

3,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M20/1	[1422] GARBACIK Michał	WKS Wawel		0:15:00.63 (04:03min/km)	0:15:03.10	+0:00:00.00
2 - M/2	M20/2	[1420] PIJANOVSKY Martin	Chochla Bronowice		0:15:27.16 (04:10min/km)	0:15:30.46	+0:00:27.36
3 - M/3	M30/1	[1123] OKRAJEK Zbigniew	Z	Koniusza	0:15:46.02 (04:15min/km)	0:15:49.04	+0:00:45.94
4 - M/4	M13/1	[733] KOŁODZIEJCZYK Łukasz	UKS Kometa Gliwice	Gliwice	0:15:50.53 (04:16min/km)	0:15:52.94	+0:00:49.84
5 - M/5	M30/2	[806] TARGOSZ Michał	ITMBW Kraków	Kraków	0:15:55.54 (04:18min/km)	0:15:55.54	+0:00:52.44
6 - M/6	M13/2	[1115] KOMENDA Filip		Miechów	0:16:00.93 (04:19min/km)	0:16:05.28	+0:01:02.18
7 - M/7	M30/3	[753] MARCINIEC Damian	Marciniec Team	Wieliczka	0:16:22.19 (04:25min/km)	0:16:26.11	+0:01:23.01
8 - M/8	M30/4	[923] SIENCZYŁO Marcin	Niepołomice Biegają	Niepołomice	0:16:27.75 (04:26min/km)	0:16:27.75	+0:01:24.65
9 - M/9	M40/1	[774] PIÓRKOWSKI Tomek	Biskupice Family Team	Wieliczka	0:16:29.46 (04:27min/km)	0:16:32.80	+0:01:29.70
10 - M/10	M40/2	[1111] KARŁOWSKI Wojciech	JW 3 RBLog	Szyce	0:16:37.53 (04:29min/km)	0:16:37.86	+0:01:34.76
11 - M/11	M30/5	[1425] MOŃ Bartosz	Zabierzów Biega		0:16:35.34 (04:29min/km)	0:16:39.90	+0:01:36.80
12 - M/12	M40/3	[703] BŁASZCZAK Jarosław	Aptiv Running Team	Kraków	0:16:41.98 (04:30min/km)	0:16:45.21	+0:01:42.11
13 - M/13	M13/3	[1118] MICHAŁEK Maciej	Movimento Wojnicz	Wojnicz	0:17:03.69 (04:36min/km)	0:17:06.51	+0:02:03.41
14 - M/14	M13/4	[1437] OLEJNIK Eryk	WKS Wawel		0:17:29.26 (04:43min/km)	0:17:32.35	+0:02:29.25
15 - K/1	K13/1	[813] WAŚIK Maja	WAŚIK TRI TEAM	Kraków	0:17:47.55 (04:48min/km)	0:17:49.83	+0:02:46.73
16 - M/15	M10/1	[769] PAWŁOWSKI Jakub	ULKS Lipinki	Dominikowice	0:17:57.40 (04:51min/km)	0:17:59.51	+0:02:56.41
17 - M/16	M16/1	[738] KUCHARCZYK Jakub	UKS Kometa Gliwice	Gliwice	0:18:03.08 (04:52min/km)	0:18:05.77	+0:03:02.67
18 - K/2	K30/1	[1124] OŁOWNIA Agnieszka	parkrun Chrzanów	Trzebinia	0:18:06.76 (04:53min/km)	0:18:09.34	+0:03:06.24
19 - M/17	M30/6	[1445] SZELAĞ Sławomir	Lisy Pustyni		0:18:10.30 (04:54min/km)	0:18:15.76	+0:03:12.66
20 - M/18	M10/2	[799] SZELAĞ Szymon	LISY PUSTYNI	Klucze	0:18:12.39 (04:55min/km)	0:18:15.92	+0:03:12.82
21 - M/19	M13/5	[1428] TOWAREK Michał	UKS Kometa		0:18:22.22 (04:57min/km)	0:18:25.08	+0:03:21.98
22 - M/20	M10/3	[922] SIENCZYŁO Jan	Niepołomice Biegają	Niepołomice	0:18:32.12 (05:00min/km)	0:18:34.84	+0:03:31.74
