



Bieg Twierdzy Kraków - R1 - Fort Łapianka

Kraków, 2018-05-19 - Wyniki

10km

#	Kat./Cat.	Nazwisko, imię	Klub	Netto	Czas	Strata
1 - M/1	M/1	[21] DZIERWA, Marcin	Nowa Huta Team	0:38:55.54 (03:53min/km)	0:38:56.91	+0:00:00.00
2 - M/2	M/2	[18] CZYSZCZOŃ, Bogdan		0:40:51.87 (04:05min/km)	0:40:53.54	+0:01:56.63
3 - M/3	M/3	[26] DUROŃ, Marcin	BeFit24Team	0:46:42.98 (04:40min/km)	0:46:44.96	+0:07:48.05
4 - M/4	M/4	[15] OSAK, Maciej	Brak	0:50:39.63 (05:03min/km)	0:50:41.82	+0:11:44.91
5 - M/5	M/5	[3] ZORIN, Yevhenii		0:50:42.69 (05:04min/km)	0:50:47.98	+0:11:51.07
6 - M/6	M/6	[29] SZEWCZYK , Łukasz	Zarząd Budynków Komunalnych	0:50:57.15 (05:05min/km)	0:50:59.33	+0:12:02.42
7 - M/7	M/7	[32] BOGUSZ, Adam	CROSS HEROES	0:51:23.59 (05:08min/km)	0:51:26.18	+0:12:29.27
8 - M/8	M/8	[5] KOZIOŁ, Maciej	Koziołki	0:52:45.24 (05:16min/km)	0:52:45.24	+0:13:48.33
9 - K/1	K/1	[30] ZAJĄC, Anieszka		0:53:05.66 (05:18min/km)	0:53:08.35	+0:14:11.44
10 - M/9	M/9	[23] WRONA, Sylwester	Insignia	0:53:57.02 (05:23min/km)	0:54:02.81	+0:15:05.90
11 - M/10	M/10	[13] MYRLAK, Maciej		0:56:04.08 (05:36min/km)	0:56:08.93	+0:17:12.02
12 - K/2	K/2	[6] MATYSIAK, Agnieszka	Kopalnia Mocy	0:56:16.50 (05:37min/km)	0:56:18.83	+0:17:21.92
13 - M/11	M/11	[7] PLACHA, Piotr	Kopalnia Mocy	0:56:17.07 (05:37min/km)	0:56:19.69	+0:17:22.78
14 - M/12	M/12	[35] MARCHEWKA, Andrzej	Crossfit PT6	0:58:09.48 (05:48min/km)	0:58:13.29	+0:19:16.38
15 - M/13	M/13	[36] SKUBIS, Marcin	Zarząd Budynków Komunalnych	0:58:38.85 (05:51min/km)	0:58:42.14	+0:19:45.23
16 - M/14	M/14	[2] SERĘGA, Tomasz	Wkurw_Team	0:59:00.99 (05:54min/km)	0:59:06.96	+0:20:10.05
17 - M/15	M/15	[12] RADWAN, Bartłomiej		1:00:44.25 (06:04min/km)	1:00:48.73	+0:21:51.82
18 - K/3	K/3	[25] KACZMARCZYK, Izabela		1:01:09.46 (06:06min/km)	1:01:13.81	+0:22:16.90
19 - K/4	K/4	[22] GÓRAK, Natalia		1:02:38.52 (06:15min/km)	1:02:43.07	+0:23:46.16
20 - M/16	M/16	[20] KACZMARCZYK, Krzysztof		1:04:58.12 (06:29min/km)	1:05:02.81	+0:26:05.90
21 - M/17	M/17	[16] SZCZĘŚNIAK , Janusz		1:05:03.28 (06:30min/km)	1:05:06.40	+0:26:09.49
22 - K/5	K/5	[19] KACZMARCZYK, Anna		1:05:10.42 (06:31min/km)	1:05:13.95	+0:26:17.04
23 - K/6	K/6	[1] SERĘGA, Anna	Wkurw_team	1:06:21.22 (06:38min/km)	1:06:27.07	+0:27:30.16
24 - M/18	M/18	[4] KOZIOŁ, Artur	Koziołki	1:09:42.12 (06:58min/km)	1:09:48.33	+0:30:51.42