



Grand Prix Krakowa w biegach górskich 2018/2019

Kraków, 2018-10-28 - Wyniki

23,2km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M /1	M40/1	[846] KOCZWARA, Tomasz	Willow Batony	Radomyśl Wielki	1:38:54.44 (04:15min/km)	1:38:54.44	+0:00:00.00
2 - M /2	M40/2	[801] BORYCKI, Mirosław	Twomark	Libertów	1:48:35.35 (04:40min/km)	1:48:35.35	+0:09:40.91
3 - M /3	M40/3	[867] MAJCHER, Piotr	Eskadra Kraków	Kraków	1:50:07.46 (04:44min/km)	1:50:07.46	+0:11:13.02
4 - M /4	M20/1	[2762] KUJAWSKI, Bartosz			1:50:54.41 (04:46min/km)	1:50:54.67	+0:12:00.23
5 - M /5	M30/1	[934] SWAŁDEK, Konrad	Trailrun	Kraków	1:53:01.93 (04:52min/km)	1:53:01.93	+0:14:07.49
6 - M /6	M30/2	[945] URBAN, Mirosław	ITMBW Kraków	Kraków	1:53:47.86 (04:54min/km)	1:53:47.86	+0:14:53.42
7 - M /7	M40/4	[944] TYLEK, Rafał	FLEXISTAV SPORT	KRAKÓW	1:57:04.62 (05:02min/km)	1:57:29.92	+0:18:35.48
8 - M /8	M30/3	[919] SENDOR, Piotr		Krakow	1:57:44.09 (05:04min/km)	1:57:44.09	+0:18:49.65
9 - M /9	M30/4	[864] MACIĄG, Grzegorz	Dabex-Bolt	Kraków	1:57:53.41 (05:04min/km)	1:57:58.20	+0:19:03.76
10 - M /10	M30/5	[890] NYCZ, Marek		Kraków Nowy Targ	1:58:03.77 (05:05min/km)	1:58:06.87	+0:19:12.43
11 - M /11	M30/6	[855] KWIATKOWSKI, Michael		Kraków	1:59:06.90 (05:08min/km)	1:59:06.90	+0:20:12.46
12 - M /12	M30/7	[803] CHADAJ, Krzysztof		Kraków	1:59:33.21 (05:09min/km)	1:59:34.46	+0:20:40.02
13 - M /13	M30/8	[956] WOŹNIAK, Radosław Woźniak	Skawina Biega	Skawina	1:59:44.45 (05:09min/km)	1:59:44.45	+0:20:50.01
14 - M /14	M20/2	[909] PRZYWÓZKI, Rafał	Biegam Bo Kocham Ten Stan	Sokołów Podlaski	1:59:47.10 (05:09min/km)	1:59:48.71	+0:20:54.27
15 - M /15	M40/5	[791] BANIAK, Marcin	G.O.A.T. Team Michałowice	Zerwana	2:01:48.12 (05:15min/km)	2:01:48.12	+0:22:53.68
16 - M /16	M30/9	[800] BORSZOWSKI, Zbigniew	Zabierzów Biega	Łazy	2:01:49.27 (05:15min/km)	2:01:52.57	+0:22:58.13
17 - M /17	M30/10	[1250] DUDZIK, Łukasz			2:01:53.12 (05:15min/km)	2:01:53.12	+0:22:58.68
18 - M /18	M20/3	[872] MARC, Marcin		Kraków	2:02:28.64 (05:16min/km)	2:02:29.64	+0:23:35.20
19 - M /19	M40/6	[826] GRYGIEL, Marek	JACEKBIEGA RUNNING TEAM	Kraków	2:03:01.28 (05:18min/km)	2:03:02.95	+0:24:08.51
20 - M /20	M30/11	[863] MACHLOWSKI, Lukasz	KKB DYSTANS	Kraków	2:03:29.47 (05:19min/km)	2:03:29.47	+0:24:35.03
21 - M /21	M20/4	[857] LACHOR, Krzysztof	ARMIA LACHORÓW	Kłodne	2:04:19.98 (05:21min/km)	2:04:21.02	+0:25:26.58