23 - M/21	M13/6	[1424] BUŁAWA Filip	UKS Kometa		0:18:36.31 (05:01min/km)	0:18:39.05	+0:03:35.95
24 - M/22	M20/3	[822] ZAMBROWSKI Michał	Aptiv Running Team	Bochnia	0:18:40.00 (05:02min/km)	0:18:40.00	+0:03:36.90
25 - M/23	M10/4	[717] FIREK Grzegorz	Uwolnić Bestię !!!	Kraków	0:18:39.36 (05:02min/km)	0:18:43.39	+0:03:40.29
26 - M/24	M13/7	[699] BATKO Bartłomiej		Kraków	0:18:55.11 (05:06min/km)	0:18:57.44	+0:03:54.34
27 - M/25	M13/8	[1105] JANKOWIAK Cyprian	www.linguist.com.pl	MASŁOMIĄCA	0:18:53.80 (05:06min/km)	0:18:58.44	+0:03:55.34
28 - M/26	M16/2	[1426] ŻYTO Jakub			0:19:05.29 (05:09min/km)	0:19:09.24	+0:04:06.14
29 - M/27	M40/4	[814] WAŚIK Marcin	WAŚIK TRI TEAM	Kraków	0:19:10.17 (05:10min/km)	0:19:12.66	+0:04:09.56
30 - K/3	K13/2	[748] LEŚNIAK Matylda	UKS Kometa Gliwice	Gliwice	0:19:10.70 (05:11min/km)	0:19:15.22	+0:04:12.12
31 - M/28	M13/9	[779] PRZYBYŁO Mateusz	ULKS Lipinki	DOMINIKOWICE	0:19:13.69 (05:11min/km)	0:19:16.53	+0:04:13.43
32 - K/4	K13/3	[1441] BIAŁOŃSKA Kinga	UKS Delta		0:19:19.74 (05:13min/km)	0:19:22.38	+0:04:19.28
33 - M/29	M13/10	[755] MARZEC Maciej		Wieliczka	0:19:19.03 (05:13min/km)	0:19:25.30	+0:04:22.20
34 - M/30	M13/11	[826] ŻESŁAWSKI Mateusz	WKS Wawel BnO	Kraków	0:19:26.08 (05:15min/km)	0:19:26.08	+0:04:22.98
35 - K/5	K13/4	[1411] WAŚ Jagoda	Aktywna Strona Życia	Zielonki	0:19:22.42 (05:14min/km)	0:19:29.86	+0:04:26.76

36 - M/31	M13 /12	[707]	BUBLIK Piotr	WKS Wawel BnO	Kraków	0:19:43.72 (05:19min/km)	0:19:48.92	+0:04:45.82
37 - K /6	K13 /5	[731]	KŁAPUT Natalia		Wadowice	0:19:48.28 (05:21min/km)	0:19:53.70	+0:04:50.60
38 - K /7	K10 /1	[762]	NIESSNER Pola	WKS Wawel BnO	Kraków	0:20:05.56 (05:25min/km)	0:20:07.77	+0:05:04.67
39 - M /32	M20 /4	[764]	NOWICKI Kamil	DBSoP	Kraków	0:20:04.87 (05:25min/km)	0:20:11.45	+0:05:08.35
40 - M/33	M10 /5	[754]	MARCINIEC Jakub	Marciniec Team	Wieliczka	0:20:08.53 (05:26min/km)	0:20:13.77	+0:05:10.67
41 - M /34	M10 /6	[1438]	ŚMIECH Daniel			0:20:11.52 (05:27min/km)	0:20:16.76	+0:05:13.66
42 - M/35	M13 /13	[1119]	MIREK Bartosz	Movemento Wojnicz	Wojnicz	0:20:22.63 (05:30min/km)	0:20:25.91	+0:05:22.81
43 - M/36	M13 /14	[789]	SIWIECKI Maciej		Kraków	0:20:24.89 (05:31min/km)	0:20:28.74	+0:05:25.64
44 - M/37	M13 /15	[802]	SZYMACHA Maciek	-	Wieliczka	0:20:25.78 (05:31min/km)	0:20:28.83	+0:05:25.73
45 - M/38	M40 /5	[1126]	PYTLARZ Wojciech		Kraków	0:20:25.37 (05:31min/km)	0:20:29.17	+0:05:26.07
