

5,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M /1	M20/1	[2449] TABOR, Dominik	Centrum Zdrowia Biegacza		0:23:10.70 (04:03min/km)	0:23:11.39	+0:00:00.00
2 - M /2	M20/2	[11] BABULA, Przemysław	GKS Piast Gliwice	Gliwice	0:24:30.97 (04:18min/km)	0:24:31.45	+0:01:20.06
3 - M /3	M40/1	[366] ZAJĄC, Piotr	Bieniasz Bike Ekipa z Tarnowa BikersTarnów	Tarnów	0:25:17.86 (04:26min/km)	0:25:20.82	+0:02:09.43
4 - M /4	M20/3	[1091] SUŁEK, Adam	AZS UJ	Krakow	0:25:24.11 (04:27min/km)	0:25:24.11	+0:02:12.72
5 - M /5	M40/2	[1087] ZDZIEBŁO, Marcin		Zory	0:25:46.49 (04:31min/km)	0:25:47.57	+0:02:36.18
6 - M /6	M16/1	[1094] KIJAK, Jakub	WKS Wawel BnO	Kraków	0:26:13.61 (04:36min/km)	0:26:13.61	+0:03:02.22
7 - M /7	M16/2	[2447] KOŁODZIEJCZYK, Łukasz	UKS Kometa Gliwice		0:26:36.55 (04:40min/km)	0:26:38.24	+0:03:26.85
8 - M /8	M16/3	[2450] BYRCZEK, Jan	UKS Kometa Gliwice		0:26:53.60 (04:43min/km)	0:26:56.51	+0:03:45.12
9 - M /9	M40/3	[358] WÓJCIK, Grzegorz	WKS Wawel BnO	Kraków	0:27:10.77 (04:46min/km)	0:27:12.02	+0:04:00.63
10 - M /10	M30/1	[2451] TARGOSZ, Michał	ITMBW Kraków		0:27:35.76 (04:50min/km)	0:27:36.48	+0:04:25.09
11 - M /11	M16/4	[1063] BUŁAWA, Filip	UKS Kometa Gliwice		0:28:09.77 (04:56min/km)	0:28:11.91	+0:05:00.52
12 - K /1	K30/1	[291] PIĄTEK, Karolina	nogamidogóry.pl	Kraków	0:28:18.99 (04:58min/km)	0:28:22.63	+0:05:11.24
13 - M /12	M50/1	[2428] OPRYSZEK, Bogusław	ITMBW Kraków	Kraków	0:28:29.83 (04:59min/km)	0:28:32.08	+0:05:20.69
14 - M /13	M30/2	[2427] OKRAJEK, Zbigniew		Koniusza	0:28:31.06 (05:00min/km)	0:28:36.06	+0:05:24.67
15 - M /14	M16/5	[249] KUNZ, Marcin	Lacho Team	Kraków	0:29:01.14 (05:05min/km)	0:29:01.14	+0:05:49.75
16 - M /15	M30/3	[1097] SZKODZIŃSKI, Tomasz	Novomatic Technologies Poland	Kraków	0:29:11.98 (05:07min/km)	0:29:16.19	+0:06:04.80
17 - M /16	M30/4	[271] MARKOWICZ, Szymon		Krosno	0:29:46.21 (05:13min/km)	0:29:50.21	+0:06:38.82
18 - M /17	M30/5	[365] ZAJĄC, Piotr		Kraków	0:29:56.44 (05:15min/km)	0:29:56.44	+0:06:45.05
19 - M /18	M20/4	[1075] BODURKA, Tomasz	Decathlon	Nielepice	0:30:06.06 (05:16min/km)	0:30:14.97	+0:07:03.58
20 - M /19	M30/6	[1101] OSIADACZ, Jakub	Novomatic Technologies Poland		0:30:19.99 (05:19min/km)	0:30:19.99	+0:07:08.60
21 - M /20	M30/7	[2454] ROJEK, Maciej			0:30:19.38 (05:19min/km)	0:30:21.02	+0:07:09.63
22 - M /21	M30/8	[375] ŻOŁNIEREK, Robert		Kraków	0:30:26.43 (05:20min/km)	0:30:31.44	+0:07:20.05
23 - M /22	M30/9	[2453] PRZEBINDA, Łukasz			0:30:29.53 (05:20min/km)	0:30:34.46	+0:07:23.07
24 - M /23	M40/4	[1084] TRACZ, Sławomir		Myślenice	0:30:36.78 (05:22min/km)	0:30:39.43	+0:07:28.04
25 - M /24	M40/5	[1086] WĄCŁAWSKI, Leszek		Zadroże	0:30:44.77 (05:23min/km)	0:30:52.44	+0:07:41.05

26 - M /25	M20/5	[179]	BARTYZEL, Krzysztof	Młode Wilki	Krakow	0:30:55.77 (05:25min/km)	0:31:02.47	+0:07:51.08
27 - M /26	M20/6	[262]	ŁACNY, Łukasz		Nowy Sącz	0:31:04.74 (05:27min/km)	0:31:04.74	+0:07:53.35