22 - M /22	M30/12	[883] MIREK, Grzegorz	MOVE STUDIO	KRAKÓW	2:07:05.20 (05:28min/km)	2:07:06.88	+0:28:12.44
23 - M /23	M30/13	[2058] GRADZI, Dariusz	Krakowska Izba Adwokacka	kraków	2:07:46.92 (05:30min/km)	2:07:50.53	+0:28:56.09
24 - M /24	M50/1	[844] KIJANKA, Artur		Zielonki	2:09:02.43 (05:33min/km)	2:09:02.43	+0:30:07.99
25 - M /25	M30/14	[799] BORCZYŃSKI, Michał		Kraków	2:09:37.93 (05:35min/km)	2:09:37.93	+0:30:43.49
26 - M /26	M40/7	[853] KURYJ, Marek	WKS Wawel BnO	Kraków	2:09:59.90 (05:36min/km)	2:09:59.90	+0:31:05.46

27 - M /27	M30/15	[938]	SZYDŁOWSKI, Bartek	Skawina Biega	Skawina	2:10:29.89 (05:37min/km)	2:10:30.52	+0:31:36.08
28 - K /1	K20/1	[2761]	STĘPIEŃ, Małgorzata			2:12:14.90 (05:42min/km)	2:12:16.02	+0:33:21.58
29 - M /28	M30/16	[946]	URYGA, Jakub	KingRunner	Kraków	2:13:46.21 (05:45min/km)	2:13:46.66	+0:34:52.22
30 - M /29	M20/5	[926]	SPRUTTA, Mateusz		Mysłowice	2:14:26.77 (05:47min/km)	2:14:26.77	+0:35:32.33
31 - M /30	M40/8	[847]	KOPEĆ, Mirosław	MirMark	Kraków	2:14:35.78 (05:48min/km)	2:14:38.57	+0:35:44.13
32 - M /31	M40/9	[856]	KWIECIEŃ, Arek	Vege Runners, Skundlony.pl	Kraków	2:15:29.85 (05:50min/km)	2:15:32.04	+0:36:37.60
33 - K /2	K40/1	[813]	GALEWICZ, Katarzyna	TWOMARK SPECIALZED	Libertów	2:15:47.46 (05:51min/km)	2:15:47.46	+0:36:53.02
34 - M /32	M30/17	[2759]	GOC, Paweł			2:15:49.92 (05:51min/km)	2:15:57.90	+0:37:03.46
35 - M /33	M30/18	[1211]	BOROWIK, Tomasz			2:16:21.45 (05:52min/km)	2:16:25.67	+0:37:31.23
36 - M /34	M30/19	[921]	SIENCZYŁO, Marcin	Niepołomice Biegają	Niepołomice	2:17:35.84 (05:55min/km)	2:17:40.44	+0:38:46.00
37 - M /35	M40/10	[1214]	ŚMIŁKOWSKI, Fabian			2:18:08.36 (05:57min/km)	2:18:10.16	+0:39:15.72
38 - M /36	M40/11	[915]	SADOWSKI, Tomasz	Kossmate Żuki	Kraków	2:18:57.32 (05:59min/km)	2:19:02.60	+0:40:08.16
39 - M /37	M40/12	[810]	DUC-SYPOSZ, Aureliusz		Wieliczka	2:19:17.57 (06:00min/km)	2:19:23.35	+0:40:28.91
40 - M /38	M40/13	[823]	GRADEK, Dariusz		krakow	2:19:43.15 (06:01min/km)	2:19:44.40	+0:40:49.96
41 - M /39	M30/20	[910]	PYTEL, Miłosz		Kraków	2:20:00.24 (06:02min/km)	2:20:00.95	+0:41:06.51
42 - M /40	M30/21	[904]	PASZTALENIEC, Dariusz	Unlimited	Krakow	2:20:03.39 (06:02min/km)	2:20:10.46	+0:41:16.02
43 - M /41	M40/14	[887]	NIEDŹWIADEK, Piotr	Solne Miasto	Kraków	2:20:10.56 (06:02min/km)	2:20:16.87	+0:41:22.43
44 - M /42	M30/22	[2758]	ZIELEZIECKI, Wojciech		Kraków	2:20:23.45 (06:03min/km)	2:20:26.75	+0:41:32.31