46 - K /8	K13 /6	[724]	GRUSZKA Dominika	Niepołomice Biegają	Niepołomice	0:20:33.01 (05:33min/km)	0:20:35.76	+0:05:32.66
47 - M/39	M10 /7	[819]	WYPYCH Hubert	3TRITEAM	Kraków	0:20:37.96 (05:34min/km)	0:20:40.97	+0:05:37.87
48 - M /40	M40 /6	[791]	SŁOŃSKI Marek	WKS Wawel BnO	Kraków	0:20:36.46 (05:34min/km)	0:20:47.71	+0:05:44.61
49 - K /9	K10 /2	[784]	SADKIEWICZ Julia		Dobczyce	0:20:44.41 (05:36min/km)	0:20:49.33	+0:05:46.23
50 - M /41	M13 /16	[818]	WÓJCIK Paweł	WKS Wawel BnO	Kraków	0:20:47.11 (05:37min/km)	0:20:49.37	+0:05:46.27
51 - K /10	K10 /3	[790]	SŁOŃSKA Antonina	WKS Wawel BnO	Kraków	0:20:49.86 (05:37min/km)	0:20:55.20	+0:05:52.10
52 - K /11	K40 /1	[795]	SOIŃSKA Bożena	Night Runners	Kraków	0:20:49.90 (05:37min/km)	0:20:55.74	+0:05:52.64
53 - M /42	M20 /5	[711]	ĆWIECZEK Łukasz	run-log.com	Rybnik	0:20:55.89 (05:39min/km)	0:20:59.53	+0:05:56.43
54 - K /12	K13 /7	[713]	DANIELAK Hanna		Zielonki	0:20:57.99 (05:40min/km)	0:21:02.90	+0:05:59.80
55 - M /43	M13 /17	[719]	GŁADYSZ Bartłomiej	Niepołomice Biegają	Niepołomice	0:21:14.14 (05:44min/km)	0:21:16.92	+0:06:13.82
56 - K /13	K10 /4	[765]	OLEJNIK Jaśmina	WKS Wawel BnO	Kraków	0:21:14.88 (05:44min/km)	0:21:21.82	+0:06:18.72
57 - M /44	M10 /8	[948]	ZADARNOWSKI Marek		Kraków	0:21:30.28 (05:48min/km)	0:21:32.98	+0:06:29.88
58 - M /45	M10 /9	[808]	TARNOWSKI Przemysław	WKS Wawel BnO	Kraków	0:21:28.09 (05:48min/km)	0:21:34.49	+0:06:31.39
59 - K /14	K20 /1	[1117]	KUJAWSKA Anna		Kraków	0:21:30.45 (05:48min/km)	0:21:34.89	+0:06:31.79
60 - K /15	K30 /2	[730]	KLIMEK Małgorzata		Kraków	0:21:30.76 (05:48min/km)	0:21:36.45	+0:06:33.35
61 - K /16	K30 /3	[710]	CIURKA-BASTER Karolina	DBSoP	Kraków	0:21:36.99 (05:50min/km)	0:21:42.89	+0:06:39.79
62 - M /46	M60 /1	[1427]	NAZIM Tadeusz	Skawina Biega		0:21:35.85 (05:50min/km)	0:21:43.22	+0:06:40.12
63 - M /47	M10 /10	[772]	PIÓRKOWSKI Kuba	UKS Lider Siercza	Wieliczka	0:21:40.41 (05:51min/km)	0:21:45.92	+0:06:42.82
64 - M /48	M13 /18	[1423]	KUKLA Bartosz			0:21:49.45 (05:53min/km)	0:21:52.66	+0:06:49.56
65 - M /49	M10 /11	[856]	GRUSZKA Jędrzej	Niepołomice Biegają	Niepołomice	0:21:50.72 (05:54min/km)	0:21:53.68	+0:06:50.58
66 - M /50	M70 /1	[734]	KOPTA Jerzy	Cwałujące Dziadki	Kraków	0:21:52.76 (05:54min/km)	0:21:56.52	+0:06:53.42
67 - K /17	K20 /2	[722]	GORZAŁEK Joanna		Kraków	0:22:00.83 (05:56min/km)	0:22:06.66	+0:07:03.56
