K40 /11	[205]	JAROSZ-SIEMBIOT Anna		Night Runners	0:42:45.42 (07:30min/km)	0:43:12.75	+0:20:49.04
148 - K /44	K40 /12	[657]	WOŹNIAK Gabriela		Kraków	0:42:56.63 (07:32min/km)	0:43:29.58	+0:21:05.87
149 - M /105	M40 /24	[1549]	TOFT David		Pekowice	0:43:11.32 (07:34min/km)	0:43:35.98	+0:21:12.27
150 - M /106	M30 /31	[1456]	BOUFRAHI Rysiek		Krakow	0:43:33.89 (07:38min/km)	0:44:05.90	+0:21:42.19
151 - K /45	K30 /12	[674]	ZAZIABL Marzena		Krakow	0:44:15.67 (07:45min/km)	0:44:15.67	+0:21:51.96
152 - M /107	M40 /25	[420]	OLEJNIK Maciej		Krakow	0:43:56.01 (07:42min/km)	0:44:19.02	+0:21:55.31
153 - K /46	K30 /13	[1605]	ZIĘBA-ŚLADOWSKA Agata		Skawina Biega	0:44:01.58 (07:43min/km)	0:44:20.60	+0:21:56.89
154 - M /108	K40 /13	[1632]	GZELA Dagmara			0:43:40.40 (07:39min/km)	0:44:21.87	+0:21:58.16
155 - M /109	M40 /26	[1180]	BOHOSIEWICZ Borys		brak	0:43:54.90 (07:42min/km)	0:44:22.04	+0:21:58.33
156 - K /47	K30 /14	[191]	IDASIAK Aleksandra		Kraków	0:44:09.77 (07:44min/km)	0:44:23.62	+0:21:59.91
157 - M /110	M30 /32	[1517]	MAZUR Tomasz		Ząbkowicka Grupa Biegowa FRANKENSTEIN	0:43:59.79 (07:43min/km)	0:44:27.26	+0:22:03.55
158 - M /111	M20 /30	[1501]	GROCHAL Przemysław		WKS Wawel Kraków- PN	0:44:25.30 (07:47min/km)	0:44:36.79	+0:22:13.08
159 - M /112	M30 /33	[864]	JURKIEWICZ Sylwester		Gorzycze	0:44:22.37 (07:47min/km)	0:44:48.78	+0:22:25.07
160 - M /113	M70 /1	[1539]	SIWECKI Władysław		Kraków	0:44:10.12 (07:44min/km)	0:44:51.20	+0:22:27.49
161 - K /48	K40 /14	[262]	KOZIOŁ Agnieszka		Night Runners	0:44:30.79 (07:48min/km)	0:44:58.80	+0:22:35.09
162 - K /49	K40 /15	[1548]	ŚLIWA Anna		Skawina Biega	0:44:49.32 (07:51min/km)	0:45:08.98	+0:22:45.27
163 - M /114	M40 /27	[837]	CHUDY Arkadiusz		Kraków	0:45:07.89 (07:55min/km)	0:45:16.86	+0:22:53.15
164 - K /50	K30 /15	[73]	BUGAJSKA Katarzyna		Kraków	0:45:02.61 (07:54min/km)	0:45:26.55	+0:23:02.84

165 - K /51	K30/16	[280]	KUBIESA Patrycja	Husaria Race Team	Kraków	0:45:35.43 (07:59min/km)	0:45:36.56	+0:23:12.85
166 - M /115	M40/28	[1619]	BLAUT Marcin	Night Runners		0:45:13.18 (07:56min/km)	0:45:40.09	+0:23:16.38
167 - K /52	K30/17	[43]	BIEDROŃ Monika Biedroń		Kraków	0:45:01.10 (07:53min/km)	0:45:43.29	+0:23:19.58
168 - K /53	K20/12	[863]	JURKIEWICZ Justyna		Kraków	0:45:34.23 (07:59min/km)	0:46:00.60	+0:23:36.89
169 - K /54	K40/16	[1507]	KALETA Magdalena		Kozierów	0:46:11.59 (08:06min/km)	0:46:16.92	+0:23:53.21
170 - K /55	K30/18	[1505]	KACZMAREK Katarzyna		Sułków	0:46:18.76 (08:07min/km)	0:46:39.13	+0:24:15.42
171 - K /56	K30/19	[50]	BIŁOCHA Ewa		Kraków	0:46:08.19 (08:05min/km)	0:46:47.17	+0:24:23.46
172 - K /57	K40/17	[195]	JAGIEŁA-KURTYKA Renata		RADWANOWICE	0:46:32.92 (08:09min/km)	0:47:04.61	+0:24:40.90
173 - K /58	K50/1	[866]	KAMIŃSKA Halina		Kraków	0:47:06.87 (08:15min/km)	0:47:12.97	+0:24:49.26
174 - M /116	M30/34	[268]	KRAWCZYK Wojciech		Kraków	0:46:49.45 (08:12min/km)	0:47:17.14	+0:24:53.43
175 - K /59	K60/1	[556]	STOCHEL Teresa	AKPT	Krakow	0:46:39.25 (08:11min/km)	0:47:24.31	+0:25:00.60