45 - M /43	M20/6	[888]	NISZCZOT, Dariusz		Gorlice	2:20:32.99 (06:03min/km)	2:20:41.64	+0:41:47.20
46 - M /44	M20/7	[849]	KOWALSKI, Michał	POLKAS	Kraków	2:21:04.62 (06:04min/km)	2:21:12.62	+0:42:18.18
47 - M /45	M30/23	[839]	KALITA, Damian		Kraków	2:21:07.13 (06:04min/km)	2:21:13.91	+0:42:19.47
48 - K /3	K40/2	[2064]	KUPIEC, Urszula		Kraków	2:21:28.36 (06:05min/km)	2:21:30.81	+0:42:36.37
49 - K /4	K30/1	[851]	KUREK, Marta	Decathlon	Kraków	2:22:20.71 (06:08min/km)	2:22:29.82	+0:43:35.38
50 - M /46	M40/15	[889]	NOWACKI, Paweł		Kraków	2:22:28.30 (06:08min/km)	2:22:34.42	+0:43:39.98
51 - M /47	M30/24	[932]	STEFANOWSKI, Dominik	Eskadra Kraków	Kraków	2:22:37.95 (06:08min/km)	2:22:40.59	+0:43:46.15
52 - M /48	M40/16	[807]	CHROMNIAK, Marcin	Lusina Projekt	Lusina	2:22:39.40 (06:08min/km)	2:22:52.52	+0:43:58.08
53 - M /49	M40/17	[806]	CHOLEWA, Tomasz	Parkrun Chrzanów	Chrzanów	2:23:02.68 (06:09min/km)	2:23:04.49	+0:44:10.05
54 - M /50	M40/18	[790]	AUGUSTYN, Adam	augustyn.net	Krzyszowice	2:23:53.72 (06:12min/km)	2:23:57.99	+0:45:03.55
55 - K /5	K30/2	[834]	IWANOWICZ, Anna	Parkrun Chrzanów	Chrzanów	2:24:04.59 (06:12min/km)	2:24:05.50	+0:45:11.06
56 - M /51	M20/8	[788]	AKSAMIT, Damian		Kraków	2:24:05.62 (06:12min/km)	2:24:05.81	+0:45:11.37
57 - M /52	M20/9	[816]	GIERZ, Bartłomiej	CF Kraków	Kraków	2:24:28.19 (06:13min/km)	2:24:28.19	+0:45:33.75
58 - K /6	K40/3	[1212]	DOMINIAK, Klaudia			2:24:39.24 (06:14min/km)	2:24:39.24	+0:45:44.80
59 - M /53	M60/1	[840]	KAMIŃSKI, Krzysztof		Kraków	2:25:01.89 (06:15min/km)	2:25:09.08	+0:46:14.64
60 - M /54	M20/10	[787]	ADAMUS, Jakub		Częstochowa	2:25:04.23 (06:15min/km)	2:25:09.93	+0:46:15.49

61 - M /55	M30/25	[2760]	GAŚIENICA, Jakub			2:26:08.93 (06:17min/km)	2:26:12.36	+0:47:17.92
62 - M /56	M50/2	[912]	RADCZAK, Andrzej		Kraków	2:26:19.23 (06:18min/km)	2:26:22.81	+0:47:28.37
63 - M /57	M40/19	[936]	SZNAJDER, Rafał	G.O.A.T. Team Michałowice	Michałowice	2:26:33.73 (06:19min/km)	2:26:37.67	+0:47:43.23
64 - M /58	M30/26	[2057]	CIOCH, Marcin		Rzeszów	2:26:42.47 (06:19min/km)	2:26:44.87	+0:47:50.43
65 - M /59	M40/20	[917]	SALIK, Stanisław	Solne Miasto	Wieliczka	2:26:55.28 (06:19min/km)	2:27:00.46	+0:48:06.02
66 - M /60	M30/27	[953]	WŁODARSKI, Marcin	Skawina Biega	Mikołów	2:27:19.62 (06:21min/km)	2:27:30.18	+0:48:35.74
67 - M /61	M30/28	[830]	GURGUL, Sebastian	AROMAT NÓG	Kraków	2:28:44.53 (06:24min/km)	2:28:52.47	+0:49:58.03