68 - M /51	M10 /12	[715]	DYKSZAK Tymon	Gwarek Wieliczka KT WaterKnights	Wieliczka	0:22:04.34 (05:57min/km)	0:22:08.84	+0:07:05.74
69 - M /52	M10 /13	[1401]	SKÓRKA Karol	Movemento Wojnicz	Tarnów	0:22:08.84 (05:59min/km)	0:22:11.94	+0:07:08.84
70 - M /53	M13 /19	[1439]	LENART Robert	UKS Delta		0:22:10.13 (05:59min/km)	0:22:13.18	+0:07:10.08
71 - M /54	M10 /14	[737]	KRZYŻAN Stanisław		Jerzmanowice	0:22:45.67 (06:09min/km)	0:22:53.19	+0:07:50.09
72 - M /55	M13 /20	[930]	STACHURA Jan	WKS Wawel	Burów	0:22:50.67 (06:10min/km)	0:22:58.99	+0:07:55.89
73 - K /18	K30 /4	[767]	OSIKA Kamila	Probalans.pl	Kraków	0:23:02.59 (06:13min/km)	0:23:08.88	+0:08:05.78
74 - K /19	K10 /5	[1404]	SZAKIEL Karolina	RR	Kraków	0:23:17.69 (06:17min/km)	0:23:28.26	+0:08:25.16
75 - K /20	K13 /8	[1431]	LAMPARSKA Maja	WKS Wawel		0:23:19.66 (06:18min/km)	0:23:30.34	+0:08:27.24
76 - K /21	K20 /3	[763]	NOWICKA Anna	DBSoP	Kraków	0:23:33.92 (06:22min/km)	0:23:41.23	+0:08:38.13
77 - M /56	M30 /7	[785]	SADKIEWICZ Piotr		Dobczyce	0:23:47.28 (06:25min/km)	0:23:52.69	+0:08:49.59
78 - K /22	K40 /2	[1099]	CZERWIŃSKA Marta		Zielonki	0:23:44.75 (06:25min/km)	0:23:54.06	+0:08:50.96

79 - K /23	K13 /9	[757]	MICHNO Marta	WKS Wawel BnO	Kraków	0:23:49.91 (06:26min/km)	0:24:00.29	+0:08:57.19
80 - K /24	K10 /6	[821]	WYPYCH Milena	3TRITEAM	Kraków	0:24:00.46 (06:29min/km)	0:24:02.93	+0:08:59.83
81 - K /25	K40 /3	[776]	POLEWKA Beata	UKS Kometa Gliwice	Gliwice	0:24:07.14 (06:31min/km)	0:24:12.11	+0:09:09.01
82 - K /26	K13 /10	[728]	JANAS Amelka		Kraków	0:24:16.76 (06:33min/km)	0:24:26.51	+0:09:23.41
83 - K /27	K20 /4	[1429]	SMĘDA Agnieszka	BohniaBiega		0:24:20.11 (06:34min/km)	0:24:27.43	+0:09:24.33
84 - K /28	K30 /5	[1114]	KOMENDA Ewelina		Miechów	0:24:31.20 (06:37min/km)	0:24:36.29	+0:09:33.19
85 - M /57	M40 /7	[820]	WYPYCH Marek	3TRITEAM	Kraków	0:24:40.36 (06:40min/km)	0:24:47.10	+0:09:44.00
86 - M /58	M13 /21	[1430]	TALAGA Patryk			0:24:42.12 (06:40min/km)	0:24:54.81	+0:09:51.71
87 - K /29	K20 /5	[761]	NADKAŃSKA Natalia		Kraków	0:24:54.06 (06:43min/km)	0:24:57.81	+0:09:54.71
88 - M /59	M10 /15	[1434]	RYGIEL Andrzej			0:24:52.94 (06:43min/km)	0:25:00.97	+0:09:57.87
89 - M /60	M30 /8	[1435]	RYGIEL Grzegorz			0:24:55.72 (06:44min/km)	0:25:04.19	+0:10:01.09
90 - K /30	K30 /6	[938]	SZWEJ Joanna	POGORIA BIEGA		0:25:09.16 (06:47min/km)	0:25:17.79	+0:10:14.69
91 - K /31	K10 /7	[816]	WOŚ Milena	UKS LIDER SIERCZA	Niepołomice	0:25:16.85 (06:49min/km)	0:25:19.21	+0:10:16.11