176 - K /60	K40/18	[134]	FILICIAK Justyna	CAFFETTIERA	Kraków	0:47:10.36 (08:16min/km)	0:47:29.27	+0:25:05.56
177 - K /61	K30/20	[1532]	RAMOTOWSKA Dominika		KRAKÓW	0:47:24.69 (08:19min/km)	0:47:48.26	+0:25:24.55
178 - M /117	M20/31	[1164]	BIAŁY Piotr	Night Runners	Kraków	0:47:59.04 (08:25min/km)	0:47:59.97	+0:25:36.26
179 - K /62	K30/21	[931]	STAWSKA Natalia		Kraków	0:47:40.67 (08:21min/km)	0:48:11.77	+0:25:48.06
180 - M /118	M40/29	[1159]	BARWIOŁEK Artur	WKS Wawel Kraków- PN	Kraków	0:48:11.08 (08:27min/km)	0:48:23.97	+0:26:00.26
181 - K /63	K40/19	[1520]	MUCHA Aleksandra		Kraków	0:48:02.30 (08:25min/km)	0:48:34.68	+0:26:10.97
182 - M /119	M20/32	[652]	WOJAKOWSKI Piotr	Beer Bros Runners	Kraków	0:48:45.59 (08:33min/km)	0:48:45.59	+0:26:21.88
183 - M /120	M40/30	[1538]	SERWATKA Szymon		Zielonki	0:48:34.86 (08:31min/km)	0:48:59.19	+0:26:35.48
184 - K /64	K30/22	[576]	SZCZUPACKA Monika		Niepołomice	0:48:43.66 (08:32min/km)	0:49:06.85	+0:26:43.14
185 - M /121	M20/33	[296]	KURUS Tomasz	Aptiv Running Team	Kraków	0:48:32.57 (08:30min/km)	0:49:10.44	+0:26:46.73
186 - K /65	K20/13	[224]	KHVAINITSKAYA Katsiaryna	KA_TO	Krakow	0:48:32.79 (08:31min/km)	0:49:10.53	+0:26:46.82
187 - M /122	M20/34	[1503]	JANUS Kamil	WKS Wawel Kraków- PN	Kraków	0:48:59.76 (08:35min/km)	0:49:14.18	+0:26:50.47
188 - K /66	K20/14	[672]	ZAWIŚLAK Agata		Kraków	0:49:14.85 (08:38min/km)	0:49:34.46	+0:27:10.75
189 - K /67	K20/15	[375]	MICHNO Agata	DBSoP	Kraków	0:49:23.24 (08:39min/km)	0:49:58.50	+0:27:34.79
190 - M /123	M40/31	[686]	ZWONEK Paweł		Kraków	0:50:11.83 (08:48min/km)	0:50:11.83	+0:27:48.12
191 - K /68	K16/12	[541]	SROKA Joanna		Kraków	0:49:39.50 (08:42min/km)	0:50:19.52	+0:27:55.81
192 - K /69	K50/2	[1502]	JAKUBEK Hanna	Skawina Biega	Skawina	0:52:24.72 (09:11min/km)	0:52:44.93	+0:30:21.22
193 - K /70	K40/20	[1510]	KOWALCZYK Joanna		Kraków	0:52:40.95 (09:14min/km)	0:53:09.21	+0:30:45.50
194 - K /71	K30/23	[618]	TURKAWSKA Magdalena		Wola Batorska	0:52:51.27 (09:16min/km)	0:53:13.66	+0:30:49.95
195 - M /124	M40/32	[332]	ŁĘŻNIAK Arkadiusz		Kraków	0:53:18.14 (09:21min/km)	0:53:34.00	+0:31:10.29
196 - K /72	K20/16	[1512]	KRUK Paulina	Night Runners	Kraków	0:53:45.50 (09:25min/km)	0:54:12.74	+0:31:49.03
197 - K /73	K40/21	[1498]	GAWĘDA Beata	Małokoźmiccy Biegacze	Koźmice Małe	0:53:59.40 (09:28min/km)	0:54:23.41	+0:31:59.70
198 - K /74	K30/24	[902]	PAPIERZ-RYKAŁA Aleksandra		Myslenice	0:55:23.79 (09:43min/km)	0:56:06.79	+0:33:43.08
199 - K /75	K20/17	[1524]	OŁTARZEWSKA Karolina		Chrzanów	0:55:44.05 (09:46min/km)	0:56:07.90	+0:33:44.19
200 - K /76	K20/18	[105]	CZYŻ Monika	Night Runners	Kraków	0:56:56.74 (09:59min/km)	0:57:33.06	+0:35:09.35
201 - M /125	M30/35	[97]	CUPRYŚ Dariusz	Night Runners	Kraków	0:56:59.17 (09:59min/km)	0:57:35.34	+0:35:11.63
202 - K /77	K60/2	[655]	WOŹNIAK Barbara	KS Limanowa Forrest	ZAGÓRZE	0:58:47.02 (10:18min/km)	0:59:07.91	+0:36:44.20
203 - K /78	K30/25	[0]	SZOSTAK Agnieszka			1:08:15.87 (11:58min/km)	1:08:15.87	+0:45:52.16
204 - K /79	K30/26	[122]	DYRDA Justyna	Mirmark	Kraków	1:09:09.55 (12:08min/km)	1:09:39.27	+0:47:15.56

