

3,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M /1	M16/1	[2261] SZWAJA, Mateusz	UKS Kometa Gliwice		0:14:32.79 (03:55min/km)	0:14:32.79	+0:00:00.00
2 - M /2	M20/1	[2245] PIJANOVSKY, Martin	CHOCHLA BRONOWICE	Wiedeń	0:14:37.56 (03:57min/km)	0:14:38.79	+0:00:06.00
3 - M /3	M30/1	[73] BRZYSKI, Maciej	BrzyskiTriTeam	Kraków	0:14:58.30 (04:02min/km)	0:14:59.02	+0:00:26.23
4 - M /4	M16/2	[2211] CZAJKOWSKI, Mateusz	SportWise	Kraków	0:15:32.05 (04:11min/km)	0:15:34.25	+0:01:01.46
5 - M /5	M16/3	[2249] WOJDYŁA, Dawid	KS Cracovia	Kraków	0:15:50.60 (04:16min/km)	0:15:51.28	+0:01:18.49
6 - M /6	M20/2	[87] GAJDA, Kamil		Kraków	0:16:09.57 (04:22min/km)	0:16:10.72	+0:01:37.93
7 - M /7	M30/2	[157] TARGOSZ, Michał	ITMBW Kraków	Krakow Roma	0:16:10.43 (04:22min/km)	0:16:11.63	+0:01:38.84
8 - M /8	M30/3	[120] Miodoński, Robert		Kraków	0:16:27.47 (04:26min/km)	0:16:29.25	+0:01:56.46
9 - M /9	M13/1	[2201] ARMUŁA, Karol	Sportwise	Kraków	0:16:40.74 (04:30min/km)	0:16:41.93	+0:02:09.14
10 - M /10	M30/4	[2233] CZYŻ, Radosław	Husaria Race Team	Kraków	0:16:45.62 (04:31min/km)	0:16:45.62	+0:02:12.83
11 - K /1	K13/1	[2244] MŁYNARSKA, Józefina	Sportwise	Kraków	0:17:17.77 (04:40min/km)	0:17:17.77	+0:02:44.98
12 - M /11	M16/4	[2262] KUCHARCZYK, Jakub	UKS Kometa Gliwice		0:17:18.50 (04:40min/km)	0:17:18.50	+0:02:45.71
13 - K /2	K13/2	[12] WĄSIK, Maja	SportWise	Kraków	0:17:59.26 (04:51min/km)	0:17:59.94	+0:03:27.15
14 - M /12	M13/2	[145] SIENCZYŁO, Jan	Niepołomice Biegają	Niepołomice	0:18:07.16 (04:53min/km)	0:18:08.15	+0:03:35.36
15 - K /3	K13/3	[2255] LEŚNIAK, Matylda			0:18:05.50 (04:53min/km)	0:18:08.64	+0:03:35.85
16 - M /13	M40/1	[152] SZAWUL, Piotr	ITMBW Kraków	KRAKÓW	0:18:19.98 (04:57min/km)	0:18:20.94	+0:03:48.15
17 - M /14	M16/5	[2260] TOWAREK, Michał	UKS Kometa Gliwice		0:18:29.41 (04:59min/km)	0:18:29.41	+0:03:56.62
18 - M /15	M40/2	[2268] SIWAK, Ryszard	MOW Kraków		0:18:29.09 (04:59min/km)	0:18:31.12	+0:03:58.33
19 - M /16	M13/3	[158] TARNAWSKI, Jan	WKS Wawel BnO	Kraków	0:18:30.99 (05:00min/km)	0:18:34.55	+0:04:01.76
20 - M /17	M13/4	[2263] KOŁODZIEJCZYK, Bartłomiej	UKS Kometa Gliwice		0:18:37.92 (05:02min/km)	0:18:41.67	+0:04:08.88