92 - K /32	K10 /8	[788]	SIEK Barbara	WKS Wawel BnO	Kraków	0:25:15.98 (06:49min/km)	0:25:20.70	+0:10:17.60
93 - K /33	K13 /11	[741]	KURTYKA Joanna	GIMNAZJUM 19 W KRAKOWIE	RADWANOWICE	0:25:23.36 (06:51min/km)	0:25:31.20	+0:10:28.10
94 - M /61	M13 /22	[718]	FIREK Jakub	Uwolnić Bestię !!!	Kraków	0:25:34.96 (06:54min/km)	0:25:39.28	+0:10:36.18
95 - M /62	M20 /6	[917]	RUTKOWSKI Maciej		Kraków	0:25:49.42 (06:58min/km)	0:25:53.86	+0:10:50.76
96 - K /34	K13 /12	[771]	PIÓRKOWSKA Kamila	Biskupice Family Team	Wieliczka	0:25:56.48 (07:00min/km)	0:26:01.64	+0:10:58.54
97 - K /35	K30 /7	[1408]	TCHÓRZ Monika	MONAR KRAKÓW	Kraków	0:26:07.24 (07:03min/km)	0:26:13.27	+0:11:10.17
98 - K /36	K20 /6	[798]	SZAFRANEK Małgorzata		Kraków	0:26:10.49 (07:04min/km)	0:26:15.18	+0:11:12.08
99 - M /63	M10 /16	[804]	TARASIEWICZ Franek	Forex Bad Boys	Kraków	0:26:14.04 (07:05min/km)	0:26:17.79	+0:11:14.69
100 - K /37	K30 /8	[1127]	RYMANOWSKA Anna	Kolareczki	Kraków	0:26:11.97 (07:04min/km)	0:26:17.86	+0:11:14.76
101 - K /38	K13 /13	[935]	SZOPA Julia	ZELCZYNA TEAM	Wielkie-Drogi	0:26:11.56 (07:04min/km)	0:26:20.45	+0:11:17.35
102 - M /64	M40 /8	[805]	TARASIEWICZ Marcin	Forex Bad Boys	Kraków	0:26:16.84 (07:06min/km)	0:26:20.59	+0:11:17.49
103 - M /65	M30 /9	[1108]	JEŻYNA Grzegorz	MONAR KRAKÓW	Kraków	0:26:16.04 (07:05min/km)	0:26:22.75	+0:11:19.65
104 - M /66	M30 /10	[936]	SZOPA Krzysztof	ZELCZYNA TEAM	Wielkie-Drogi	0:26:14.18 (07:05min/km)	0:26:23.39	+0:11:20.29
105 - M /67	M10 /17	[720]	GODULA Szymon		Kraków	0:26:29.52 (07:09min/km)	0:26:31.68	+0:11:28.58
106 - K /39	K40 /4	[1110]	KALETA Magdalena		Kraków	0:26:25.74 (07:08min/km)	0:26:35.19	+0:11:32.09
107 - M /68	M10 /18	[716]	FILICIAK Antoni	CAFFETTIERA	Kraków	0:26:27.77 (07:09min/km)	0:26:40.64	+0:11:37.54
108 - K /40	K20 /7	[783]	RACZYŃSKA Alicja		Kraków	0:26:45.47 (07:13min/km)	0:26:50.97	+0:11:47.87
109 - K /41	K30 /9	[1107]	JASIŃSKA Hela	Kolareczki	Kraków	0:26:54.43 (07:16min/km)	0:27:00.00	+0:11:56.90
110 - M /69	M10 /19	[1407]	ŚNIEŻEK Jan	Przyszędłem popatrzeć	Kraków	0:26:54.83 (07:16min/km)	0:27:02.13	+0:11:59.03
111 - K /42	K13 /14	[750]	ŁABUZEK Marta	WKS Wawel BnO	Kraków	0:27:06.40 (07:19min/km)	0:27:10.31	+0:12:07.21
112 - K /43	K30 /10	[1122]	NOWAK Monika	Kolareczki	Kraków	0:27:07.59 (07:19min/km)	0:27:13.76	+0:12:10.66
113 - K /44	K10 /9	[701]	BISKUPSKA Julia	WKS Wawel BnO	Kraków	0:27:04.45 (07:19min/km)	0:27:14.31	+0:12:11.21