68 - M /62	M30/29	[829]	GURGUL, Mateusz	AROMAT NÓG	Kraków	2:28:42.93 (06:24min/km)	2:28:52.53	+0:49:58.09
69 - M /63	M40/21	[941]	TŁUSTY, Grzegorz	Beneficjenci Regeneracji	Krakó	2:29:08.08 (06:25min/km)	2:29:08.88	+0:50:14.44
70 - M /64	M20/11	[860]	LEWANDOWSKI, Karol	Cross fat team	Kraków	2:29:38.35 (06:27min/km)	2:29:40.83	+0:50:46.39
71 - M /65	M50/3	[815]	GIERULA, Robert	UBS Kraków Running Team	Krakow	2:29:53.97 (06:27min/km)	2:29:55.01	+0:51:00.57
72 - M /66	M30/30	[925]	SOWA, Krzysztof	#SportowaSowa	Michałowice	2:30:07.11 (06:28min/km)	2:30:16.28	+0:51:21.84
73 - M /67	M40/22	[885]	MOSZCZYNSKI, Bartosz		Krakow	2:29:17.43 (06:26min/km)	2:30:30.30	+0:51:35.86
74 - M /68	M30/31	[901]	PALUCH, Marcin		Kraków	2:30:33.32 (06:29min/km)	2:30:38.04	+0:51:43.60
75 - M /69	M40/23	[1216]	WAWROWSKI, Mariusz			2:31:16.77 (06:31min/km)	2:31:19.78	+0:52:25.34
76 - M /70	M30/32	[923]	SOJA, Marcin	Klub Sportowy Hajime	Kraków	2:31:14.16 (06:31min/km)	2:31:23.03	+0:52:28.59
77 - M /71	M40/24	[838]	KACZMAREK, Paweł	Jajecznicza na maśle team	Kraków	2:31:46.63 (06:32min/km)	2:31:54.02	+0:52:59.58
78 - K /7	K20/2	[2060]	JANAS, Kasia	KWSPZ	Kraków	2:32:06.07 (06:33min/km)	2:32:07.32	+0:53:12.88
79 - M /72	M40/25	[812]	FIREK, Rafał	Lacho Team	Kraków	2:32:16.42 (06:33min/km)	2:32:16.42	+0:53:21.98
80 - M /73	M40/26	[948]	WIERZBICKI, Piotr	Goń się!	Kraków	2:32:39.63 (06:34min/km)	2:32:48.92	+0:53:54.48
81 - M /74	M40/27	[963]	ZŁONKIEWICZ, Marek		Rzeszów	2:33:16.60 (06:36min/km)	2:33:26.40	+0:54:31.96
82 - M /75	M20/12	[827]	GURBIEL, Mateusz	BeFit24Team	Kraków	2:33:31.80 (06:37min/km)	2:33:39.98	+0:54:45.54
83 - M /76	M30/33	[898]	OSTROWSKI, Paweł	REHMEDICA.PL	Krzyszowice	2:33:50.57 (06:37min/km)	2:33:56.45	+0:55:02.01
84 - M /77	M30/34	[949]	WIĘCŁAWSKI, Michał Więclawski	Waga Ciężka	Kraków	2:33:59.36 (06:38min/km)	2:34:07.37	+0:55:12.93
85 - M /78	M30/35	[876]	MENDEL, Łukasz	Night Runners	Wojnicz	2:35:06.94 (06:41min/km)	2:35:10.02	+0:56:15.58
86 - M /79	M40/28	[869]	MAŁYSZA, Sławomir		Kraków	2:34:42.18 (06:40min/km)	2:35:14.52	+0:56:20.08
87 - K /8	K20/3	[824]	GRADZIK, Inga		Kraków	2:35:15.66 (06:41min/km)	2:35:21.83	+0:56:27.39
88 - M /80	M60/2	[958]	ZABRZAŃSKI, Alfred		Chrzanów	2:35:48.70 (06:42min/km)	2:35:52.57	+0:56:58.13
89 - K /9	K30/3	[802]	CHADAJ, Joanna		Kraków	2:35:50.65 (06:43min/km)	2:35:54.47	+0:57:00.03