28 - M /27	M30/10	[2429]	OŻÓG, Mirosław	Skawina Biega	Skawina	0:31:09.01 (05:27min/km)	0:31:09.01	+0:07:57.62
29 - M /28	M30/11	[193]	CIEŚLA, Krzysztof		Kraków	0:31:06.38 (05:27min/km)	0:31:09.43	+0:07:58.04
30 - K /2	K16/1	[345]	TOPÓR, Magdalena	WKS Wawel BnO	Kraków	0:31:34.81 (05:32min/km)	0:31:40.53	+0:08:29.14
31 - M /29	M20/7	[1095]	MATEUSZ, Mirocha			0:31:41.67 (05:33min/km)	0:31:49.69	+0:08:38.30
32 - M /30	M40/6	[1096]	GRZEGORZ, Pajda			0:31:37.55 (05:32min/km)	0:31:50.79	+0:08:39.40
33 - M /31	M40/7	[1064]	KOWALCZYK, Rafał			0:31:52.86 (05:35min/km)	0:32:04.35	+0:08:52.96
34 - M /32	M40/8	[1077]	GARSTECKI, Michał	Skawina Biega	Skawina	0:32:00.58 (05:36min/km)	0:32:06.41	+0:08:55.02
35 - M /33	M30/12	[196]	DURBAS, Maciej		Kraków	0:32:23.64 (05:40min/km)	0:32:40.17	+0:09:28.78
36 - M /34	M50/2	[2452]	GAŁ, Wojciech			0:32:26.48 (05:41min/km)	0:32:41.61	+0:09:30.22
37 - K /3	K16/2	[4]	GARBACIK, Maja	WKS Wawel BnO	Kraków	0:32:51.37 (05:45min/km)	0:32:57.11	+0:09:45.72
38 - M /35	M20/8	[261]	ŁABĘDŹ, Artur	ITMBW Kraków	Kraków	0:31:17.25 (05:29min/km)	0:33:09.46	+0:09:58.07
39 - M /36	M16/6	[373]	ŻEŚLAWSKI, Mateusz	WKS Wawel BnO	Kraków	0:33:15.68 (05:50min/km)	0:33:17.65	+0:10:06.26
40 - M /37	M20/9	[2386]	KAWULKA, Robert		Kraków	0:32:54.60 (05:46min/km)	0:33:24.48	+0:10:13.09
41 - M /38	M50/3	[280]	NIESSNER, Piotr	WKS Wawel BnO	Kraków	0:33:23.89 (05:51min/km)	0:33:24.83	+0:10:13.44
42 - M /39	M40/9	[1082]	RZENNO, Łukasz	G.O.A.T. Team Michałowice	Kraków	0:33:31.36 (05:52min/km)	0:33:34.01	+0:10:22.62
43 - M /40	M40/10	[206]	GEDL, Przemysław		Kraków	0:33:40.72 (05:54min/km)	0:33:45.50	+0:10:34.11
44 - M /41	M40/11	[324]	SROKA, Wojciech	Wiolinka i Bemol	Kraków	0:33:56.10 (05:57min/km)	0:34:02.68	+0:10:51.29
45 - M /42	M20/10	[2459]	DUDKIEWICZ, Damian	WKS Wawel		0:33:59.48 (05:57min/km)	0:34:06.83	+0:10:55.44
46 - M /43	M40/12	[299]	PRZYWARA, Piotr	Skawina Biega	Skawina	0:34:10.56 (05:59min/km)	0:34:14.02	+0:11:02.63
47 - K /4	K16/3	[1090]	NATALIA, Kłaput			0:34:18.41 (06:01min/km)	0:34:25.56	+0:11:14.17
48 - M /44	M20/11	[177]	BARGIEŁ, Marcin	Go Aktiv!	Kraków	0:34:24.77 (06:02min/km)	0:34:33.84	+0:11:22.45
49 - M /45	M30/13	[216]	INDYKA, Michał	Biegam bo taki mam kaprys :)	Trojanowice	0:34:27.54 (06:02min/km)	0:34:38.81	+0:11:27.42
50 - M /46	M40/13	[263]	ŁAKOMSKI, Łukasz	rowerowanie.pl	KRAKÓW	0:34:24.90 (06:02min/km)	0:34:42.11	+0:11:30.72
51 - M /47	M30/14	[354]	WĄTRÓBSKI, Mirosław		Kraków	0:34:12.28 (06:00min/km)	0:34:43.10	+0:11:31.71
52 - K /5	K16/4	[317]	SŁOŃSKA, Zofia	WKS Wawel BnO	Kraków	0:34:37.24 (06:04min/km)	0:34:43.23	+0:11:31.84
53 - M /48	M30/15	[297]	POTASIEWICZ, Paweł	Novomatic Technologies Poland	Kraków	0:34:31.82 (06:03min/km)	0:34:44.06	+0:11:32.67
54 - M /49	M20/12	[2460]	GIERCZAK, Paweł	WKS Wawel		0:34:45.09 (06:05min/km)	0:34:50.55	+0:11:39.16