21 - K /4	K13/4	[124] NIESSNER, Pola	WKS Wawel BnO	Kraków	0:19:11.92 (05:11min/km)	0:19:13.23	+0:04:40.44
22 - M /18	M20/3	[2275] STAPOR, Dariusz			0:19:17.69 (05:12min/km)	0:19:21.05	+0:04:48.26
23 - K /5	K16/1	[2253] POLEWKA, Aleksandra			0:19:20.62 (05:13min/km)	0:19:22.82	+0:04:50.03
24 - M /19	M40/3	[70] BŁASZCZAK, Jarosław	Go Aptiv!	Kraków	0:19:21.36 (05:13min/km)	0:19:25.77	+0:04:52.98
25 - M /20	M13/5	[85] FIREK, Grzegorz	2xWK	Kraków	0:19:40.42 (05:19min/km)	0:19:41.79	+0:05:09.00
26 - M /21	M13/6	[116] MARZEC, Maciej		Wieliczka	0:19:52.06 (05:22min/km)	0:19:59.03	+0:05:26.24
27 - M /22	M13/7	[74] BUBLIK, Piotr	WKS Wawel Kraków	Kraków	0:20:01.48 (05:24min/km)	0:20:01.48	+0:05:28.69
28 - K /6	K13/5	[1025] DANIELAK, Hanna	WKS Wawel	Zielonki	0:20:05.64 (05:25min/km)	0:20:07.94	+0:05:35.15
29 - M /23	M13/8	[142] RYCHLIK, Patryk	Lisy Pustyni	Klucze	0:20:19.48 (05:29min/km)	0:20:20.86	+0:05:48.07
30 - K /7	K16/2	[2257] POGODA, Kinga	UKS Kometa Gliwice		0:20:27.37 (05:31min/km)	0:20:29.03	+0:05:56.24
31 - K /8	K20/1	[2236] GLEGOŁA, Adrianna	AZS UJ	Kraków	0:20:34.32 (05:33min/km)	0:20:36.41	+0:06:03.62
32 - K /9	K30/1	[1022] NAZIM, Agnieszka	Skawina Biega	Skawina	0:20:39.48 (05:35min/km)	0:20:40.64	+0:06:07.85
33 - M /24	M13/9	[170] WYPYCH, Hubert	3TRITEAM	Krakow	0:20:36.39 (05:34min/km)	0:20:41.35	+0:06:08.56
34 - M /25	M13/10	[167] WÓJCIK, Paweł	WKS Wawel BnO	Kraków	0:20:40.61 (05:35min/km)	0:20:43.50	+0:06:10.71
35 - M /26	M13/11	[154] TARASIEWICZ, Franciszek	Forex Bad Boys	Kraków	0:20:45.18 (05:36min/km)	0:20:47.84	+0:06:15.05

36 - M/27	M20/4	[2250]	ZELEK, Jakub		Kraków	0:20:43.41 (05:36min/km)	0:20:54.00	+0:06:21.21
37 - M/28	M40/4	[148]	SŁOŃSKI, Marek	WKS Wawel BnO	Kraków	0:20:48.42 (05:37min/km)	0:20:54.77	+0:06:21.98
38 - M/29	M16/6	[2273]	CZERNIKIEWICZ, Max	MOW Kraków		0:20:45.57 (05:36min/km)	0:20:56.34	+0:06:23.55
39 - M/30	M40/5	[155]	TARASIEWICZ, Marcin	Forex Bad Boys	Kraków	0:21:05.87 (05:42min/km)	0:21:07.88	+0:06:35.09
40 - K/10	K13/6	[107]	LAMPARSKA, Maja	WKS Wawel BnO	Kraków	0:21:13.11 (05:44min/km)	0:21:14.33	+0:06:41.54
41 - M/31	M40/6	[1026]	WOSZCZYŃSKI, Paweł	remus biega	Kraków	0:21:22.00 (05:46min/km)	0:21:31.42	+0:06:58.63