90 - M /81	M40/29	[881]	MIELNICZEK, Grzegorz	Zima 3ma	Kraków	2:36:11.17 (06:43min/km)	2:36:15.43	+0:57:20.99
91 - M /82	M20/13	[895]	OPOZDA, Maciek	Cross fat team	Krakow	2:36:15.60 (06:44min/km)	2:36:17.56	+0:57:23.12
92 - M /83	M20/14	[814]	GĘBALA, Piotr	Brak	Jastrzębie-Zdrój	2:36:42.68 (06:45min/km)	2:36:44.04	+0:57:49.60
93 - K /10	K40/4	[808]	CHRZAŚCIK, Anna	Płomyk Olkusz	Krzyszowice	2:36:57.04 (06:45min/km)	2:37:02.31	+0:58:07.87
94 - M /84	M20/15	[828]	GURECKI, Grzegorz		RACIBÓRZ	2:37:19.09 (06:46min/km)	2:37:23.11	+0:58:28.67

95 - M /85	M60/3	[922]	SMUDA, Ryszard		Tychy	2:37:13.64 (06:46min/km)	2:37:24.06	+0:58:29.62
96 - M /86	M40/30	[1210]	RUSEK, Dariusz			2:37:19.02 (06:46min/km)	2:37:28.94	+0:58:34.50
97 - K /11	K30/4	[842]	KARWAN, Barbara	Nauka Biega	Kraków	2:38:09.06 (06:49min/km)	2:38:13.43	+0:59:18.99
98 - M /87	M30/36	[902]	PAPKA, Michał		Kocmyrzów	2:38:24.92 (06:49min/km)	2:38:49.50	+0:59:55.06
99 - M /88	M30/37	[962]	ZIELONKA, Jacek	TriWise	Wieliczka	2:38:47.73 (06:50min/km)	2:38:51.73	+0:59:57.29
100 - M /89	M30/38	[959]	ZAJAC, Andrzej	Night Runners	Proszowice	2:38:54.80 (06:50min/km)	2:38:54.80	+1:00:00.36
101 - M /90	M30/39	[905]	PAWLIK, Grzegorz	Niepołomice Biegają	Wieliczka	2:38:54.63 (06:50min/km)	2:39:00.34	+1:00:05.90
102 - M /91	M40/31	[821]	GÓRAK, Sławomir		Wieliczka	2:39:10.06 (06:51min/km)	2:39:10.06	+1:00:15.62
103 - K /12	K40/5	[947]	WALERJAN-RUSEK, Agnieszka		Krakow	2:39:26.47 (06:52min/km)	2:39:37.37	+1:00:42.93
104 - M /92	M30/40	[955]	WOŹNIAK, Łukasz	Poranny Patrol	kraków	2:39:42.64 (06:53min/km)	2:39:49.37	+1:00:54.93
105 - M /93	M40/32	[817]	GŁOWACKI, Mariusz	Active Jura	Kraków	2:39:58.51 (06:53min/km)	2:40:01.72	+1:01:07.28
106 - M /94	M30/41	[903]	PASZEK, Tomasz	Przełęcz Dukla	Kraków	2:40:05.50 (06:54min/km)	2:40:13.05	+1:01:18.61
107 - M /95	M40/33	[927]	STACHURA, Maciej	Zabierzów Biega	Burów	2:40:51.30 (06:56min/km)	2:41:02.96	+1:02:08.52
108 - M /96	M30/42	[1213]	DWORAK, Norbert			2:41:08.92 (06:56min/km)	2:41:15.46	+1:02:21.02
109 - M /97	M40/34	[868]	MAJTYKA, Tomasz	Los Trepos Companieros	Kraków	2:41:14.56 (06:57min/km)	2:41:19.16	+1:02:24.72
110 - M /98	M30/43	[954]	WOŹNIAK, Dawid		Rudawa	2:41:28.26 (06:57min/km)	2:41:34.80	+1:02:40.36
111 - M /99	M30/44	[2752]	NIEDŹWIEDŹ, Krzysztof		Kraków	2:42:50.62 (07:01min/km)	2:42:55.17	+1:04:00.73