55 - M /50	M40/14	[335]	SYRYŃSKI-GIRO, Sebastian	MJMETAL OŚWIĘCIM	OŚWIĘCIM	0:34:52.01 (06:07min/km)	0:34:52.01	+0:11:40.62
56 - M /51	M30/16	[286]	OŻÓG, Robert	Skawina Biega	SKAWINA	0:35:12.95 (06:10min/km)	0:35:19.96	+0:12:08.57
57 - M /52	M60/1	[200]	FEDIRKO, Tadeusz	niezrzeszony	Kraków	0:35:21.86 (06:12min/km)	0:35:31.72	+0:12:20.33
58 - M /53	M50/4	[267]	MACHLOWSKI, Ryszard	KKB DYSTANS	KRAKÓW	0:35:24.15 (06:12min/km)	0:35:39.13	+0:12:27.74

59 - M /54	M30/17	[312]	SIKORA, Łukasz		Kraków	0:35:41.83 (06:15min/km)	0:35:45.22	+0:12:33.83
60 - M /55	M40/15	[301]	PUDEŁEK, Paweł	LKS Górzanka Nawojowa Góra		0:35:48.99 (06:17min/km)	0:35:58.66	+0:12:47.27
61 - K /6	K30/2	[336]	SZCZEPANIK, Renata	KRAKÓW	Kraków	0:35:52.70 (06:17min/km)	0:35:59.42	+0:12:48.03
62 - M /56	M50/5	[372]	ŻESLAWSKI, Wojciech	WKS Wawel BnO	Kraków	0:36:04.74 (06:19min/km)	0:36:06.58	+0:12:55.19
63 - M /57	M30/18	[245]	KUBLIN, Przemysław	Novomatic Technologies Poland	Kraków	0:35:57.66 (06:18min/km)	0:36:10.63	+0:12:59.24
64 - M /58	M50/6	[256]	LATAŁA, Jarosław	Biegam Bo Lubię Kraków	Kraków	0:36:05.94 (06:19min/km)	0:36:12.62	+0:13:01.23
65 - K /7	K20/1	[203]	GAWŁOWSKA, Anna		Kraków	0:36:04.73 (06:19min/km)	0:36:19.72	+0:13:08.33
66 - M /59	M40/16	[353]	WAŚIK, Marcin	TriWise	Kraków	0:36:01.44 (06:19min/km)	0:36:26.56	+0:13:15.17
67 - M /60	M16/7	[371]	ŻESLAWSKI, Jakub	WKS Wawel BnO	Kraków	0:36:30.83 (06:24min/km)	0:36:32.81	+0:13:21.42
68 - M /61	M40/17	[210]	GRATKA, Mirosław	1973	Kojszówka	0:36:13.86 (06:21min/km)	0:36:34.74	+0:13:23.35
69 - M /62	M30/19	[274]	MICHAŁEK, Łukasz	GT Alex	Kraków	0:35:48.16 (06:16min/km)	0:36:36.35	+0:13:24.96
70 - M /63	M16/8	[288]	PARDYGAŁ, Michał		Kraków	0:36:31.88 (06:24min/km)	0:36:41.29	+0:13:29.90
71 - K /8	K30/3	[178]	BARTUŚ, Joanna	G.O.A.T. Team Michałowice	Michałowice	0:36:27.33 (06:23min/km)	0:36:42.81	+0:13:31.42
72 - M /64	M30/20	[1083]	SANTAMARIA ALBERQUILLA, Francisco Jose	Ardmon	Escorial (El)	0:36:17.59 (06:22min/km)	0:36:46.31	+0:13:34.92
73 - K /9	K16/5	[359]	WÓJCIK, Natalia	WKS Wawel BnO	Kraków	0:36:40.39 (06:26min/km)	0:36:48.36	+0:13:36.97
74 - M /65	M30/21	[2425]	KUZICKI, Artur Kuzicki		Kraków	0:36:40.52 (06:26min/km)	0:36:53.99	+0:13:42.60
75 - M /66	M20/13	[211]	GRUSZKA, Karol	Bizonmotorsport	Kraków	0:36:28.00 (06:23min/km)	0:36:57.20	+0:13:45.81
76 - M /67	M50/7	[2323]	BIRCZYŃSKI, Paweł		Kraków	0:37:14.02 (06:31min/km)	0:37:19.63	+0:14:08.24
77 - K /10	K30/4	[298]	PRZYWARA, Katarzyna	Skawina Biega	Skawina	0:37:18.65 (06:32min/km)	0:37:21.56	+0:14:10.17
78 - K /11	K16/6	[302]	PUDEŁEK, Michalina	LKS Górzanka Nawojowa Góra		0:36:43.79 (06:26min/km)	0:37:23.67	+0:14:12.28
79 - M /68	M60/2	[2369]	FAJTO, Maciej	Murzasiczle Sport Team	Murzasiczle	0:37:00.81 (06:29min/km)	0:37:27.60	+0:14:16.21
80 - M /69	M30/22	[220]	JANIAK, Mariusz		Kraków	0:36:56.69 (06:28min/km)	0:37:28.23	+0:14:16.84