114 - K /45	K30 /11	[1101]	DURBACZ Magdalena		Gołcza	0:27:21.12 (07:23min/km)	0:27:26.91	+0:12:23.81
115 - M /70	M10 /20	[1113]	KĘSEK Bartek		Brzezcie	0:27:15.27 (07:21min/km)	0:27:27.24	+0:12:24.14
116 - K /46	K20 /8	[949]	ZAJĄC Monika			0:27:18.80 (07:22min/km)	0:27:32.38	+0:12:29.28
117 - K /47	K30 /12	[1405]	SZKOŁA-ŚNIEŻEK Agnieszka	Przyszłam popatrzeć	Kraków	0:27:26.27 (07:24min/km)	0:27:33.65	+0:12:30.55
118 - M /71	M10 /21	[1444]	SAMOSIEJ Borys			0:27:29.61 (07:25min/km)	0:27:38.91	+0:12:35.81
119 - M /72	M40 /9	[1443]	SAMOSIEJ Jakub			0:27:26.11 (07:24min/km)	0:27:38.98	+0:12:35.88
120 - K /48	K13 /15	[925]	SKORUPA Maja	LKS Górzanka Nawojowa Góra	Kraków	0:27:49.55 (07:31min/km)	0:27:58.22	+0:12:55.12
121 - K /49	K10 /10	[1421]		WKS Wawel		0:28:17.02 (07:38min/km)	0:28:26.51	+0:13:23.41

122 - K /50	K30 /13	[1128] SALWEROWICZ Agnieszka	Kolareczki	Kraków	0:28:21.06 (07:39min/km)	0:28:27.54	+0:13:24.44
123 - K /51	K13 /16	[780] PUŁCZYŃSKA Hanna	WKS Wawel BnO	Kraków	0:28:21.72 (07:39min/km)	0:28:32.10	+0:13:29.00
124 - K /52	K30 /14	[744] LASZKIEWICZ Joanna	Vege Runners	Kraków	0:28:28.20 (07:41min/km)	0:28:33.27	+0:13:30.17
125 - M /73	M10 /22	[1125] OŁOWNIA Mikołaj	parkrun Chrzanów	Trzebinia	0:28:41.70 (07:45min/km)	0:28:44.71	+0:13:41.61
126 - K /53	K40 /5	[1112] KĘSEK Anna		Brzezie	0:28:39.77 (07:44min/km)	0:28:50.78	+0:13:47.68
127 - K /54	K13 /17	[1440] LENART Paulina	UKS Delta		0:28:57.73 (07:49min/km)	0:29:01.61	+0:13:58.51
128 - K /55	K10 /11	[777] POLEWKA Julianna	UKS Kometa Gliwice	Gliwice	0:29:27.07 (07:57min/km)	0:29:29.85	+0:14:26.75
129 - K /56	K13 /18	[1436] KURTYCZ Natalia	WKS Wawel		0:29:46.13 (08:02min/km)	0:29:46.13	+0:14:43.03
130 - M /74	M10 /23	[1130] SKOWRONEK Wiktor		Kraków	0:29:37.23 (08:00min/km)	0:29:47.41	+0:14:44.31
131 - K /57	K30 /15	[1100] ĆWIKŁO Anna	Kolareczki	Kraków	0:29:52.42 (08:04min/km)	0:29:59.42	+0:14:56.32
132 - M /75	M10 /24	[773] PIÓRKOWSKI Michał	UKS Lider Siercza	Wieliczka	0:29:54.49 (08:05min/km)	0:29:59.72	+0:14:56.62
133 - M /76	M10 /25	[782] PUŁCZYŃSKI Jeremi	WKS Wawel BnO	Kraków	0:29:54.50 (08:05min/km)	0:30:00.50	+0:14:57.40
134 - K /58	K40 /6	[878] KURCH Joanna	Rozbiegany Gaj	Gaj	0:29:57.91 (08:05min/km)	0:30:10.56	+0:15:07.46
135 - M /77	M40 /10	[1432] GÓRKA Dariusz	Bikeboard		0:30:10.93 (08:09min/km)	0:30:20.19	+0:15:17.09