112 - M /100	M30/45	[1215]	ORKISZ, Maciej			2:44:10.02 (07:04min/km)	2:44:11.45	+1:05:17.01
113 - M /101	M30/46	[930]	STAWIARSKI, Adam		Kraków	2:44:17.06 (07:04min/km)	2:44:18.00	+1:05:23.56
114 - K /13	K30/5	[896]	ORYNEK, Klaudia		Kraków	2:44:37.72 (07:05min/km)	2:44:45.04	+1:05:50.60
115 - M /102	M30/47	[794]	BAŚ, Mateusz	LENIWCE	Kraków	2:44:52.24 (07:06min/km)	2:44:58.82	+1:06:04.38
116 - M /103	M40/35	[1217]	KOSMALA, Bartosz			2:45:35.60 (07:08min/km)	2:45:40.88	+1:06:46.44
117 - M /104	M50/4	[1208]	BOROWIECKI, Piotr	APIWAST Kraków	Kraków	2:47:58.71 (07:14min/km)	2:48:10.02	+1:09:15.58
118 - M /105	M30/48	[873]	MATEUSZUK, Robert		Kraków	2:48:38.51 (07:16min/km)	2:48:49.67	+1:09:55.23
119 - M /106	M30/49	[2062]	KALBARCZYK, Jakub		Kraków	2:48:46.14 (07:16min/km)	2:48:55.48	+1:10:01.04
120 - M /107	M40/36	[836]	JANISZEWSKI, Marcin		Kraków	2:48:51.88 (07:16min/km)	2:48:56.08	+1:10:01.64
121 - K /14	K40/6	[2754]	SZLIFIŃSKA-NOWAK, Anna		Karniowice	2:49:14.08 (07:17min/km)	2:49:23.47	+1:10:29.03

122 - M /108	M60/4	[811] DZIEŻOK, Bogusław	Trailrun	Kraków	2:49:54.24 (07:19min/km)	2:50:05.14	+1:11:10.70
123 - M /109	M40/37	[861] LISIK, Dariusz		Kraków	2:50:18.35 (07:20min/km)	2:50:21.48	+1:11:27.04
124 - M /110	M30/50	[943] TUREK, Maciej	#piwonamecie	Kraków	2:50:11.39 (07:20min/km)	2:50:24.63	+1:11:30.19
125 - K /15	K30/6	[797] BERNASIEWICZ , Justyna	CF Kraków	Grybów-Wieliczka	2:50:23.25 (07:20min/km)	2:50:33.29	+1:11:38.85
126 - M /111	M40/38	[2756] TOKARSKI, Rafał		Kraków	2:50:58.43 (07:22min/km)	2:51:07.11	+1:12:12.67
127 - K /16	K30/7	[951] WILK, Wiktoria	Wilki	Kraków	2:51:18.88 (07:23min/km)	2:51:22.39	+1:12:27.95
128 - M /112	M40/39	[859] LADRA, Ryszard Ladra	KKM Kaloryfer	Kraków	2:51:48.89 (07:24min/km)	2:52:00.78	+1:13:06.34
129 - M /113	M30/51	[911] RACUŁT, Piotr	Masakra	kraków	2:52:03.25 (07:24min/km)	2:52:14.87	+1:13:20.43
130 - M /114	M40/40	[906] PIASECKI, Leszek		Kraków	2:52:34.50 (07:26min/km)	2:52:47.19	+1:13:52.75
131 - M /115	M20/16	[918] SAWCZAK, Kamil	UBS Kraków Running Team	Kraków	2:53:23.72 (07:28min/km)	2:53:26.58	+1:14:32.14
132 - K /17	K40/7	[793] BAŚ, Anna	LENIWCE	Kraków	2:53:29.61 (07:28min/km)	2:53:36.28	+1:14:41.84
133 - M /116	M40/41	[933] SUSZ, Artur		Krakow	2:54:31.24 (07:31min/km)	2:54:39.64	+1:15:45.20
134 - M /117	M40/42	[819] GNIADZEK, Mariusz	LedwoBiegamAleCoTam	Brzozowa	2:57:09.39 (07:38min/km)	2:57:18.56	+1:18:24.12