81 - M /70	M50/8	[237]	KOSOWSKI, Adam	Adamex Podolsze	Podolsze	0:37:13.48 (06:31min/km)	0:37:30.01	+0:14:18.62
82 - K /12	K30/5	[2465]	RYLKO, Agnieszka	ITMBW Kraków		0:36:53.67 (06:28min/km)	0:37:31.59	+0:14:20.20
83 - M /71	M40/18	[330]	STĘŻOWSKI, Dariusz	Krówka Team	Kraków	0:37:14.13 (06:31min/km)	0:37:33.77	+0:14:22.38
84 - K /13	K30/6	[352]	WARSZAWSKA, Agnieszka		Kraków	0:37:13.33 (06:31min/km)	0:37:35.26	+0:14:23.87
85 - K /14	K40/1	[2443]	ZAJĄCZKOWSKA- ORŁOWSKA, Katarzyna		Kraków	0:37:26.30 (06:34min/km)	0:37:35.40	+0:14:24.01
86 - M /72	M50/9	[259]	LIS, Jacek	G.O.A.T. Team Michałowice	Kończyce	0:37:24.58 (06:33min/km)	0:37:44.63	+0:14:33.24
87 - M /73	M40/19	[316]	SKORUPA, Mariusz	LKS Górzanka Nawojowa Góra	Kraków	0:36:50.61 (06:27min/km)	0:37:47.05	+0:14:35.66
88 - K /15	K16/7	[2445]	NYGA, Julia	UKS Kometa Gliwice		0:37:34.36 (06:35min/km)	0:37:48.68	+0:14:37.29
89 - M /74	M50/10	[201]	FORYTEK, Józef	WKS Wawel BnO	Kraków	0:37:57.78 (06:39min/km)	0:38:07.19	+0:14:55.80
90 - M /75	M40/20	[230]	KIEŁB, Grzegorz	G.O.A.T. Team Michałowice	Zagórzycze Stare	0:37:55.50 (06:39min/km)	0:38:11.59	+0:15:00.20
91 - M /76	M16/9	[1069]	LACHOWICZ, Kuba			0:38:19.80 (06:43min/km)	0:38:22.56	+0:15:11.17
92 - M /77	M30/23	[2434]	SMEREKA, Krzysztof		Kraków	0:38:13.27 (06:42min/km)	0:38:25.76	+0:15:14.37

93 - M /78	M50/11	[327]	STANEK, Rafał	Zabierzów Biega	Karniowice	0:37:55.84 (06:39min/km)	0:38:27.58	+0:15:16.19
94 - M /79	M30/24	[246]	KUKLA, Daniel		Bochnia	0:38:10.91 (06:41min/km)	0:38:28.31	+0:15:16.92
95 - M /80	M60/3	[292]	PIĄTEK, Stanisław	ITMBW Kraków	Kraków	0:38:17.70 (06:43min/km)	0:38:30.51	+0:15:19.12
96 - K /16	K40/2	[2456]	MOSZUMAŃSKA, Magdalena			0:37:51.74 (06:38min/km)	0:38:36.06	+0:15:24.67
97 - K /17	K40/3	[361]	ZABOROWSKA, Małgorzata		Liszki	0:38:23.76 (06:44min/km)	0:38:41.61	+0:15:30.22
98 - M /81	M40/21	[2461]	GAJEK, Paweł			0:38:15.41 (06:42min/km)	0:38:44.10	+0:15:32.71
99 - K /18	K30/7	[338]	SZNAJDER, Joanna	G.O.A.T. Team Michałowice	Michałowice	0:38:28.99 (06:45min/km)	0:38:45.27	+0:15:33.88
100 - M /82	M30/25	[2462]	RADCZYK, Tomasz			0:38:46.45 (06:48min/km)	0:38:46.45	+0:15:35.06
101 - M /83	M50/12	[2441]	WIELGUS, Jacek	Wściekłe chomiki	Tarnów	0:38:20.72 (06:43min/km)	0:38:52.17	+0:15:40.78
102 - M /84	M30/26	[251]	KURLETO, Kamil	Młode Wilki	Kraków	0:38:45.89 (06:48min/km)	0:38:54.63	+0:15:43.24
103 - K /19	K16/8	[360]	WYPYCH, Urszula		Kraków	0:38:33.01 (06:45min/km)	0:38:55.35	+0:15:43.96
104 - K /20	K40/4	[199]	ETTERLE-BIEDERMAN, Lilianna	WKS Wawel BnO	IWANOWICE WŁOŚCIAŃSKIE	0:38:44.92 (06:47min/km)	0:38:56.83	+0:15:45.44
105 - K /21	K30/8	[226]	KAPOŁKA, Agata	Skawina Biega	Skawina	0:38:56.73 (06:49min/km)	0:39:03.73	+0:15:52.34
106 - M /85	M30/27	[2424]	KUTNIK, Paweł		Kraków	0:38:19.30 (06:43min/km)	0:39:06.74	+0:15:55.35
107 - M /86	M40/22	[272]	MARZEC, Artur		Wieliczka	0:38:28.12 (06:44min/km)	0:39:08.13	+0:15:56.74