42 - M/32	M20/5	[80]	ĆWIECZEK, Łukasz	AZS CMUJ KRAKÓW	Kraków	0:21:40.89 (05:51min/km)	0:21:45.71	+0:07:12.92
43 - K/11	K13/7	[89]	GRUSZKA, Dominika	Niepołomice Biegają	Niepołomice	0:21:44.17 (05:52min/km)	0:21:46.76	+0:07:13.97
44 - K/12	K30/2	[2237]	HERDA, Ewelina	G.O.A.T. Team Michałowice	Masłomiaça	0:21:47.67 (05:53min/km)	0:21:54.61	+0:07:21.82
45 - M/33	M13/12	[173]	ZADARNOWSKI, Marek		Kraków	0:21:53.07 (05:54min/km)	0:21:54.73	+0:07:21.94
46 - M/34	M40/7	[2234]	DUDA, Wojciech	Skawina Biega	Buków	0:21:51.85 (05:54min/km)	0:21:55.58	+0:07:22.79
47 - M/35	M13/13	[1028]	PIÓRKOWSKI, Jakub			0:22:12.87 (06:00min/km)	0:22:12.87	+0:07:40.08
48 - K/13	K20/2	[118]	MĘŻYK, Aleksandra	#AdamCzerwińskiTeam	Kraków	0:22:16.16 (06:01min/km)	0:22:19.05	+0:07:46.26
49 - M/36	M13/14	[103]	KRZYŻAN, Stanisław		Jerzmanowice	0:22:38.33 (06:07min/km)	0:22:39.64	+0:08:06.85
50 - M/37	M40/8	[77]	BUŁAWA, Grzegorz	UKS Kometa Gliwice	Gliwice	0:22:37.39 (06:06min/km)	0:22:41.69	+0:08:08.90
51 - M/38	M13/15	[2248]	TOKARSKI, Tomasz		Kraków	0:22:37.26 (06:06min/km)	0:22:45.34	+0:08:12.55
52 - K/14	K30/3	[2240]	JAMRUSZKIEWICZ, Katarzyna	G.O.A.T. Team Michałowice	Zdzieszawice	0:22:38.35 (06:07min/km)	0:22:45.53	+0:08:12.74
53 - K/15	K13/8	[2256]	KOCHOŃ, Julia	UKS Kometa Gliwice		0:22:45.29 (06:09min/km)	0:22:46.70	+0:08:13.91
54 - M/39	M40/9	[171]	WYPYCH, Marek	3TRITEAM	Kraków	0:22:44.34 (06:08min/km)	0:22:49.15	+0:08:16.36
55 - K/16	K13/9	[141]	RAJCA, Luiza	KS Kościelec Chrzanów	Trzebinia	0:22:57.56 (06:12min/km)	0:23:06.78	+0:08:33.99
56 - M/40	M13/16	[161]	TYLIBA, Karol	MIKI	Przegonia	0:23:07.49 (06:15min/km)	0:23:10.66	+0:08:37.87
57 - M/41	M13/17	[150]	STACHURA, Jan	WKS Wawel BnO	Burów	0:23:49.14 (06:26min/km)	0:23:53.45	+0:09:20.66
58 - K/17	K13/10	[119]	MICHNO, Marta	WKS Wawel BnO	Kraków	0:23:56.31 (06:28min/km)	0:23:57.80	+0:09:25.01
59 - M/42	M16/7	[2272]	ROCZNIK, Daniel	MOW Kraków		0:23:46.44 (06:25min/km)	0:23:57.85	+0:09:25.06
60 - M/43	M40/10	[83]	DUBIEL, Piotr	2xWK	Kraków	0:23:55.49 (06:27min/km)	0:24:00.77	+0:09:27.98
61 - K/18	K13/11	[71]	BŁYSKOSZ, Magda	WKS Wawel BnO	Kraków	0:24:04.92 (06:30min/km)	0:24:06.50	+0:09:33.71
62 - M/44	M40/11	[67]	BAK, Artur	FC po 40tce	Kraków	0:24:19.17 (06:34min/km)	0:24:24.45	+0:09:51.66