135 - M /118	M40/43	[939] ŚMIGIELSKI, Piotr		Kraków	2:57:58.89 (07:40min/km)	2:58:11.14	+1:19:16.70
136 - M /119	M30/52	[961] ZARETSKY, Andriy		Kraków	2:58:09.36 (07:40min/km)	2:58:12.20	+1:19:17.76
137 - K /18	K30/8	[2753] PAZDERSKA-KIPIEL, Agnieszka	Evil Team	OSIECZANY	3:00:20.19 (07:46min/km)	3:00:27.37	+1:21:32.93
138 - M /120	M50/5	[789] ANTOWSKI, Tomasz Antowski	Muay Running Team	Poznań	3:00:55.77 (07:47min/km)	3:01:03.01	+1:22:08.57
139 - M /121	M40/44	[835] JAKUBIEC, Mariusz		Kraków	3:01:13.37 (07:48min/km)	3:01:18.90	+1:22:24.46
140 - K /19	K30/9	[914] SADOWSKA, Marta	Kossmate Żuki	Kraków	3:03:21.94 (07:54min/km)	3:03:30.31	+1:24:35.87
141 - M /122	M30/53	[935] SZCZYGIEŁEK, Marek		Kraków	3:04:19.96 (07:56min/km)	3:04:29.96	+1:25:35.52
142 - M	M30/54	[879] MICHALIK, Dawid	Horda	Kraków	3:05:03.50 (07:58min/km)	3:05:17.01	+1:26:22.57

/123								
143 - M /124	M30/55	[964]	ŻARNA, Błażej	Horda	Zielonki	3:05:47.58 (08:00min/km)	3:06:00.15	+1:27:05.71
144 - M /125	M30/56	[866]	MADUSIOK, Dominik		Bielsko-Biała	3:06:13.58 (08:01min/km)	3:06:22.22	+1:27:27.78
145 - K /20	K50/1	[845]	KŁOPOTOWSKA SOSNA, Kaska K		Krak W	3:06:47.91 (08:03min/km)	3:06:49.02	+1:27:54.58
146 - K /21	K20/4	[960]	ZAJĄC, Katarzyna		Kraków	3:07:25.42 (08:04min/km)	3:07:33.15	+1:28:38.71
147 - M /126	M40/45	[899]	OTREBSKI, Tomasz		Zaborze	3:08:13.97 (08:06min/km)	3:08:22.90	+1:29:28.46
148 - M /127	M30/57	[877]	MERCIK, Mateusz	Night Runners	Kraków	3:09:51.96 (08:11min/km)	3:10:02.58	+1:31:08.14
149 - K /22	K30/10	[878]	MERCIK, Wioleta	Night Runners	Kraków	3:10:10.01 (08:11min/km)	3:10:20.25	+1:31:25.81
150 - M /128	M30/58	[832]	HARPULA, Wojciech		Kraków	3:11:29.33 (08:15min/km)	3:11:33.56	+1:32:39.12
151 - M /129	M50/6	[865]	MADEJ, Mirosław		Kraków	3:13:49.39 (08:21min/km)	3:15:00.73	+1:36:06.29
152 - M /130	M30/59	[886]	NAGACZ, Krzysztof Nagacz	nogamidogory.pl	Niepołomice	3:15:24.04 (08:25min/km)	3:15:34.94	+1:36:40.50
153 - K /23	K40/8	[841]	KARBOWSKA, Beata		Kraków	3:16:14.93 (08:27min/km)	3:16:21.79	+1:37:27.35
154 - M /131	M50/7	[892]	OLCZAK, Janusz		Warszawa	3:16:16.81 (08:27min/km)	3:16:23.33	+1:37:28.89
155 - M /132	M40/46	[900]	OTRĘBSKI, Grzegorz	MIGA PIGA ŚMIGA	KRAKÓW	3:28:07.55 (08:58min/km)	3:28:19.87	+1:49:25.43
	M20	[880]	MICHALIK, Krzysztof		Zakopane		DNF	
	K40	[825]	GRUSZKA, Kamila	Niepołomice Biegają	Niepołomice		DNF	