108 - K /22	K30/9	[2351]	CHYLEWSKA-OLECH, Dagmara	BeFit24Team	Kraków	0:38:55.83 (06:49min/km)	0:39:09.31	+0:15:57.92
109 - K /23	K30/10	[2448]	DUDZIAK, Dorota	#AdamCzerwiński Team		0:38:38.36 (06:46min/km)	0:39:13.33	+0:16:01.94
110 - K /24	K30/11	[2463]	WIECH, Anna	#AdamCzerwińskiTeam		0:38:38.65 (06:46min/km)	0:39:13.98	+0:16:02.59
111 - M /87	M20/14	[2370]	LEŚNIAK, Jacek	Akademia Sportu Future4	Kraków	0:38:56.93 (06:49min/km)	0:39:16.60	+0:16:05.21
112 - M /88	M20/15	[2370]	LEŚNIAK, Jacek	Akademia Sportu Future4	Kraków	0:38:56.93 (06:49min/km)	0:39:16.60	+0:16:05.21
113 - M /89	M20/16	[254]	KUTYBA, Marek		Kraków	0:38:51.28 (06:49min/km)	0:39:24.07	+0:16:12.68
114 - K /25	K40/5	[342]	ŚLIWA, Anna	Skawina Biega	Skawina	0:39:23.62 (06:54min/km)	0:39:29.15	+0:16:17.76
115 - M /90	M16/10	[276]	MIŚKÓW, Krzysztof	KS Kościelec Chrzanów	Chrzanów	0:38:24.68 (06:44min/km)	0:39:39.05	+0:16:27.66
116 - K /26	K20/2	[197]	DYLAĞ, Marlena	G.O.A.T. Team Michałowice	Michałowice	0:39:28.21 (06:55min/km)	0:39:41.97	+0:16:30.58
117 - M /91	M40/23	[306]	RAJ, Tomasz	Husaria Race Team	Kraków	0:39:09.96 (06:52min/km)	0:39:42.76	+0:16:31.37
118 - K /27	K40/6	[356]	WITEK, Aneta	SolarWinds	Wieliczka	0:39:30.40 (06:55min/km)	0:39:45.20	+0:16:33.81
119 - M /92	M30/28	[1055]	JUDASZ, Rafał		Rudnik	0:39:53.76 (06:59min/km)	0:40:08.32	+0:16:56.93
120 - M /93	M40/24	[2435]	SZAJEWSKI, Arkadiusz	O TAK ŁO	KRAKÓW	0:39:27.54 (06:55min/km)	0:40:08.98	+0:16:57.59
121 - M /94	M40/25	[222]	JĘDRZEJEWSKI, Włodzimierz	Cisco Running Team	KRAKOW	0:39:46.43 (06:58min/km)	0:40:22.45	+0:17:11.06
122 - M /95	M40/26	[344]	TICHORUK, Rafał	Poranny Patrol	Kraków	0:39:33.57 (06:56min/km)	0:40:24.16	+0:17:12.77
123 - M /96	M16/11	[313]	SIWIECKI, Maciej		Kraków	0:39:58.92 (07:00min/km)	0:40:25.52	+0:17:14.13
124 - M /97	M30/29	[217]	IRLIK, Jacek	Niezzrzeszony	Kraków	0:40:10.04 (07:02min/km)	0:40:35.75	+0:17:24.36
125 - K /28	K30/12	[285]	OSIKA, Kamila	Probalans.pl Night Runners	Kraków	0:40:21.21 (07:04min/km)	0:40:37.85	+0:17:26.46

126 - K /29	K50/1	[294]	PLATA, Agnieszka	Dzieło Pomocy św Ojca Pio	Kraków	0:40:09.73 (07:02min/km)	0:40:50.86	+0:17:39.47
127 - K /30	K30/13	[369]	ZIĘBA-ŚLADOWSKA, Agata	Skawina Biega	RADZISZÓW	0:40:57.02 (07:11min/km)	0:41:02.91	+0:17:51.52
128 - K /31	K40/7	[209]	GRATKA, Beata	1974	Kojszówka	0:40:43.81 (07:08min/km)	0:41:03.62	+0:17:52.23
129 - K /32	K40/8	[2455]	MOSZUMAŃSKA-KOLEGOWICZ, Katarzyna			0:40:22.82 (07:05min/km)	0:41:07.14	+0:17:55.75
130 - K /33	K30/14	[363]	ZAJĄC, Ilona	Skawina Biega	SKAWINA	0:41:02.02 (07:11min/km)	0:41:07.50	+0:17:56.11
131 - K /34	K30/15	[364]	ZAJĄC, Monika		Kraków	0:40:51.45 (07:10min/km)	0:41:15.54	+0:18:04.15
132 - M /98	M30/30	[195]	DĄBROWSKI, Marek	G.O.A.T. Team Michałowice	Więclawice Stare	0:41:03.10 (07:12min/km)	0:41:21.88	+0:18:10.49
133 - M /99	M30/31	[1104]	KOSOŃ, Krzysztof			0:41:09.02 (07:13min/km)	0:41:23.29	+0:18:11.90