63 - K/19	K13/12	[92]	JANAS, Amelia		Kraków	0:24:24.27 (06:35min/km)	0:24:24.61	+0:09:51.82
64 - M/45	M13/18	[68]	BAK, Szymon		Kraków	0:24:21.23 (06:34min/km)	0:24:26.31	+0:09:53.52
65 - K/20	K40/1	[162]	TYLIBA, Magdalena	MIKI	Przegonia	0:24:25.15 (06:35min/km)	0:24:28.51	+0:09:55.72
66 - M/46	M60/1	[2241]	KRAWCZYK, Mirosław	MJMETAL OŚWIĘCIM	Oświęcim	0:24:22.75 (06:35min/km)	0:24:28.61	+0:09:55.82
67 - M/47	M70/1	[123]	NAZIM, Tadeusz	Skawina Biega	Skawina	0:24:35.89 (06:38min/km)	0:24:38.58	+0:10:05.79
68 - M/48	M16/8	[2274]	KRÓL, Mateusz	AP Proszowianka		0:24:39.17 (06:39min/km)	0:24:41.92	+0:10:09.13
69 - K/21	K40/2	[2252]	POLEWKA, Beata	UKS Kometa Gliwice		0:24:44.14 (06:41min/km)	0:24:46.47	+0:10:13.68
70 - K/22	K40/3	[94]	KĘSEK, Anna	CSK Brzezcie	Brzezcie	0:25:00.38 (06:45min/km)	0:25:06.72	+0:10:33.93
71 - K/23	K40/4	[79]	CZEPIEL, Monika	CSK Brzezcie	Kraków	0:25:16.56 (06:49min/km)	0:25:21.98	+0:10:49.19
72 - K/24	K13/13	[75]	BUDZIŃSKA, Julia		Kraków	0:25:30.38 (06:53min/km)	0:25:32.97	+0:11:00.18
73 - M/49	M30/5	[2258]	WIŚNIEWSKI, Grzegorz	Archimod Team		0:26:00.90 (07:01min/km)	0:26:05.72	+0:11:32.93
74 - K/25	K20/3	[2259]	SZTAFROWSKA, Inga	Archimod Team		0:26:02.56 (07:02min/km)	0:26:05.97	+0:11:33.18
75 - M/50	M13/19	[95]	KĘSEK, Bartek	CSK Brzezcie	Brzezcie	0:26:01.13 (07:01min/km)	0:26:06.75	+0:11:33.96
76 - K/26	K13/14	[168]	WRONA, Oliwia	#AdamCzerwińskiTeam	Kraków	0:26:14.13 (07:05min/km)	0:26:25.62	+0:11:52.83
77 - M/51	M16/9	[2270]	REMISZ, Kuba	MOW Kraków		0:26:16.28 (07:06min/km)	0:26:27.24	+0:11:54.45
78 - M/52	M60/2	[117]	MASŁYK, Jan	TIMmaslyk	Kraków	0:26:29.07 (07:09min/km)	0:26:33.23	+0:12:00.44

79 - K /27	K40/5	[1020]	MAZUR-OTREBSKA, Anna	MIGA PIGA ŚMIGA	Kraków	0:26:39.10 (07:12min/km)	0:26:46.69	+0:12:13.90
80 - M /53	M13/20	[84]	FILICIAK, Antoni	CAFFETTIERA	Kraków	0:26:49.74 (07:15min/km)	0:26:55.60	+0:12:22.81
81 - K /28	K50/1	[2254]	WYSOCKA, Jolanta	UKS Kometa Gliwice		0:26:53.76 (07:16min/km)	0:26:56.39	+0:12:23.60
82 - M /54	M13/21	[90]	GRZEGORCZYK, Borys	WKS Wawel BnO	Kraków	0:27:05.49 (07:19min/km)	0:27:07.66	+0:12:34.87
83 - K /29	K13/15	[1029]	RYCHŁOWSKA, Julia			0:27:34.75 (07:27min/km)	0:27:43.96	+0:13:11.17