136 - M /78	M10 /26	[1433] GÓRKA Kacper	Bikeboard		0:30:11.78 (08:09min/km)	0:30:21.79	+0:15:18.69
137 - K /59	K50 /1	[743] LASKOWSKA Renata	Niepołomice Biegają	Mała Wieś	0:30:10.29 (08:09min/km)	0:30:21.98	+0:15:18.88
138 - K /60	K30 /16	[850] GAWLAS Monika		Jaroszowice	0:30:22.70 (08:12min/km)	0:30:28.65	+0:15:25.55
139 - M /79	M40 /11	[714] DEC Jacek		Kraków	0:30:34.22 (08:15min/km)	0:30:40.45	+0:15:37.35
140 - K /61	K16 /1	[781] PUŁCZYŃSKA Nina	WKS Wawel BnO	Kraków	0:30:49.82 (08:19min/km)	0:30:55.38	+0:15:52.28
141 - M /80	M40 /12	[1402] SOBCZAK Adam		Klucze	0:30:48.49 (08:19min/km)	0:30:56.10	+0:15:53.00
142 - M /81	M10 /27	[1403] SOBCZAK Staś		Klucze	0:30:50.11 (08:20min/km)	0:30:58.08	+0:15:54.98
143 - K /62	K30 /17	[811] TYLISZCZAK Bożena		Kraków	0:31:10.33 (08:25min/km)	0:31:15.31	+0:16:12.21
144 - M /82	M40 /13	[1104] JAKUBOWSKI Michał		Kraków	0:31:12.46 (08:26min/km)	0:31:21.93	+0:16:18.83
145 - K /63	K30 /18	[793] SOBCZAK-KUPIEC Agnieszka		Myslenice	0:31:17.63 (08:27min/km)	0:31:22.35	+0:16:19.25
146 - K /64	K13 /19	[712] DANIELAK Alicja		Zielonki	0:31:18.10 (08:27min/km)	0:31:22.78	+0:16:19.68
147 - M /83	M13 /23	[1442] ARENDARCZYK Damian	UKS Delta		0:31:44.50 (08:34min/km)	0:31:47.87	+0:16:44.77
148 - M /84	M13 /24	[1129] SKOWRONEK Szymon		Kraków	0:31:44.33 (08:34min/km)	0:31:59.33	+0:16:56.23
149 - K /65	K13 /20	[794] SOBEL Natalia	UKS Kometa Gliwice	Gliwice	0:32:01.10 (08:39min/km)	0:32:04.98	+0:17:01.88
150 - K /66	K13 /21	[752] MAGOCSY Julia		Kraków	0:31:57.75 (08:38min/km)	0:32:09.34	+0:17:06.24
151 - K /67	K16 /2	[1410] WĄCŁAWSKA Anita		Zadroże	0:32:20.25 (08:44min/km)	0:32:28.89	+0:17:25.79
152 - K /68	K13 /22	[729] JANAS Natalka		Kraków	0:32:17.38 (08:43min/km)	0:32:31.05	+0:17:27.95
153 - K /69	K30 /19	[1102] JAKUBOWSKA Agata		Kraków	0:32:48.41 (08:52min/km)	0:32:57.29	+0:17:54.19
154 - M /85	M10 /28	[1103] JAKUBOWSKI Filip		Kraków	0:32:50.81 (08:52min/km)	0:32:59.86	+0:17:56.76
155 - K /70	K10 /12	[834] BUDZIŃSKA Julia		Kraków	0:32:57.65 (08:54min/km)	0:33:01.18	+0:17:58.08
156 - K /71	K50 /2	[723] GRĘBSKA-BODZĘTA Agata	Krakowska Grupa Biegowa PKO BP SA	Trzebinia	0:44:32.15 (12:02min/km)	0:44:37.93	+0:29:34.83
157 - K /72	K10 /13	[702] BISKUPSKA Małgorzata	WKS Wawel BnO	Kraków	0:44:26.08 (12:00min/km)	0:44:39.90	+0:29:36.80
158 - K /73	K20 /9	[1116] KOSTUCH Aleksandra		Śledziejowice	3:29:02.17 (56:29min/km)	3:29:02.17	+3:13:59.07