134 - M /100	M30/32	[1088]	ZUBALSKI, Artur	RING KRAKÓW	Kraków	0:41:24.52 (07:15min/km)	0:41:37.52	+0:18:26.13
135 - M /101	M40/27	[270]	MACINA, Dariusz		Podłęże	0:40:59.58 (07:11min/km)	0:41:42.46	+0:18:31.07
136 - K /35	K50/2	[189]	BUGAJ, Teresa	WKS Wawel BnO	Kraków	0:41:21.36 (07:15min/km)	0:41:46.68	+0:18:35.29
137 - K /36	K30/16	[350]	TYLEK, Agata	Skawina Biega	Brzyczyna	0:41:44.56 (07:19min/km)	0:41:49.59	+0:18:38.20
138 - K /37	K30/17	[232]	KŁAPUT, Dorota	Endorfiny	Wadowice	0:41:17.53 (07:14min/km)	0:41:59.93	+0:18:48.54
139 - M /102	M40/28	[219]	JAMROZIK, Krzysiek	WKS Wawel BnO	Kraków	0:41:37.81 (07:18min/km)	0:42:01.90	+0:18:50.51
140 - M /103	M50/13	[208]	GRABOWSKI, Jan	Skawina Biega	Gołuchowice	0:41:49.92 (07:20min/km)	0:42:02.44	+0:18:51.05
141 - K /38	K30/18	[1059]	WOJTOWICZ, Magdalena			0:41:37.96 (07:18min/km)	0:42:06.28	+0:18:54.89
142 - K /39	K20/3	[268]	MACIASZ, Sylwia		Połom Mały	0:41:29.95 (07:16min/km)	0:42:06.28	+0:18:54.89
143 - K /40	K30/19	[340]	SZWEJ, Joanna	Pogoria Biega	Kraków	0:41:13.73 (07:13min/km)	0:42:07.15	+0:18:55.76
144 - M /104	M30/33	[293]	PILCH, Łukasz	Probalans.pl	Kraków	0:41:54.64 (07:21min/km)	0:42:12.17	+0:19:00.78
145 - M /105	M30/34	[296]	POCIĘGIEL, Michał	Skawina Biega	Radziszów	0:42:08.29 (07:23min/km)	0:42:18.75	+0:19:07.36
146 - M /106	M50/14	[2426]	MLEKO, Roman	ITMBW Kraków	Kraków	0:42:12.88 (07:24min/km)	0:42:20.20	+0:19:08.81
147 - K /41	K16/9	[325]	SROKA, Zuzanna		Kraków	0:41:28.04 (07:16min/km)	0:42:22.47	+0:19:11.08
148 - M /107	M30/35	[205]	GĄSIOR, Marcin		Kraków	0:41:52.04 (07:20min/km)	0:42:44.15	+0:19:32.76
149 - M /108	M30/36	[2421]	KOSEK, Przemysław	Wściekłe Chomiki	Kraków	0:42:14.83 (07:24min/km)	0:42:46.92	+0:19:35.53
150 - K /42	K50/3	[266]	MACHLOWSKA, Grażyna	KKB DYSTANS	KRAKÓW	0:42:23.50 (07:26min/km)	0:42:52.79	+0:19:41.40
151 - M	M30/37	[2437]	TOROŃ, Maciej		Kraków	0:42:19.52 (07:25min/km)	0:42:59.96	+0:19:48.57

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152 - K /43	K30/20	[2383]	KATARZYNA, Kosiba-Łuczak		Kraków	0:42:31.93 (07:27min/km)	0:43:12.55	+0:20:01.16	
153 - M /110	M30/38	[1100]	STEFAŃCZYK, Marek	BeFit24Team		0:42:36.75 (07:28min/km)	0:43:13.80	+0:20:02.41	
154 - M /111	M40/29	[290]	PATER, Janusz	MJMETAL OŚWIĘCIM	OŚWIĘCIM	0:43:14.32 (07:35min/km)	0:43:34.40	+0:20:23.01	
155 - M /112	M20/17	[2457]	ŁUKASIK, Adrian	WKS Wawel		0:43:26.43 (07:37min/km)	0:43:35.43	+0:20:24.04	
156 - K /44	K30/21	[1072]	BEDNARZ, Sylwia	G.O.A.T. Team Michałowice	Michałowice	0:43:32.65 (07:38min/km)	0:43:42.63	+0:20:31.24	
157 - M /113	M60/4	[192]	CEKIERA, Antoni	combex	Kraków	0:43:00.25 (07:32min/km)	0:43:45.81	+0:20:34.42	
158 - K /45	K30/22	[368]	ZIELIŃSKA-KOŁACZ, Ewelina	Wkurw_Team	Kraków	0:43:12.20 (07:34min/km)	0:43:48.95	+0:20:37.56	
159 - M /114	M20/18	[187]	BOVSUNIVSKYI, Sergii	Heineken Krakow Running Club	Krakow	0:43:14.32 (07:35min/km)	0:43:49.60	+0:20:38.21	