84 - K /30	K13/16	[102]	KRZYŻAN, Alina		Jerzmanowice	0:27:42.98 (07:29min/km)	0:27:44.78	+0:13:11.99
85 - K /31	K13/17	[1014]	PAWŁOWSKA, Anna			0:27:52.43 (07:32min/km)	0:27:54.01	+0:13:21.22
86 - K /32	K30/4	[88]	GAWLAS, Monika		Wadowice	0:27:50.93 (07:31min/km)	0:27:55.34	+0:13:22.55
87 - M /55	M40/12	[82]	DEC, Jacek		Kraków	0:28:16.82 (07:38min/km)	0:28:20.78	+0:13:47.99
88 - M /56	M50/1	[2277]	JAMKA, Wiesław	Skawina Biega		0:28:14.61 (07:38min/km)	0:28:22.70	+0:13:49.91
89 - K /33	K13/18	[106]	KURTYCZ, Natalia	WKS Wawel BnO	kraków	0:28:35.98 (07:43min/km)	0:28:35.98	+0:14:03.19
90 - M /57	M16/10	[2271]	ZASADZKI, Krzysztof	MOW Kraków		0:28:42.90 (07:45min/km)	0:28:53.80	+0:14:21.01
91 - M /58	M50/2	[1021]	MISINIEC, Bogdan	Pszczółka Team	Zubrzyca Górna	0:28:49.87 (07:47min/km)	0:28:54.03	+0:14:21.24
92 - K /34	K30/5	[156]	TARASIEWICZ, Marta	Forex Bad Boys	Kraków	0:29:12.50 (07:53min/km)	0:29:16.77	+0:14:43.98
93 - M /59	M30/6	[2251]	ZMUDA, Piotr		Kraków	0:29:23.62 (07:56min/km)	0:29:36.35	+0:15:03.56
94 - M /60	M13/22	[86]	FIREK, Jakub	2xWK	Kraków	0:30:44.67 (08:18min/km)	0:30:49.75	+0:16:16.96
95 - M /61	M13/23	[140]	PUŁCZYŃSKI, Jeremi	WKS Wawel BnO	Kraków	0:30:47.12 (08:19min/km)	0:30:51.08	+0:16:18.29
96 - K /35	K13/19	[2267]	PUŁCZYŃSKA, Hanna	WKS Wawel BnO		0:30:54.47 (08:21min/km)	0:30:55.90	+0:16:23.11
97 - M /62	M16/11	[2269]	KUMALA, Sebastian	MOW Kraków		0:31:48.56 (08:35min/km)	0:31:57.37	+0:17:24.58
98 - K /36	K13/20	[109]	LIGĘZA, Hanna	Smashing PApkins	Kraków	0:31:51.58 (08:36min/km)	0:32:04.04	+0:17:31.25
99 - K /37	K40/6	[165]	WIERZBICKA, Dominika	Goń się!	Kraków	0:32:11.81 (08:42min/km)	0:32:21.75	+0:17:48.96
100 - K /38	K60/1	[1033]	WOŹNIAK, Barbara			0:32:48.78 (08:52min/km)	0:33:00.55	+0:18:27.76
101 - K /39	K20/4	[164]	WAĆŁAWSKA, Anita		Trzyciąż	0:32:55.63 (08:53min/km)	0:33:05.76	+0:18:32.97
102 - M /63	M40/13	[169]	WRONA, Tymoteusz	#AdamCzerwińskiTeam	Kraków	0:33:12.51 (08:58min/km)	0:33:25.98	+0:18:53.19
103 - K /40	K40/7	[98]	KŁECZEK-WRONA, Ewa	#AdamCzerwińskiTeam	Kraków	0:33:21.35 (09:00min/km)	0:33:33.66	+0:19:00.87
104 - K /41	K40/8	[64]	WOŹNICZKA, Małgorzata		Sieciechowice	0:44:30.78 (12:01min/km)	0:44:40.83	+0:30:08.04