160 - K /46	K30/23	[1076]	BURNUS, Beata	Night Runners	Kraków	0:43:45.91 (07:40min/km)	0:44:11.50	+0:21:00.11	
161 - K /47	K20/4	[349]	TWARDOWSKA, Kornelia		Kraków	0:43:43.37 (07:40min/km)	0:44:12.18	+0:21:00.79	
162 - K /48	K16/10	[2376]	GNIEWEK, Julia Gniewek		Bochnia	0:43:37.36 (07:39min/km)	0:44:18.16	+0:21:06.77	
163 - K /49	K20/5	[1078]	JASZCZ, Maria	xxx	Kraków	0:44:23.56 (07:47min/km)	0:44:25.11	+0:21:13.72	
164 - K /50	K30/24	[287]	PAJOR-LESZCZYŃSKA, Aleksandra		KRAKOW	0:44:30.43 (07:48min/km)	0:44:42.54	+0:21:31.15	
165 - M /115	M30/39	[1058]	RYTOV, Oleksi			0:44:18.51 (07:46min/km)	0:44:44.77	+0:21:33.38	
166 - K /51	K30/25	[2466]	WIŚNIEWSKA, Agnieszka			0:44:11.82 (07:45min/km)	0:44:45.75	+0:21:34.36	
167 - M /116	M50/15	[1183]	DULIASZ, Cezary			0:44:36.50 (07:49min/km)	0:45:08.29	+0:21:56.90	
168 - K /52	K20/6	[183]	BIELECKA, Ewa		Kraków	0:44:36.50 (07:49min/km)	0:45:08.29	+0:21:56.90	
169 - K /53	K30/26	[184]	BIŁOCHA, Ewa		Kraków	0:45:09.21 (07:55min/km)	0:45:09.21	+0:21:57.82	
170 - K /54	K40/9	[2446]	ZAWADA, Magdalena			0:45:00.77 (07:53min/km)	0:45:09.46	+0:21:58.07	
171 - M /117	M40/30	[1098]	BOUFRAHI, Rysiek		Krakow	0:44:22.27 (07:47min/km)	0:45:11.39	+0:22:00.00	
172 - K /55	K20/7	[2422]	KRUK, Paulina	Night Runners	Kraków	0:44:37.61 (07:49min/km)	0:45:15.09	+0:22:03.70	
173 - K /56	K30/27	[2420]	KONTUREK, Agnieszka		KRAKÓW	0:44:55.07 (07:52min/km)	0:45:41.36	+0:22:29.97	
174 - K /57	K40/10	[2431]	PALIŚ, Kinga Paliś	BeFit24Team	Kraków	0:45:28.06 (07:58min/km)	0:45:42.70	+0:22:31.31	
175 - K /58	K20/8	[240]	KOZIOŁ, Aneta		Kraków	0:44:55.70 (07:52min/km)	0:45:43.47	+0:22:32.08	
176 - K /59	K40/11	[320]	SOŁTYS, Alicja	Skawina Biega	Kraków	0:45:45.32 (08:01min/km)	0:45:45.32	+0:22:33.93	
177 - M	M40/31	[321]	SOWA, Grzegorz	ITMBW Kraków	Kraków	0:46:07.31 (08:05min/km)	0:46:07.31	+0:22:55.92	

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178 - K /60	K20/9	[2433]	RACZYŃSKA, Alicja	Ntiative	Kraków	0:45:43.91 (08:01min/km)	0:46:07.80	+0:22:56.41
179 - M /119	M40/32	[2458]	BARWIOŁEK, Artur	WKS Wawel		0:46:43.72 (08:11min/km)	0:46:47.95	+0:23:36.56
180 - K /61	K30/28	[182]	BIEDROŃ, Monika	WM Triself	Kraków	0:45:57.30 (08:03min/km)	0:46:49.95	+0:23:38.56
181 - K /62	K40/12	[191]	BURDA, Monika	#AdamCzerwińskiTeam	Kraków	0:46:47.10 (08:12min/km)	0:47:07.71	+0:23:56.32
182 - M /120	M60/5	[248]	KULA, Tadeusz	KKB DYSTANS	Kraków	0:46:31.76 (08:09min/km)	0:47:16.63	+0:24:05.24
183 - K /63	K60/1	[331]	STOCHEL, Teresa	AKPT Krakow	Kraków	0:47:15.15 (08:17min/km)	0:47:22.11	+0:24:10.72
184 - M /121	M30/40	[2442]	WOJCIECH, Kulis		Kraków	0:46:48.81 (08:12min/km)	0:47:30.43	+0:24:19.04
185 - K /64	K30/29	[2352]	CZAPIEWSKA, Eliza	GT ALex	Kraków	0:46:47.26 (08:12min/km)	0:47:37.66	+0:24:26.27
186 - K /65	K50/4	[303]	PULNIK, Andżelika	Nowohucki Kombinat Sportowy	Kraków	0:47:00.97 (08:14min/km)	0:47:38.00	+0:24:26.61
187 - K /66	K30/30	[2464]	RAMOTOWSKA, Dominika	Solarwinds		0:47:03.70 (08:15min/km)	0:47:38.95	+0:24:27.56
188 - K /67	K20/10	[2430]	PALIBOREK, Monika		Kraków	0:47:12.12 (08:16min/km)	0:47:41.73	+0:24:30.34
189 - M /122	M30/41	[235]	KOMISARCZUK, Arkadiusz	Medius Runners	Kraków	0:46:55.16 (08:13min/km)	0:47:46.60	+0:24:35.21
190 - M /123	M30/42	[1070]	BIELIK, Radosław	Wkurw_Team	Kraków	0:47:38.53 (08:21min/km)	0:48:14.01	+0:25:02.62
191 - M /124	M30/43	[2432]	PRZEWIĘŻLIKOWSKI, Tomasz	Wściekłe Chomiki	Kraków	0:48:16.00 (08:28min/km)	0:48:48.06	+0:25:36.67
192 - K /68	K40/13	[2361]	CZARNECKA, Eliza		Kraków	0:48:04.65 (08:26min/km)	0:48:52.93	+0:25:41.54
193 - K /69	K30/31	[190]	BUGAJSKA, Katarzyna		Kraków	0:48:14.62 (08:27min/km)	0:48:54.08	+0:25:42.69
194 - M /125	M40/33	[310]	SERWATKA, Szymon		Zielonki	0:48:46.27 (08:33min/km)	0:49:01.15	+0:25:49.76
195 - K /70	K30/32	[247]	KUKLEWICZ, Barbara		Kraków	0:48:24.34 (08:29min/km)	0:49:10.32	+0:25:58.93
196 - M /126	M30/44	[241]	KRAWCZYK, Wojciech		Kraków	0:48:36.45 (08:31min/km)	0:49:15.87	+0:26:04.48
197 - K /71	K50/5	[1080]	MICHNA, Ewa		Lusina	0:48:55.57 (08:35min/km)	0:49:28.59	+0:26:17.20
198 - K /72	K40/14	[250]	ORLIŃSKA, Joanna	Skawina Biega	Gaj	0:48:56.68 (08:35min/km)	0:49:30.59	+0:26:19.20
199 - M /127	M16/12	[343]	TALAGA, Patryk	Skawina Biega	Gaj	0:49:11.12 (08:37min/km)	0:49:44.60	+0:26:33.21
200 - K /73	K30/33	[374]	ŻOŁNIEREK, Renata		Kraków	0:49:55.08 (08:45min/km)	0:50:37.54	+0:27:26.15
201 - K /74	K30/34	[1079]	ŁUKASIAK, Izabela		Kraków	0:50:33.67 (08:52min/km)	0:50:49.55	+0:27:38.16
202 - M	M20/19	[253]	KURUS, Tomasz	KATO	Kraków	0:50:26.14 (08:50min/km)	0:51:04.97	+0:27:53.58

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203 - K /75	K20/11	[229]	KHVAINITSKAYA-KURUS, Katsiaryna	KATO	Krakow	0:50:28.84 (08:51min/km)	0:51:06.34	+0:27:54.95
204 - K /76	K30/35	[2439]	WĘCŁAWIK, Anna Węcławik	Seshelle Running Group	Kraków	0:50:35.60 (08:52min/km)	0:51:22.51	+0:28:11.12
205 - K /77	K16/11	[322]	SROKA, Joanna		Kraków	0:50:55.95 (08:56min/km)	0:51:50.33	+0:28:38.94
206 - K /78	K40/15	[277]	MUCHA, Aleksandra		Kraków	0:51:18.93 (09:00min/km)	0:52:08.89	+0:28:57.50
207 - K /79	K50/6	[218]	JAKUBEK, Hanna	Skawina Biega	Skawina	0:54:49.21 (09:37min/km)	0:54:57.84	+0:31:46.45
208 - M /129	M40/34	[264]	ŁĘŻNIAK, Arkadiusz		Kraków	0:55:53.05 (09:48min/km)	0:56:36.21	+0:33:24.82
209 - K /80	K40/16	[304]	PYCHOWSKA-SROKA, Justyna		Kraków	0:57:54.83 (10:09min/km)	0:58:49.20	+0:35:37.81
210 - M /130	M20/20	[279]	NIEDBACH, Marek		Nowe Rybie	0:59:44.51 (10:28min/km)	1:00:26.96	+0:37:15.57
211 - K /81	K50/7	[337]	SZEWCZYK, Katarzyna	Iron Dragon Triathlon	Kraków	1:01:55.04 (10:51min/km)	1:01:55.04	+0:38:43.65
212 - K /82	K40/17	[2041]	ATROSZCZYK, Aleksandra		Krzeszowice	1:01:47.46 (10:50min/km)	1:02:35.72	+0:39:24.33